



PAKISTAN OLYMPIC ASSOCIATION

ACTIVITY REPORT OF NOC PAKISTAN

It is my pleasure to present the Activity Report for the period from January – March 2023.

JANUARY 2023

UNVEILING CEREMONY OF THE URDU VERSION OF THE SPORTS ADMINISTRATION MANUAL - 11 JANUARY 2023



Unveiling ceremony of the Urdu Version of the Sports Administration Manual was held on January 11, 2023, at the Grand Pavilion, Golf & Country Club, Lahore Garrison Lahore. Dr. Muhammad Amjad Saqib, Founder and Executive Director of Akhuwat Foundation Pakistan was the Chief Guest.

Leadership of the Olympic Movement in Pakistan and delegates from the sports and education sector shall attended the Ceremony to recognize the significance of the Urdu version of "IOC OS Sport Administration Manual" as it will enable to implement the Basic Universal Principles of Good Governance.

The IOC "Sports Administration Manual" is the base textbook for the sport administrator's courses, organized by National Olympic Committees (NOCs) under the auspices of Olympic Solidarity. The Manual comprises 295 pages and informs the history of the Modern Olympic Games, the desired governance apparatus of the Olympic Movement and





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Olympic Games, and foremost stresses to realize the need to facilitate the athletes who are the HEART of the Olympic Movement.



POA VENUE INSPECTION COMMITTEE VISIT TO QUETTA 31 JAN - 02 FEBRUARY 2023

The POA Venue Inspection Committee visited Quetta from 31 January 2023 to 02 February 2023 for the inspection of the competition venues of the 34th National Games which are taking place from 15 - 23 May, 2023 and submitted its report to the POA:-





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MEETING OF THE ORGANIZING COMMITTEE OF THE FUN RUN OF THE 19TH ASIAN GAMES HANGZHOU 03 FEBRUARY 2023

A meeting of the Organizing Committee of the Fun Run of the 19th Asian Games Hangzhou 2022 was convened on 03 February 2023 at POA House, Lahore to discuss the arrangements to organize the Fun Run event in Lahore on 20 February 2023 in a befitting manner. The following attended the meeting: -



CGA MARKETING AND COMMS GROUP MEETING 08 FEBRUARY 2023

CGF organized an online CGA marketing and communications group meeting on 08 February 2023 which was attended by Manager Games Services, Mr. Imran Ahmad Khan and Assistant Manager Media & Marketing, Mr. Muhammad Abubakar Ali.

MEETING OF THE ORGANIZING COMMITTEE OF THE FUN RUN OF THE 19TH ASIAN GAMES HANGZHOU 11 FEBRUARY 2023

The 2nd meeting of the Organizing Committee of the Fun Run of the 19th Asian Games Hangzhou 2022 was convened on 11 February 2023 at POA House, Lahore under the chairmanship of Mr. Shaukat Javed, Vice President POA, Chairman Organizing Committee of the Fun Run of the 19th Asian Games Hangzhou 2022 for the arrangements being made to organize the Fun Run event in Lahore on 20 February 2023 in a befitting manner.



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MEETING OF POA SPORTS COMMISSION 14 FEBRUARY 2023

The 16th Meeting of the POA Sports Commission was held on 14 February 2023 at Pakistan Olympic House, Lahore to discuss the events proposed by the NSFs concerned as well as the Revised Rules for the 34th National Games 2023 Quetta

PAINTINGS FOR ASIAN GAMES – 14 & 21 FEBRUARY 2023

Using arts and drawings as a tool to engage youth in sports and the Asian Games, and to promote the Culture which helps them to grow their understanding, the Asian Games Drawing Contest / Painting competition on the Theme “National Sports and athletes in Hangzhou Asian Games 2022” was offered to the PRIMARY SCHOOL STUDENTS of below 13 years of age to express their imagination and understanding of the Hangzhou Asian Games to show support for their favorite athletes in the country or region Or to draw their favorite sport. Pakistan Olympic Association invited its affiliated units and Educational School groups of Pakistan.





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Pakistan Olympic Association received 80 x paintings from students of under 13 years. Paintings were shortlisted by the Fine Arts Department of Government College University Lahore on 14 February 2023 at Pakistan Olympic House Lahore.



Selection of the Paintings were held on 21 February 2023 at Pakistan Olympic House. Mr. Zulfiqar Ali Zulfi, Director, Alhamra Art Council Lahore along with his Team as well as representatives of the Pakistan Olympic Association, Olympic Council of Asian selected the best 09 Paintings. Selected paintings were forwarded to 2022 Hangzhou Asian Games Organizing Committee.



MEETING WITH MEMBER, FIFA PFF NORMALIZATION COMMITTEE 16 FEBRUARY 2023

A Zoom Meeting was convened by POA with Mr. Muhammad Shahid Niaz Khokhar, Member FIFA PFF Normalisation Committee on 16 February, 2023 regarding discussion of the inclusion of football disciplines in the 34th National Games 2023 Quetta.



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FUN RUN OF THE 19TH ASIAN GAMES HANGZHOU 20 FEBRUARY 2023

The Fun Run of the 19th Asian Games Hangzhou 2022 was organized on 20th February, 2023 at DHA Lahore. A two member delegation M/s. Jian Zhou, Director Media and Wissam Trkmani, Project and Operations Manager from Olympic Council of Asia (OCA) arrived Lahore on 19 February 2023 for participation in the Fun Run. The OCA delegation was welcomed by a delegation of POA at the airport.



The OCA delegation visited the NOC Pakistan's headquarters on 19 February, 2023 and were introduced with the Secretariat Staff of NOC Pakistan. Mr. Muhammad Khalid Mahmood, Secretary General POA briefed Mr. Jian Zhou and Mr. Wissam Trkmani about the ongoing projects of the NOC Pakistan.



In the evening of 19 February, a dinner reception was hosted by POA at Haveli Restaurant (Walled City), Lahore in honour of the OCA delegation, which was also attended by the Office Bearers of POA, Presidents / Secretaries General of NSFs based at Lahore and some key officers of the NOC Secretariat.





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Visit to Lahore Fort and Badshahi Mosque with athletes for photography at historical places as part of Fun Run was organized on 20 February 2023 (morning) and on the official programme of the Fun Run at DHA Phase VI, Lahore was organized inviting National Athletes, Olympians and sportsmen from across Pakistan and hundreds of students and community members to join and celebrate the Fun Run for becoming part of the Asian Games Legacy.





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NOC Pakistan collaborated with DHA Lahore to organize the Fun Run event wherein students of the Lahore College for Women University, Government College University Lahore and children from City School and sports academies also participated along with citizens from various sections of society.





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The cultural show was also demonstrated during the event of Fun Run which was very much appreciated by all the participants including the OCA delegation.



The OCA delegation visited the NOC Headquarters Museum on 21 February and appreciated the efforts of the NOC for maintaining the souvenirs in such a systematic way.

The OCA delegation departed from Lahore at the evening of 21 February and POA delegation saw them off at the Allama Iqbal International Airport, Lahore.





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ONLINE MEETING PARIS 2024 - 22 FEBRUARY 2023

An online Meeting with Mr. Paul Gaspar, NOC Relations Coordinator - Asia from Paris 2024 was organized on 22 February 2023 which was attended by Secretary General and Manager Games Services, NOC Pakistan. Mr. Paul Gaspar shared some key dates and actions to be taken by the NOC Pakistan.

ELECTIVE GENERAL ASSEMBLY OF THE ASIAN KABADDI FEDERATION (AKF) - URMI, IRAN - 27 FEBRUARY 2023

The elective General Assembly of the Asian Kabaddi Federation (AKF) was held on 27 February 2023 at Urmī, Iran. Mr. Muhammad Khalid Mahmood, Secretary General POA attended the election as an observer nominated by Olympic Council of Asia (OCA).



CGF REGIONAL MEETING - OCEANIA / ASIA / AFRICA 01 MARCH 2023

CGF Regional Meeting - Oceania / Asia / Africa was organized on 1st March 2023 which was attended by Mr. Imran Ahmad Khan, Manager Games Services, CGA Pakistan / NOC Pakistan. Besides the CGA Regional Meetings and information of CGF General Assembly, the important information of Trinbago 2023 Commonwealth Youth Games Trinidad was shared with the CGAs online. Victoria 2026 Commonwealth Games Athletes Allocation was also updated.



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OCA EDUCATIONAL WORKSHOP FOR TOP ATHLETES, POA HOUSE LAHORE 04 MARCH 2023

Athletes Commission of Pakistan Olympic Association in collaboration with Pakistan Olympic Association and under the auspices of the Olympic Council of Asia organized OCA Educational Workshop for Athletes on 04 March 2023 at Pakistan Olympic House, Lahore.



25 x Male and Female Athletes from Archery, Badminton, Boxing, Gymnastics, Handball, Kabaddi, Rugby, Sailing, Weightlifting, Wrestling, Winter Sports and Wushu and student/ athletes of LCWU Lahore participated in the Workshop.

Dr. Meesaq Rizvi, Olympian (IOC Certification in Sports Nutrition) gave a lecture on Sports Nutrition, Maj (R) Dr. Lubna Sibtain, (IOC Certification in Sports Physician) on Doping Controls, Dr. Syed Asad



Abbas Shah, (Member OCA Medical Committee) on Prevention from Injuries in Sports, Mr. Zia ud Din Khan Burki (Ph.D. Scholar) on Sports Psychology, Mr. Muhammad Atif Shafiq (PhD Scholar, Lecturer GCU Lahore) on Manipulation in Sports and Mr. Hamdan Nazir (MEMOSIAN, President Pakistan Rowing Federation) on Awareness of and Protection against Abuse and Harassment in Sports.



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EDUCATIONAL SEMINAR/WORKSHOP GOOD GOVERNANCE, KARACHI - 08 MARCH 2023

Pakistan Olympic Association in collaboration with the Sindh Olympic Association organized an Educational Seminar / Workshop on 08th March, 2023 in Hotel Beach Luxury, Karachi, to introduce and deliberate upon the Good Governance Practices in the Sports Organizations. The workshop aimed to disseminate the IOC's Basic Universal Principles of Good Governance that provide the minimum standards of governance to be adopted by the constituents of the Olympic Movement.



Lt. Gen (R) Syed Arif Hasan, President Pakistan Olympic Association welcomed the participants to the session and emphasized on the importance of implementing the good governance practices at all tiers of the sports organizations. Dr. Junaid Ali Shah, Chairman Sindh Olympic Association commended the initiative of Pakistan Olympic Association to organize seminar/workshop to educate the sports organizers of the latest governance practices. Ms. Ronak Lakhani (Individual Member POA), Syed Wasiimudiin Hashmi (Individual Member POA), Mr. Ahmad Ali Rajput Secretary General Sindh Olympic Association, Ms. Veena Salman Masud, Associate Secretary General POA along with officials of various Provincial Sports Associations were present at the occasion.





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Mr. Muhammad Khalid Mahmood, Secretary General Pakistan Olympic Association, Mr. Muhammad Atif Shafiq and Dr. Tariq Ali Gujar (Phd) shared the ideas and practical information on Good Governance practices.

VISIT OF MR. SHAHID SAJJAD HUSSAIN, SPORTS AMBASSADOR SOUTH SUDAN AND HONORARY CONSUL GENERAL, PAKISTAN IN SOUTH SUDAN AT PAKISTAN OLYMPIC HOUSE, LAHOR - 11 MARCH 2023

Mr. Muhammad Khalid Mahmood, Secretary General and Mr. Muhammad Shafiq, Treasurer POA / President Pakistan Handball Federation welcomed and presented Souvenir to Mr. Shahid Sajjad Hussain, Sports Ambassador South Sudan and Honorary Consul General, Pakistan in South Sudan on his visit to Pakistan Olympic House, Lahore on 11-03-2023.



ISSF EXTRAORDINARY GENERAL ASSEMBLY, JEDDAH 13 MARCH 2023

Mr. Muhammad Khalid Mahmood, Secretary General NOC Pakistan along with Honorary Manager Institutional Reforms and Governance attended the ISSF Extraordinary Meeting held on 13 March 2023 at Jeddah, KSA.





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MEETING WITH DR. MOHIN FARHADIZAD, VICE PRESIDENT OF THE NATIONAL OLYMPIC COMMITTEE OF IRAN - MARCH 2023

Mr. Muhammad Jahangir, Chairman Pakistan Karate Federation / Deputy Secretary General POA met with Dr. Maheen Farhadizad, Vice President of NOC Iran during the First International Nowruz Games for Women held from 11 to 13 March, 2023 in Tehran, Iran. Pakistan Women Karate Team comprising of 08 players competed in the Karate Championship and brought laurels for Pakistan by winning 02 Silver and 03 Bronze Medals.



OCA ATHLETES FORUM BANGKOK - 18-19 MARCH 2023

Part of the OCA and OCA Athletes Committee's (AC) strategy and plan for 2023, is to focus on supporting Athletes Committees in Asia and try to work together hand in hand to help and assist athletes on and off the field of play believing in their important role in building better societies and focus on the role and responsibilities of Athletes Committees to reach our goals and objectives.





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With a view to supporting this outcome, OCA and OCA Athletes Committee in collaboration with the International Olympic Committee (IOC) Athletes Commission and Department organized the Athletes Forum on 18-19 March 2023 in Bangkok, Thailand.

Mr. Muhammad Inam, Chair POA Athletes Commission and Ms. Asma Akram, Coordinator/ Member of POA Athletes Commission attended the Forum.

