

# Pakistan Olympic Association

## PRESIDENT

Syed Mohammad Abid Qadri Gillani  
Cell : +92-300-8448411



## SECRETARY GENERAL

Muhammad Khalid Mahmood  
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POA-428/OS/027

01 August 2024

**Secretary Generals /Directors of  
Affiliated Units of POA**

Subject: **IOC Diploma in Mental Health in Elite Sport (September 2024-June 2025)**

Dear Madam/ Sir,

1. IOC Diploma in Mental Health in Elite one-year program is aimed at sports medicine physicians or other physicians who work with athletes, and licensed practitioners who are qualified to provide mental health services (e.g., clinical or counselling psychologists, licensed clinical social workers, licensed mental health counsellors, psychiatric mental health nurses).

2. This program is a 10-month long online training course commencing on 1st September 2024 and Written Examination /end of Program in June 2025. Graduation shall be held in autumn 2025. Olympic Solidarity offers scholarships (course registration fees only) to NOCs with the greatest needs, young professionals; NOCs who haven't benefited from scholarships in this programme in the past.

### Entry requirements

3. Students enrolling in this program will normally be in possession of a degree in medicine and/or a sports medicine/mental health field from a recognised University and will be eligible for professional registration/licensure as a health care practitioner.

4. The language of instruction will be English, and students whose native language is not English should provide evidence of competence in English, eg TOEFL at 500 or above, IELTS at 6 or above, GCSE or equivalent in English language. The following list contains the main English language qualifications which are acceptable pre-requisites for entry onto the Diploma Program. Other English Language Qualifications held by applicants will be considered on a case-by-case basis by the Program Directors or Academic Advisory Board.

- English as first language or successful completion of High School and/or Degree Level Education in English Language
- UK based O-level, GCSE or Standard Grade English Language – Grade C or above.
- International GCSE English as a Second Language – Grade C or above.
- International Baccalaureate (IB): Grade 4 minimum in English Language
- IELTS band 6 or above, provided that no individual band score is less than 6
- TOEFL (including the Tests in Written and Spoken Practice), minimum score of 500 (paper-based test), 213 (computer-based test) or 94 (internet-based test)
- Test in English for Educational Purposes (TEEP) – Grade 3
- Oxford Certificate of English as a Foreign Language at Higher Level
- University of London – School Examinations Board Certificate of Attainment in English, grade 5

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- Passes in the Cambridge Higher School Certificate at Subsidiary level or in the Cambridge Overseas School Certificate count as O levels
- TOEIC with a minimum overall score of 500

5. Foregoing, above it is highly recommended that you may nominate suitable candidate for the subject course send the following documents by 10 August 2024:

- University degree
- Updated CV
- Latest copy of Passport
- Latest Digital Photograph
- Evidence of competence in English

For further information and guidance, please visit the official website of sportsoracle:

<https://www.sportsoracle.com/course/ioc-diploma-in-mental-health-in-elite-sport/>

Thanks for your understanding and cooperation.

With my best regards,

Muhammad Khalid Mahmood  
Secretary General  
Pakistan Olympic Association

### Copy to:

- Syed Mohammad Abid Qadri Gillani, President, Pakistan Olympic Association.
- Manager, Media & Marketing POA for uploading on POA Website.
- Master File.