

ACTIVITY REPORT OF NOC PAKISTAN

It is my pleasure to present the Activity Report for the period from April 2023 to June 2023.

APRIL 2023

SECURITY MEETING OF 34TH NATIONAL GAMES - 05 APRIL 2023

A meeting was organized on 05 April 2023 in Quetta where the security departments gave a briefing to the key officials of Pakistan Olympic Association and the Management Committee of the 34th National Games on the security arrangements during the 34th National Games 2023. The following key officials of the POA attended the meeting:-

- Syed Aqil Shah, Senior Vice President, POA
- Ch. Muhammad Yaqoob, Chairman, Pakistan Volleyball Federation
- Mr. Shaukat Javed, Chairman, POA Sports Commission
- Mr. Muhammad Shafiq, Treasurer, POA
- Mr. Muhammad Khalid Mahmood, Secretary General, POA

INTERNATIONAL DAY OF SPORTS FOR DEVELOPMENT AND PEACE – 6 APRIL, 2023

On the 10th anniversary of the "International Day of Sport for Development and Peace," NOC Pakistan partnered with national sport federations and the Pakistan Olympic Association to organize a remarkable celebration. The event, featuring the inspiring #WhiteCard



campaign, was held in cities across Pakistan and had a profound impact on participants and the community. Esteemed athletes, sports ambassadors, and influential figures joined the festivities, while enthusiastic children from different schools embraced the campaign, symbolizing the enduring spirit of peace and sportsmanship.





MEETING OF POA CONSTITUTION AND AFFILIATION COMMITTEE - 11 APRIL 2023

The meeting of POA Constitution and Affiliation Committee was held in both virtual and physical modes on 11th April 2023 at Olympic House, Lahore under the chairmanship of Ch. Muhammad Yaqoob to discuss the "Eligibility of players of powers distribution companies representing WAPDA".





EXECUTIVE COMMITTEE MEETING OF NOC PAKISTAN - 11 APRIL 2023

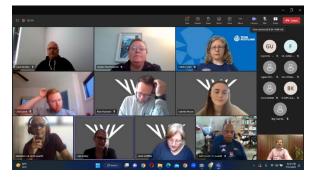
The Executive Committee meeting of POA was held in both virtual and physical modes on 11th April 2023 at Olympic House, Lahore under the chairmanship of Lt Gen (R) Syed Arif Hasan HI(M), President NOC Pakistan where various



important matters were discussed i.e. updates of 34th National Games Quetta May 2023 and 14th South Asian Games in Pakistan March 2024, Election of Pakistan Tennis Federation, Balochistan Olympic Association and Situation of the Olympic Movement in Pakistan etc.

CGF / CGA COMMS MEETING - 12 APRIL 2023

CGF / CGA Committees Meeting was organized online on 12 April 2023 to discuss the Regional Meetings and CGF strategy on the participation of Trinbago 2023 Commonwealth Youth Games. The Manager Games Services, CGA Pakistan attended this meeting.



MEETING WITH PAKISTAN SPORTS BOARD - 18 APRIL 2023

A meeting with the Pakistan Sports Board was organized online on 18 April 2023 for discussion regarding the preparation and participation of Pakistan Contingent in the 19th Asian Games Hangzhou, China from 23 September to 08 October 2023.



XIII EDITION OF INTERNATIONAL COACHING ENRICHMENT **CERTIFICATE PROGRAM 20-25 APRIL 2023.**



from 25 September to 17 October 2021.

Hafiz Abdur Rehman, a national archer, benefited from the IOC Olympic Solidarity Scholarship completed and International Coaching Enrichment Certificate Program (ICECP) in 2023. The program consisted of four modules, with the first module being held online, and the remaining three taking place at the USOPC Training Center in Colorado Springs and the University of Delaware

The fourth and final module of ICECP was held in Lausanne, Switzerland from 20-25 April 2023. During this module, Hafiz Abdur Rehman had the opportunity to present his research project for the final evaluation

REGIONAL MEETING FOR THE CGAs OF ASIA AND OCEANIA - 22-23

APRIL 2023

Mr. Hafiz Imran Butt representing NOC / CGA Pakistan attended the Regional Meeting for the CGAs of Asia and Oceania held on 22-23 April 2023 in Brisbane. The meeting was organized by the CGA Australia in collaboration with the CGF.

The CGF shared an overview of its new strategic plan and updated representatives of the CGAs on the following:-

- Victoria 2026 Commonwealth Games
- 2030 Commonwealth Games **Process**





- General Assembly Singapore, November 2023 (planning/elections)
- CGF Constitutional Review
- Sport / Athlete Allocation engagement
- CGA Regional Meetings to 2026

34TH NATIONAL GAMES - VISIT OF POA DELEGATION TO QUETTA 28 - 30 APRIL 2023

POA delegation comprising the following visited Quetta to analyze the feasibility of accommodation of athletes during the 34th National Games from 22 - 30 May 2023:-

- Mr. Muhammad Jahangir, Deputy Secretary General, POA / Member MC34NG2023
- Lt. Col (R) Muhammad Nasir Ijaz Tung, Secretary General, PBF
- Mr. Muhammad Inam, Chairman, POA Athletes Commission
- Mr. Asma Akram, Coordinator / Member, POA Athletes Commission

MAY 2023

MEETING OF ALL STAKE HOLDERS OF 34TH NATIONAL GAMES - 03 MAY 2023



A meeting of all stakeholders of the 34th National Games was convened by the Management Committee of 34th National Games on 03 May 2023 in Quetta to discuss arrangements and finalization of all matters pertaining to the Games. All NSFs and participating units of NOC Pakistan attended this important meeting.



NATIONAL GAMES TORCH RELAY ACTIVITIES FOR THE 34TH NATIONAL GAMES 2023

KARACHI - 06 MAY 2023

The national pride and anticipation soared on May 6th, 2023, as the National Games Torch for the 34th National Games was ignited in a vibrant ceremony held at Quaid-e-Azam Mazar in Karachi. The air was filled with excitement, and the ceremony marked the beginning of a remarkable journey that would serve as an inspiration and a unifying force for the entire nation.





Following the auspicious kindling ceremony, the Torch embarked on its journey to Iqra University, Karachi. The esteemed Vice Chancellor/President of Iqra University, Dr. Wasim Qazi, graciously received the Torch during a ceremony that radiated with enthusiasm and fervor. A distinguished guest, Mr. Saeed Ghani, the Minister for Information, Labor & Human Resources of the Government of Sindh, graced the occasion as the Chief Guest, adding prestige to the event.





The Torch, carrying the flame of unity and sporting excellence, was then entrusted to Sir Syed University, Karachi. In another ceremony that exuded grandeur and anticipation, the Torch was handed over to the Vice Chancellor, Prof. Dr. Vali Uddin. The chief guest for this remarkable event was Dr. Syed Saif Ur Rehman, the Administrator of Karachi Metropolitan Corporation, whose presence

further elevated the significance of the occasion.

PESHAWAR - 07- 08 MAY 2023



The Torch reached Peshawar on May 7, 2023, for its second destination, creating an exciting milestone. Olympian Raheem Khan received the Torch at the Peshawar airport. A Torch Ceremony Dinner was organized at the Peshawar Sports Complex, attended by over 200 international players and officials, The Minister and Secretary of Sports from KP were present.

On May 8, 2023, the Torch Ceremony continued at PAF Base Peshawar, hosted by Air Vice Marshal Hakim Raza SI (M). After that the torch carried in a traditional Tonga ride by national and international players, officials, and sports association personnel. This showcased the region's cultural heritage and added a touch of significance to the event.

The Torch then arrived at the Governor House in Peshawar on May 9, 2023, where a captivating ceremony took place. A spirited car rally accompanied the Torch to the Kund River, where boats were used for a breathtaking crossing, representing unity and determination. The Khyber Pakhtunkhwa Olympic Association handed over the Torch to the Islamabad Olympic Association.



ISLAMABAD - 10 MAY 2023



On May 10, 2023, the National Games Torch Relay Ceremony took place at PSB Sports Complex in Islamabad. Olympians, medalists, athletes, and officials from Islamabad attended the grand ceremony. Ms. Sadaf Siddique (Athletics) and Mr. Muhammad Akram (Rowing), both Olympians, had the honor of handing over the torch to Mr. Ehsaan-ur-Rehman Mazari, Federal Minister for IPC/President, PSB, who served as the Chief Guest of the ceremony.

MUZAFFARABAD AJK - 11 MAY 2023



The National Games Torch Relay Ceremony reached Muzaffarabad AJK after the ceremonies in Islamabad. The torch was received at Kohala Bridge on the boundary of KP and AJK by Mr. Shukat Hayat, Director of Sports AJK. The ceremony took place at the KH Khursheed Football Stadium, with the presence of DC Muzaffarabad, Raja Tahir Mumtaz, who is also the President of AJK Badminton Association. The Torch was taken to the Red Fort in Muzaffarabad, and athletes and officials from AJK Sports Associations participated in the Torch Relay activities.



PAKISTAN OLYMPIC HOUSE, LAHORE – 12 MAY 2023



On May 12, 2023, the 34th National Games Torch arrived in Lahore, marking the second last destination of its journey and promoting peace, unity, and friendship. A colorful ceremony took place at Pakistan Olympic House, where Mr. Shaukat Javed, Vice President POA/Chair POA Sports Commission, handed over the Torch to Mr. Idris Haider Khawaja, Secretary General Punjab Olympic Association.

LCWU, LAHORE - 12 MAY 2023



The Torch was received by Ms. Sumera Sattar, Director Sports, Lahore College for Women University Lahore. During a ceremony held at the Campus, the torch was handed over to the Dr. Bushra Mirza, Vice Chancellor. The torch relay ceremony witnessed the participation of students and prominent athletes from the university.



MAYO GARDEN, LAHORE – 12 MAY 2023



A grand ceremony was held at Mayo Garden in Lahore by Railways Sports Board. Olympians, medalists, athletes, and officials of the Pakistan Railways Sports Board attended the Ceremony. Demonstration of the Karate performed. Mr. Arshad Salam Khattak, CEO/Sr. General Manager Pakistan Railways attended the Ceremony as the chief guest. Mr. Ishaq Jamali, Provincial

Secretary of Sports & Youth Affairs, Government of Balochistan.

PUNJAB STADIUM, LAHORE – 12 MAY 2023



Additionally, Punjab Olympic Association organized a ceremony at Punjab Stadium in Lahore, attended by Olympians, medalists, athletes, and officials from the Punjab Olympic Association and National Sports Federation. Ms. Shabana Akhtar (Athletics) Olympian, had the honor of handing over the torch Mr. Shahid Zaman, Secretary of Sports, Government of Punjab who graced the occasion as the Chief Guest. A tour of the Torch around Lahore City and Walled City was organized on a Tourist Open Bus. Mr. Ishaq Jamali, Provincial Secretary of Sports & Youth Affairs, Government of Balochistan was also present.



IG POLICE OFFICE LAHORE – 13 MAY 2023



On May 13, 2023, the torch was received by athletes of Pakistan Police Sports Board from Pakistan Olympic House in Lahore. It was then transported to the IG Police office via Mall Road Lahore with a procession involving police protocol vehicles, dolphin squad, traffic police, and Punjab police. A ceremony was organized at the IG Police Office in Lahore by the Police Sports Board.

WAPDA SPORTS BOARD LAHORE - 13 MAY 2023



On the same day, a torch relay ceremony took place at WAPDA Sports Complex in Lahore, organized by WAPDA Sports Board, with the participation of Olympians, international medalists, and officials.



<u>AKHUWAT COLLEGE UNIVERSITY IN KASUR – 13 MAY 2023</u>



The Torch Relay of the National Games, Quetta 2023, successfully completed its journey across Pakistan, culminating in a handover ceremony at Akhuwat College University in Kasur on May 13, 2023. In this significant event, the torch was presented to Mr. Ishaq Jamali, Provincial Secretary of Sports & Youth Affairs, Government of Balochistan, by the enthusiastic students of Akhuwat and Dr. Amjad

Saqib, the esteemed founder and Executive Director of Akhuwat Foundation.





QUETTA – 14 MAY 2023



On the momentous day of May 14, 2023, the Torch finally arrived in Quetta, the capital of Balochistan. Mr. Abdul Khaliq Hazara, Minister of Sports Balochistan, Mr. Durra Khan Baloch, Director General of Balochistan Sports Board, and various officials from the sports department of the Government of Balochistan eagerly received the torch, marking the beginning of its journey in the province.

The torch was ceremoniously transported to Ayub Stadium Quetta, where it was greeted with great excitement and enthusiasm by the passionate athletes and sports enthusiasts awaiting its arrival. Their presence and support added to the vibrant atmosphere, reinforcing the spirit of the National Games.

QUETTA TO ONWARDS - 15 MAY 2023



Starting from May 15, 2023, the torch embarked on a grand tour, visited various cities in Balochistan. Its purpose is to disseminate the powerful message of friendship, harmony, peace, compassion, and equity, which lies at the heart of the National Games. Through this journey, the torch aims to inspire unity and camaraderie among the people of Balochistan, fostering a sense of pride and collective celebration.



CGF / CGA COMMS MEETING - 16 MAY 2023

CGF / CGA Committees Group meeting was held online on 16 May 2023 which was attended by the CGA Pakistan. The CGF and the Trinbago 2023 Commonwealth Youth Games Organizing Committee shared the important information relevant to the Games.

32ND MEETING OF THE NATIONAL ASSEMBLY STANDING COMMITTEE ON IPC - 17 MAY 2023

32nd meeting of the Standing Committee on IPC was held on 17 May 2023 in the Parliament House, Islamabad under the Chairmanship of Mr. Nawab Sher, MNA the Senate Standing Committee on IPC. The following attended the meeting:-



- i. Mr. Muhammad Khalid Mahmood, Secretary General, POA
- ii. Mr. Rizwan Ul Haq Razi, Associate Secretary General, POA

The Secretary General, Pakistan Olympic Association, informed the committee that as laid down in the Constitution of Islamic Republic of Pakistan (IRP) audit of the accounts of POA is not in the domain of Auditor General of Pakistan.



34TH NATIONAL GAMES QUETTA 22 - 30 MAY 2023

The 34th National Games Torch for 2023 was lit at Quaid-e-Azam Mazar in Karachi on May 6, commemorating the inaugural National Games in 1948. This event celebrates Pakistan's cultural heritage and highlights the importance of sports in fostering unity. The torch relay journeyed through Peshawar, Islamabad, Muzaffarabad AJK, and Lahore, promoting peace and friendship. On May 14, the torch



reached Quetta, the capital of Balochistan. The Torch Relay concluded at the Opening Ceremony on May 22, 2023 symbolizing the start of the 34th National Games and embodying the spirit of the participating athletes.

The 34th Chapter of National Games was officially organized from 22-30 May, 2023 at Quetta under the umbrella of NOC Pakistan. The NOC Pakistan organized these Games in collaboration with the Government of Balochistan (Organizer / Host Province). 32 x sports disciplines were included in these Games. 4 x Exhibitional sports matches were also organized during the Games. About 7000 athletes, officials and



technical officials took part in the 34th National Games.

The competition of 26 x sports disciplines were conducted in Quetta whereas competitions of 06 x sports disciplines were organized in Karachi (Sindh Province), Lahore, Islamabad and Jhelum (Punjab Province).



The Opening Ceremony was inaugurated by the Honorable Prime Minister of Pakistan, Mian Muhammad Shehbaz Sharif as Chief Guest. The Honourable President, Islamic Republic of Pakistan, Dr. Arif Alvi was the Chief Guest on the Closing Ceremony.



The 34th National Games were a very good show and successfully organized in collaboration with the Government of Balochistan and all the stakeholders of these Games in Quetta after a span of 19 years. The previous National Games were held in Quetta in 2004.

Sr.#	Unit	Gold	Silver	Bronze	Total	
1	ARMY	199	133	66	398	
2	WAPDA	109	101	80	290	
3	NAVY	28	32	49	109	
4	PAF	8	24	42	74	
5	HEC	8	17	93	118	
6	SINDH	4	16	23	43	
7	KHYBER PAKHTUNKHWA	4	6	39	49	
8	PUNJAB	3	11	53	67	
9	RAILWAYS	3	8	25	36	
10	BALOCHISTAN	2	18	30	50	
11	POLICE	1	2	12	15	
12	ISLAMABAD	0	0	7	7	
13	GILGIT BALTISTAN	0	0	0	0	
14	AJK	0	0	0	0	
	Total:	369	368	519	1,256	
Note:	Note: Mr. Nooh Butt won Gold Medal in Weightlifting +109 KG as an independent Athlete under the flag of POA.					



JUNE 2023

CGF WOMEN LEADERSHIP ACADEMIC SESSIONS, 12-25 JUNE 2023

The Commonwealth Games Federation (CGF) Women Leadership Program was conducted in Pakistan Olympic House and took place from 12th to 25th June 2023. The program aimed to empower women in the field of



sports and leadership roles. It was organized as part of the CGF Women Leadership Scholarship Program, which was recommended by the Commonwealth Games Association Pakistan (CGA Pakistan) and the Pakistan Olympic Association.

The program catered to a diverse group of participants, including 30-35 talented female students, athletes from various sports disciplines, and sports teachers from different schools and colleges. In total, 36 females from different sports and educational organizations actively participated in the workshop.

The program's Academic Sessions featured distinguished speakers who delivered insightful lectures and presentations on various topics. These topics included "Challenges and Opportunities for Women in Leading Sports Organizations," "Sport for Social Change," "Women in Sports," and "Self-awareness of Personal Leadership Style, Areas



of Development, and Strengths," among others.

The event's notable speakers included Ms. Fatima Lakhani, Vice President POA; Mr. Muhammad



Khalid Mahmood, Secretary General POA; and Mr. Hamdan Nazir, President of the Pakistan Rowing Federation. Ms. Veena Salman Masud, Associate Secretary General POA /Secretary OA Women Commission and Ms. Ada Jaffery, MEMOSIAN and Secretary of POA Education Commission also delivered a virtual presentation.

The program encouraged open discussions and interactive sessions, allowing participants to share their experiences, challenges, and ideas. They were divided into different groups and given topics to present on the closing day, providing a platform for showcasing their talent and skills.

The Closing Ceremony, held at the Pakistan Olympic House, featured an address by Mr. Muhammad Khalid Mahmood, Secretary General of CGA Pakistan, and participants were awarded certificates to acknowledge their valuable contributions.

PARIS 2024 - PRE CDM WEBINAR 13 JUNE 2023

The Paris 2024 Organizing Committee organized Pre Chef de Mission Webinar on 13 June 2023 inviting all the NOCs. The Presentations were delivered with simultaneous interpretation into French, English and Spanish and shared the updated information with the NOCs. The webinar was attended by Manager Games Services, NOC Pakistan.

JUNE 2023 Level-II Coaching & Training Camp

IOC OS Technical Course for Table Tennis Coaches allocated by Pakistan Olympic Association to Pakistan Table Tennis Federation organized on 17-27 June 2023 at Lahore. The course was conducted by an international expert nominated by International Table Tennis Federation (ITTF), Mr. Ramzi Ben Hadj Mabrouk (a Tunisian National). 17 x male and female coaches



attended the course whereas 12 x male and female attended the course as observer.



Mr. Asif Tufail, Director General Sports Board Punjab graced the opening ceremony as chief guest whereas Mr. Muhammad Khalid Mahmood, Secretary General POA was the Chief Guest of the Closing Ceremony and distributed the certificates to the participants.



HANGZHOU 2022 PRE DELEGATION REGISTRATION MEETING 19 JUNE 2023

The Pre DRM of NOC Pakistan with the Organizing Committee of the 19th Asian Games was organized online on 19 June 2023 which was attended by Secretary General and Manager Games Services, NOC Pakistan.

CGA COMMS GROUP MEETING ON 20 JUNE 2023

The Commonwealth Games Federation organized an online meeting for the CGA Comms group and updated the information of Trinbago 2023 Commonwealth Youth Games and Victoria 2026 Commonwealth Games with the CGAs. The meeting was attended by Manager Games Services CGA Pakistan.

33RD MEETING OF THE NATIONAL ASSEMBLY STANDING COMMITTEE ON IPC – 20 JUNE 2023

33rd meeting of the Standing Committee on IPC was held on 20 June 2023 in the Ministry of Inter Provincial Coordination, Islamabad under the Chairmanship of Mr. Nawab Sher, MNA the Senate Standing Committee on IPC. The following attended the meeting:-



- i. Mr. Muhammad Khalid Mahmood, Secretary General, POA
- ii. Mr. Rizwan Ul Haq Razi, Associate Secretary General, POA



OLYMPIC DAY CELEBRATION 2023

Olympic Day celebration is an annual event celebrated worldwide, commemorating the foundation of the modern Olympic Movement on 23 June 1894. It provides a unique opportunity to engage people of all ages and backgrounds in sports activities, promoting the Olympic spirit and encouraging active lifestyles.

POA has organized a series of events, which are outlined below:

Plantation Drive organized on 20th June 2023 at Government College University Lahore

Pakistan Olympic Association (POA) in collaboration with the Government College University Lahore (GCU Lahore) planted saplings in the GCU, Lahore as part of the Olympic Day Celebration 2023. "Plant – Preserve - Plant" has long been a permanent feature of the POA programs to promote tree plantation drives across Pakistan. This initiative, under the theme "Plant – Preserve -



Plant," aligns with POA's commitment to combat climate change and promote environmental sustainability in line with the Olympic Agenda 2020+5.

Present among the attendees were dignitaries including the Olympic Family, Olympians, national heroes, and international athletes as well as the faculty of GCU Lahore planted trees on the occasion. Prof. Dr. Asghar Zaidi TI, the Vice Chancellor of GC University Lahore, Mr. Manzoor ul Hasan Senior, Hockey Olympian and Ms. Shabana Akhtar, Track & Field Olympian interacted with the participants at the occasion. The presence of distinguished guests accentuated the importance of the occasion. Their participation showcased their unwavering support for the Olympic Movement and their commitment to inspiring others through sports.



<u>Plantation Drive organized on 21st June 2023 at Lahore College for Women University</u> Lahore



Lahore College for Women University (LCWU) proudly hosted the Olympic Day Celebration 2023 in collaboration with the Pakistan Olympic Association (POA). The event brought together dignitaries, Olympians, national heroes, international athletes, and LCWU's esteemed faculty to commemorate this special occasion. Tree planting activities were conducted, symbolizing a commitment to environmental sustainability.

Prof. Dr. Bushra Mirza T.I., Vice Chancellor of LCWU, expressed delight in hosting the event and emphasized the significance of Olympic Day, celebrating sports, physical activities, and environmental conservation. Dignitaries present included the Olympic Family, Olympians, national heroes, international athletes, and LCWU's faculty. Their participation showcased support for the Olympic Movement and inspiring others through sports.

Olympic Day Run/Competitions organized by the National Sports Federation/ Services & Department

Various national sports federation, serveries/departmental organization and provincial Olympic Association celebrated the Olympic Day Run and exhibitional competitions on 23 Jun 2023 at their headquarters /cities.



Olympic Day Ceremony and Run organized by NOC Pakistan on 24th June 2023

The final event of Olympic Day 2023 took place on June 24, 2023, at the DHA Phase VI, Lahore. The Olympic Day Run, which commenced from the DHA Lahore Main Office, culminated at the prestigious Captain Fasih Babar Amin Shaheed Sports Complex, Phase-VI, DHA Lahore, attracting athletes from various sports disciplines, civil society members, families, and children who participated with great zeal.



The Chief Guest of the ceremony, Lt Gen Syed Aamer Reza HI(M), Corps Commander Lahore acknowledging the significant role of NOC Pakistan in driving the Olympic Movement in Pakistan, commended their efforts in fostering a culture of sports excellence. He reiterated DHA Lahore's commitment to the betterment of sports, emphasizing their dedication not only to athletic achievements but also to community development and engagement.





1:1 MEETING OF GANGWON 2024 WINTER YOUTH OLYMPIC GAMES 27 JUNE 2023

The Manager Games Services NOC Pakistan held 1:1 meeting with the NOC Relations Manager of Gangwon 2024 Winter Youth Olympic Games Organizing Committee.