

#### **ACTIVITY REPORT OF NOC PAKISTAN**

It is my pleasure to present Annual Activity Report for the period from January – December 2021.

### MEETING REGARDING 34TH NATIONAL GAMES QUETTA

Mr. Imran Gichki, Secretary Sports & Youth Affairs, Government of Balochistan visited the headquarters of Pakistan Olympic Association (POA) on Tuesday the 05<sup>th</sup> of January, 2021 to discuss the holding of 34<sup>th</sup> National Games in Quetta. The meeting was chaired by Mr. Shaukat Javed, Vice President, Pakistan Olympic Association at Pakistan Olympic House, Lahore.



## MEETING WITH PRIME MINISTER OF PAKISTAN REGARDING HOLDING OF 14<sup>TH</sup> SOUTH ASIAN GAMES IN PAKISTAN

A detailed briefing was given to H.E. Mr. Imran Khan, Prime Minister of Pakistan by Lt Gen (R) Syed Arif Hasan HI(M), President, Pakistan Olympic Association in a meeting held on 11 January, 2021 at Islamabad regarding holding of 14<sup>th</sup> South Asian Games in Pakistan. The Prime Minister gave the go-ahead signal for hosting the subject Games after having the detailed briefing from the POA and the Federal Ministry of IPC in Islamabad.

#### FIRST ONLINE MEETING WITH UCI - ACC

An online meeting was held on 15<sup>th</sup> January, 2021 between President alongwith Secretary General, Deputy Secretary General, Treasurer NOC Pakistan, and Mr. Vincent Jacquet, International Relations, Development / World Cycling Centre, representative of Asian Cycling Confederation to discuss the affairs of Cycling in Pakistan.

### INTRODUCTIONS TO RELAY - TRAINING SESSIONS FOR NOCS

Mr. Zaigham Abbas, Manager Olympic Solidarity Programs POA, attended the online IOC training session/seminar designed for NOCs for the Introductions to Relays on 19-01-2021

### MA OLYMPIC STUDIES (2021 - 23)

Admission of the MA Olympic Studies (2021-2023) Cologne University, Germany has been granted to Lt Col (R) Waseem Ahmed, President Pakistan Taekwondo Federation.





### 11TH MEETING OF POA SPORTS COMMISSION

The 11<sup>th</sup> meeting of the POA Sports Commission was held on 21 January, 2021 under the chairmanship of Mr. Shaukat Javed, Chairman POA Sports Commission.

### **MA OLYMPIC STUDIES (2021 - 23)**

Admission of the MA Olympic Studies (2021-2023) Cologne University, Germany has been granted to Mr. Sohaib Shafiq, Associate Secretary, Pakistan Handball Federation



### **QUEEN'S BATON RELAY (QBR) MEETING**

A meeting with the Birmingham 2022 Commonwealth Games QBR Team was held online on 22 January, 2021 to discuss the initial plan to organize the Queen's Baton Rely Event on 26 – 30 December, 2021 in Pakistan.

## XXIII INTERNATIONAL EXECUTIVE MASTER COURSES IN SPORTS MANAGEMENT (MEMOS) – 2019 - 2021

Mr. Ali Irshad Chattha, NOC Pakistan has completed XXIII International Executive Master Courses in Sports Management (MEMOS) – 2019 -2021 with distinctions on 04-02-2021

### **1ST MEETING OF POA EDUCATION COMMISSION**

1<sup>st</sup> Meeting of POA Education Commission held on 04 February 2021 at Pakistan Olympic House both physical and virtual hours under the Chair of Mr. Ibrahim Hasan Murad.



# MEETING OF CONSTITUTION AND AFFILIATION COMMITTEE OF NOC PAKISTAN OLYMPIC HOUSE, LAHORE

Meeting of POA Constitution and Affiliation Committee was held on 11<sup>th</sup> February, 2021 under the Chairmanship of Ch. Muhammad Yaqoob, Vice President POA to review and recommend Model Constitution for Provincial Olympic Associations





### **GENERAL COUNCIL MEETING OF NOC PAKISTAN**

The General Council Meeting of NOC Pakistan was held on 13<sup>th</sup> February, 2021 at PC Hotel, Lahore under the chairmanship of Lt Gen (R) Syed Arif Hasan HI(M), President NOC Pakistan.



### <u>VISIT OF REPRESENTATIVE OF INTERNATIONAL FENCING</u> FEDERATION (FIE) AT OLYMPIC HOUSE, LAHORE

Mr. Pascal TESCH, Member of the FIE Executive Committee visited Pakistan Olympic House, Lahore on February 17<sup>th</sup>, 2021. The matters related to the promotion and development of Fencing Sport in Pakistan were discussed.



## IOC SAFE SPORT WEBINAR SESSION INVITATION FOR COLLABORATION

Ms. Ada Jaffery, MEMOSIAN and Member Women & Sports Commission NOC Pakistan delivered a lecture/ presentation on "Prevention of Harassment and Abuse in Sport" at the IOC Safe Sport Webinar Series for NOCs of Central Asia, South Asia, West Asia held on 24 February 2021

### IOC & OCA SAFE SPORT WEBINAR FOR NOCS OF CENTRAL ASIA, SOUTH ASIA, WEST ASIA

IOC & OCA Safe Sport Webinar for NOCs of Central Asia, South Asia, West Asia held on 24 February 2021. President, Secretary General, Associate Secretary General, Treasurer and staff of POA attended the subject Webinar.



# MEETING OF PRESIDENT NOC PAKISTAN WITH THE OFFICIALS OF PAKISTAN RUGBY UNION

A meeting was held on 24th February, 2021 at Pakistan Olympic House, Lahore between Lt Gen (R) Syed Arif Hasan HI(M) President, Mr. Muhammad Khalid Mahmood, Secretary General NOC Pakistan and Mr. Fawzi Khawaja Chairman, Mr. Arif Saeed President alongwith officials of Pakistan Rugby Union where update on the activities of the Federation and matters of mutual interest were discussed.

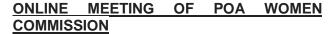


### POA VENUE INSPECTION COMMITTEE VISIT TO QUETTA REGARDING 34TH NATIONAL GAMES

The POA Venue Inspection Committee visited Quetta on 03 – 06 March, 2021 to observe the readiness of Competition Venues and equipment as per requirement of international standard to conduct the 34<sup>th</sup> National Games.

## WOMEN OF THE WORLD FESTIVAL PAKISTAN 2021 SCHEDULED

Ms. Ada Jaffery, MEMOSIAN and Member Women & Sports Commission NOC Pakistan delivered a lecture/ presentation on "Women in Sports.On the event, a Self- Defense Session performed by Ms. Uzma Asghar (Certified Female Karate Coach) and Ms. Benish Rashid (South Asian Karate Champion) Session at Women of the World Festival 2021.



Meeting of POA Women Commission held online on 08 March 2021 on International Women Day under its Chair, Ms. Fatima Lakhani. Ms. Tania Mallick, Ms. Elain Alam, Ms. Ada Jaffery, Ms. Veena Salman Masud, Mr. Muhammad Khalid Mahmood, Syed Wasim ud Din Hashmi and Mr. Tariq Wahid Khan attended the meeting.





#### **CGF CGAS ASIA REGIONAL MEETING**

CGAs Asia Regional Meeting was virtually held on 10 March 2021. Mr. Muhammad Khalid Mahmood, Secretary General CGA Pakistan/ Pakistan Olympic Association attended the said Meeting.



### **CGF REGIONAL MEETING WITH BIRMINGHAM 2022 TEAM**

Mr. Muhammad Khalid Mahmood attended the CGF Regional Meeting (Online) with Birmingham 2022 Team on 10 March, 2021.

### MEETING OF POA WITH HEC FOR THE PROMOTION OF SPORTS AND EDUCATIONAL PROGRAMS

A meeting of POA with Higher Education Commission was held on 12 March 2021 at Pakistan Olympic House, Lahore. The Meeting was attended by NOC Officials and representatives of HEC / Director Sports Universities.



#### INTERVIEW FOR ANOC RIOU UNIVERSITY SCHOLARSHIP - ACADEMIC YEAR 2021-2022

Interviews for the nomination of ANOC RIOU University Scholarship –Academic Year 2021-2022 organized on 12 March 2021 Lahore.

#### **EXECUTIVE COMMITTEE MEETING OF NOC PAKISTAN**

The Executive Committee meeting of POA was held in both virtual and physical modes on 13<sup>th</sup> March 2021 at Olympic House, Lahore under the chairmanship of Lt Gen (R) Syed Arif Hasan HI(M), President NOC Pakistan





#### **IOC GENDER EQUALITY WEBINAR SERIES**

IOC Gender Equality Webinar Series held on 15-16 & 21 March 2021. President, Secretary General, Dypty Secretary General, Treasurer and staff of POA attended the subject Webinar Series

### MEETING OF PRESIDENT POA WITH ASIA RUGBY AND PAKISTAN RUGBY UNION

An online meeting of President NOC Pakistan with Mr. Qais Abdullah Al Dhalai, President Asia Rugby, Mr. Johny Stavrinou, CEO Asia Rugby and Mr. Arif Saeed, President Pakistan Rugby Union was held on 19 March, 2021 to discuss the inclusion of Rugby at the South Asian Games in 2023.

### MEETING OF POA WORKING GROUP FOR 14TH SOUTH ASIAN GAMES

The first meeting of the POA Working Group for 14<sup>th</sup> South Asian Games 2023 in Pakistan constituted by Lt Gen (R) Syed Arif Hasan HI(M), President Pakistan Olympic Association, was held on 20 March, 2021 at Pakistan Olympic House, Lahore under the chairmanship of Mr. Muhammad Aamir Jan, President, Punjab Olympic Association. Mr. Javed Rasheed Chohan, Director Admin, Sports Board Punjab represented the Government of Punjab. The discussion made on the following points and sought suggestions / proposal of cities and venues to conduct the competitions of respective National Sports Federations in the 14<sup>th</sup> South Asian Games:-



- Sports infrastructure facilities available in Lahore, Faisalabad, Sialkot and Gujranwala including accessibility, parking areas and seating capacities etc.
- Requirements of upgradation of the available facilities to bring them upto international standards as well as new construction.
- Requirement of Sport equipment for competition venues as per international standards.

# MEETING BETWEEN H.E. THE AMBASSADOR OF THE REPUBLIC OF KOREA, MR. SUH SANGPYO AND PRESIDENT POA

H.E. The Ambassador of the Republic of Korea, Mr. Suh Sangpyo alongwith officials called on Lt Gen (R) Syed Arif Hasan HI(M) President NOC Pakistan at Pakistan Olympic House, Lahore on 21 March, 2021 regarding International Cooperation in the field of Sports between the Republic of Korea and the Islamic Republic of Pakistan. Mr. Muhammad Khalid Mahmood, Secretary General and Mr. Muhammad Shafiq, Treasurer NOC Pakistan were also present.





#### MEETING REGARDING HOLDING OF QUEEN'S BATON RELAY EVENT IN PAKISTAN

A meeting regarding Queen's Baton Relay (QBR) Event scheduled in December in Pakistan held on 01 April, 2021 in the headquarters of CGA Pakistan at Lahore under the chair of President CGA Pakistan.





### MEETING WITH THE EQUESTRIAN FEDERATION REGARDING TOKYO 2020 OLYMPIC GAMES

A meeting with President, Equestrian Federation of Pakistan was held on 05 April, 2021 at Pakistan Olympic House in the context of sharing information about preparation and documentation for participation of Equestrian Athlete as well as officials in the Tokyo 2020 Olympic Games.

### 8<sup>TH</sup> INTERNATIONAL DAY OF SPORTS FOR DEVELOPMENT AND PEACE #WHITECARD CAMPAIGN

NOC Pakistan celebrated 8th International Day of Sports for Development and Peace on 06 April 2021





#### **NATIONAL SHOOTERS QUALIFIED FOR TOKOYO 2020**





## INTERNATIONAL/ NATIONAL CHAMPAIONS, SPORTS DIGNITARIES / OLYMPIC FAMILY & GENERAL PUBLIC PARTICIPATED



































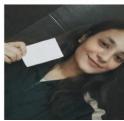




















### EMERGENT GENERAL COUNCIL MEETING OF NOC PAKISTAN

The Emergent General Council Meeting of NOC Pakistan was held in both virtual and physical modes on 03 May 2021 at Olympic House, Lahore under the chairmanship of Lt Gen (R) Syed Arif Hasan HI(M), President NOC Pakistan.

#### **ONLINE MEETING WITH BIRMINGHAM 2022 QBR TEAM**

An online meeting with the Queen's Baton Relay (QBR) Team of Birmingham 2022 Commonwealth Games was held on 04 May, 2021 regarding planning to hold the QBR Event in Pakistan in December, 2021. The information was shared by both CGA Pakistan and QBR Team. Mr. Muhammad Khalid Mahmood, Secretary General, CGA Pakistan attended this meeting.

### **ONLINE MEETING WITH TOKYO 2020 ORGANIZING COMMITTEE**

An online meeting with the Organizing Committee of the Tokyo 2020 Olympic Games was held on 04 May, 2021. The meeting was attended by Mr. Tariq Wahid Khan, Director Admin & Coord and Mr. Imran Ahmad Khan, Manager Games Services, NOC Pakistan.

### **TOKYO 2020 - BRIEFING ON THE PLAYBOOK (VERSION 2)**

An online Briefing on the Playbook for the Athletes and Officials was held on 06 May, 2021 by the Organizing Committee of the Tokyo 2020 Olympic Games which was attended by Dr. Asad Abbas. Secretary POA Medical Commission / Chief Medical Officer, Pakistan Contingent for the Games.

## ONLINE RECEPTION – 70TH ANNIVERSARY OF CHINA-PAKISTAN

On the invitation of the Ambassador of the People's Republic of China H.E. Mr. Nong Rong, Lt Gen (R) Syed Arif Hasan HI(M), President POA attended the celebrating of 70th Anniversary of China-Pakistan Diplomatic Relationship held online on 21st May, 2021.



#### **TOKYO 2020 – ONLINE BRIEFING ON CLO'S TEXTBOOK PART 3 & 4**

An online Briefing was given by the Organizing Committee of the Tokyo 2020 Olympic Games on CLO's Textbook Part 3 & 4 on 19 May, 2021 which was attended by Dr. Asad Abbas. Secretary POA Medical Commission / Chief Medical Officer, Pakistan Contingent for the Games.



### **BIRMINGHAM 2022 - VILLAGE ALLOTMENT MEETING**

The Organizing Committee of Birmingham 2022 held an online meeting on 25 May, 2021 with the CGA Pakistan and gave a complete presentation regarding the Village Allotment. The meeting was attended by Mr. Imran Ahmad Khan, Manager Games Service.

### 1<sup>ST</sup> CHEF DE MISSION MEETING WITH THE CONCERNED NSFS / DEPARTMENTS

Brig. Zaheer Akhtar, Chef de Mission of Pakistan Contingent held the 1st meeting on Saturday 29 May, 2021 at Pakistan Olympic House, Lahore with the concerned National Sports Federations / Departments / Organizations, Officials and Coaches of the respective sports. The preparation, training and traveling plan of each participating sport was discussed in detail. Lt Gen (R) Syed Arif Hasan HI(M), President POA also graced this important meeting with his presence on zoom.



#### **+OLYMPIC SOLIDARITY 2021-2024 PLAN WEBINAR**

Secretary General, Treasurer and staff of POA attended the IOC Olympic Solidarity 2021-2024 Plan webinar Series held on 26-04-2021, 29-04-2021, 11-05-2021, 20-05-2021, 27-05-2021, 03-06-2021 and 10-06-2021.



Strategy and Introduction





### 10<sup>TH</sup> IOC INTERNATIONAL ATHLETES' FORUM – LAUSANNE

Mr. Muhammad Inam, Chairman and members of POA Athletes Commission attended the 10th International Athletes' Forum held DIGITALLY from 26 – 27 May 2021.



### **EXECUTIVE COMMITTEE MEETING OF NOC PAKISTAN**

The Executive Committee meeting of POA was held on 31<sup>st</sup> May 2021 at Olympic House, Lahore under the chairmanship of Lt Gen (R) Syed Arif Hasan HI(M), President NOC Pakistan.



### MEETING WITH NAWAB FURQAN KHAN, PRESIDENT TSGPA

Mr. Nawab Furqan Khan President Traditional Sports & Games of Pakistan (TSGPA) met with Secretary General, Pakistan Olympic Association on 03<sup>rd</sup> June, 2021 at Pakistan Olympic House, Lahore to discuss the affairs of Traditional Sports & Games of Pakistan.

## SECOND MEETING OF THE MANAGEMENT COMMITTEE FOR THE SPORT OF CYCLING IN PAKISTAN

The second meeting of the Management Committee for the sport of Cycling was held at Pakistan Olympic House, Lahore on 03<sup>rd</sup> June, 2021 at Pakistan Olympic House, Lahore under the chairmanship of Syed Muhammad Abid Qadri, Vice President POA

## 1ST MEETING OF ORGANIZING COMMITTEE OF OLYMPIC DAY 2021

1st Meeting of the Organising Committee of Olympic Day Celebration 2021 was on June 04, 2021 at Lahore under the chairmanship of Mr. Ibrahim Hasan Murad, Chairman POA Education Commission/Chairman Organizing Committee.



#### TOKYO 2020 – ONLINE EVENT WITH PAKISTANI OLYMPIC ATHLETES (SUGINAMI-WARD)

An online event between Pakistani Athletes, Japan International Cooperation Agency (JICA), Students of Suginami-Ward (Host Town of Pakistani Athletes for Pre-Games Training at Tokyo) was held on11 June, 2021 which was attended by the Mr. Arshad Nadeem (Athletics), Ms. Bisma Khan (Swimming), Mr. Syed Muhammad Haseeb Tariq (Swimming) and Mr. Gulfam Joseph (Shooting).



### TOKYO 2020 - 2<sup>ND</sup> CHEF DE MISSION MEETING WITH THE CONCERNED NSFS / DEPARTMENTS

The 2<sup>nd</sup> Chef de Mission Meeting of Pakistan Contingent was held on 11<sup>th</sup> June, 2021 at Pakistan Olympic House, Lahore under the chairmanship of Brig. Muhammad Zaheer Akhtar, CDM to discuss / finalize the arrangements of Pakistan Contingent for participation in the Tokyo 2020

### LAUNCH OF THE GUIDELINES FOR GENDER-RESPONSIVE SPORTS ORGANIZATIONS

Ms. Fatima Lakhani, Chairman and Ms. Veena Salman Masud, Secretary POA Women Commission attended the "Launch of the Guidelines for Gender-responsive Sports Organization" on the invitation of "He for She" Turkey.

## PRIZE DISTRIBUTION CEREMONY, POSITION HOLDERS OF POA NATIONAL PAINTING COMPETITION 2020

Prize Distribution Ceremony (online/ in person) for the Position holders of the Painting Competition in the context of Olympic Day 2020 was held at Pakistan Olympic House Lahore. Lt. Gen (R) Syed Arif Hasan, President POA was Chief Guest.

### VENUE INSPECTION VISIT IN CONNECTION WITH 14TH SOUTH ASIAN GAMES

The Venue Inspection Committee along with officials of NSF and Government of Punjab visited the proposed competitions venues of Judo and Wrestling at Ghakhar and Football and Volleyball at Sialkot in connection with 14<sup>th</sup> South Asian Games.

#### TOKYO 2020 - ONLINE BRIEFING ON PLAYBOOK FOR ATHLETES AND OFFICIALS (VERSION 3)

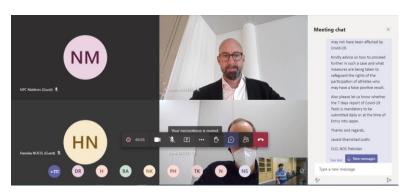
An Online Briefing on Playbook for Athletes and Officials (Version 3) was organized on 21 June, 2021 by the Tokyo 2020 Organizing Committee which was attended by Dr. Asad Abbas, Secretary POA Medical Commission / Chief Medical Officer for Tokyo 2020.

### TOKYO 2020 - 3RD CHEF DE MISSION MEETING WITH THE CONCERNED NSFS / DEPARTMENTS

The 3<sup>rd</sup> Chef De Mission Meeting of Pakistan Contingent was held on 24<sup>th</sup> June, 2021 at Pakistan Olympic House, Lahore under the chairmanship of Brig. Muhammad Zaheer Akhtar, Chef de Mission Pakistan Contingent to update the arrangements of participation of Pakistan Contingent in the XXXII Summer Olympic Games Tokyo, Japan

## TOKYO 2020 / BRIEFING - NEW ENTRY CONDITIONS TO JAPAN

An Online Briefing was given by the Tokyo 2020 Organizing Committee / IOC on 25 June, 2021 regarding new entry conditions to Japan for the participating countries. The briefing was attended by Mr. Javaid S. Lodhi, CLO and Dr. Asad Abbas, Chief Medical Officer for Tokyo 2020.





### TOKYO 2020 - PLAYBOOK - ATHLETES AND OFFICIALS (VERSION 3) BRIEFING FOLLOW-UP

The follow-up briefing of Tokyo 2020 on Playbook for Athletes and Officials (Version 3) was attend by Dr. Asad Abbas, Secretary POA Medical Commission/Chief Medical Officer for Tokyo 2020 on 29 Jun 2021.

### **OLYMPIC DAY 2021**

NOC Pakistan celebrated the Olympic Day, respecting the COVID-19 SOPs, by organizing the following activities

### POA Painting Competition

Arts and culture have long been part of the Olympic programme. In Ancient Greece, art and sport were considered perfect partners. NOC Pakistan invited the youth of the country (14 years and 23 years to submit their art work on the themes of "Global Olympic Arenas, Paint a Self Portrait as an Athletes and Olympic Games / Olympism in Digital Worlds"

### Exhibitional Table Tennis Matches at Bagh-e-Jinnah

Table Tennis Exhibitional Matches were organized on 23 June 2021 at Bagh-e-Jinnah, Lahore. National / International athletes (male and female) played these matches. Civil society and children of all ages also participated.

### Olympic Day Run at Peshawar

Olympic Day Walk/ Run organized on 23 June 2021 at Peshawar.

### • Exibitional Handball Match at Quetta

An Exhibitional Handball Match was organized, in the context of Olympic Day Celebration, on 23 June 2021 at Quetta by Balochistan Handball Association in collaboration with Pakistan Handball Federation

### Tree Plantation and Olympic Day Run At Quetta

Tree Plantation and Olympic Day Walk/ Run was organized on 23 June 2021 in the context of Olympic Day Celebration by Provincial Sports Associations of Balochistan at Quetta.

### National Refresher Coaching and Referee Course 2021 at Abbottabad

Pakistan Handball Federation organized a National Refresher Coaching and Referee Course 2021 at Abbottabad on 30 June 2021 as part of Olympic Day 2021 Celebration. Coaches and Referees of Affiliated Units of Pakistan Handball Federation attend the Course.











### Sea Cleaning at Karachi

Pakistan Olympic Association in collaboration with Pakistan Navy and Pakistan Sailing Federation organized Sea Cleaning on 28 June 2021 at Keamari Jetty, Karachi in the context of Olympic Day Celebration 2021.





### Workshop on Olympism at UMT Lahore

As per vision of IOC, Pakistan Olympic Association in collaboration with University of Management and Technology, Lahore organized a Workshop on Olympism at Lahore on 30 June 2021 in the context of Olympic Day Celebrations 2021. Olympic History/ Journey of Ancient to Modern Olympic Games, Role of NOC Pakistan & Opportunities for youngsters to volunteers and collaborators, Chat with the CHAMP (An interactive session with Current and former Champions of Pakistan) and Quiz on History/Olympic Movement were part of the workshop.

## MEETING WITH DIRECTOR GENERAL, PAKISTAN SPORTS BOARD (PSB)

Mr. Muhammad Khalid Mahmood, Secretary General POA met with Col.(Retd) Muhammad Asif Zaman Director General, Pakistan Sports Board (PSB) on 09 July, 2021 at Pakistan Olympic House, Lahore to discuss development of sports in Pakistan.



### BIRMINGHAM 2022 – 3<sup>RD</sup> QBR MEETING

Mr. Muhammad Khalid Mahmood, Secretary General CGA Pakistan and Mr. Parvaiz Ahmad, Secretary General, Pakistan Gymnastics Federation as designated Baton Manager attended the 3<sup>rd</sup> online meeting with the QBR Team. Mr. Stu Davies gave the detailed presentation of Queen's Baton Relay Programme.





### <u>VISIT OF PAKISTAN WHEELCHAIR CRICKET TEAM</u> AT PAKISTAN OLYMPIC HOUSE LAHORE

Mr. Muhammad Khalid Mahmood, Secretary General POA welcomed Pakistan Wheelchair Cricket Team at Pakistan Olympic House, Lahore on 09 July, 2021 to appreciate and encourage the team on winning Asia Cup 2019, Kathmandu.



## DARAZ (ALIBABA GROUP) JOIN HANDS WITH PAKISTAN OLYMPIC ASSOCIATION

Daraz (Alibaba Group) joined hands with Pakistan Olympic Association as Official Digital Partner to uplift Olympians representing the nation at Tokyo 2020 Olympics and has announced its Olympic Games partnership to support the National Olympic Team of Pakistan.

On the directions of Lt Gen (R) Syed Arif Hasan HI(M), President POA, financial assistance of Rs. 100,000/-(Rupees One Hundred Thousands only) has been provided to the athletes before leaving for participation in the Olympic Games Tokyo 2020.





### 4<sup>TH</sup> CHEF DE MISSION MEETING WITH ALL CONCERNED

The 4th and Final Meeting of Chef de Mission with the NSFs, Athletes, Officials and concerned departments was held on 10 July 2021 at POA Olympic House, Lahore under the chairmanship of Brig. Muhammad Zaheer Akhtar. All arrangements of participation of Pakistan Contingent were completed by this date and handed over the relevant documents for their smooth traveling to Tokyo 2020 Olympic Games.

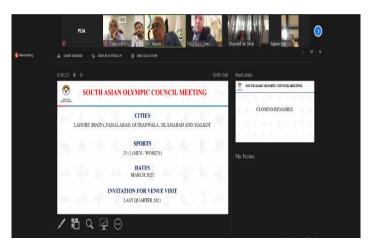
#### **TOKYO 2020 – DIGITAL DELEGATION REGISTRATION MEETING**

Mr. Muhammad Khalid Mahmood, Secretary General NOC Pakistan attended the Digital Delegation Registration Meeting with the Tokyo 2020 Organizing Committee Team



# SAOC EXECUTIVE BOARD MEETING REGARDING 14<sup>TH</sup> SOUTH ASIAN GAMES 2023 IN PAKISTAN

A virtual meeting of the South Asia Olympic Council was held on 12 July, 2021 hosted by the Pakistan Olympic Association under the Chairmanship of Lt Gen (R) Syed Arif Hasan HI(M), President South Asia Olympic Council (SAOC) and President Pakistan Olympic Association. The Council's meeting was attended by the Presidents / Secretaries General of SAOC countries to discuss various matters.



### Tokyo 2020 Olympic Games 23 July - 08 August, 2021

The Tokyo 2020 Olympic Games were held in Japan from 23 July to 08 August, 2021. A 22 x member delegation of Pakistan Contingent comprising 7 male and 3 female athletes, Athlete Support Personnel / Officials and Chef de Mission participated in the Games. Pakistan participated in 5 x sports disciplines i.e. Athletics, Badminton, Shooting, Swimming and Weightlifting. Brig Muhammad Zaheer Akhtar, Vice President, NOC Pakistan was the Chef de Mission of the Pakistan Contingent for Tokyo 2020 Olympic Games.

The following athletes participated in the Tokyo 2020 as per gualification criteria mentioned against each:

S. No.	Name of Athletes	Sport	Qualification Entry Criteria				
MALE ATHLETES							
1.	Mr. Arshad Nadeem	Athletics	Entry Standard				
2.	Mr. Shah Hussain Shah	Judo	Continental Quota				
3.	Mr. Gulfam JOSEPH		Asian Championship - Doha, QAT				
4.	Mr. Muhammad Khalil AKHTAR	Shooting	2019 World Cup - Rio de Janeiro, BRA				
5.	Mr. Ghulam Mustafa BASHIR		Asian Championship - Doha, QAT				
6.	Syed Muhammad Haseeb TARIQ	Swimming	Universality Place				
7.	Mr. Talha Talib	Weightlifting	Tripartite Commission Invitation Place				
FEMALE ATHLETES							
8.	Ms. Najma Parveen	Athletics	Universality Place				
9.	Ms. Mahoor SHAHZAD	Badminton	Tripartite Commission Invitation Place				
10.	Ms. Bisma KHAN	Swimming	Universality Place				



The performance of our athletes in their respective events was satisfactory which is reflected in the table below specially Mr. Arshad Nadeem (Javelin Thrower) and Mr. Talha Talib were outstanding:-

S. No.	Name of Athlete	Sport	Event	Position / Rank
1	Mr. Arshad Nadeem	Athletics	Javelin Throw	5th
2	Mr. Ghulam Mustafa Bashir		25m Rapid Fire Pistol	6th
3	Mr. Muhammad Khalil Akhtar	Shooting	25m Rapid Fire Pistol	16th
4	Mr. Gulfam Joseph		10m Air Pistol	9th
5	Mr. Talha Talib	Weightlifting	67kg	5th







### INDEPENDENCE DAY CELEBRATION AT PAKISTAN OLYMPIC HOUSE, LAHORE

Independence Day was celebrated on 14 August 2021 at Pakistan Olympic House, Lahore by cutting of Cake and Pakistan Olympic House was illuminated with green and white lights.





### **MEETING OF POA FINANCE COMMITTEE**

Meeting of POA Finance Committee was held on 23 August, 2021 at Pakistan Olympic House, Lahore under the Chairmanship of Syed Muhammad Abid Qadri, Vice President POA.

### **OCA FINANCE COMMITTEE**

Mr. Muhammad Khalid Mahmood, Secretary General NOC Pakistan attended the online OCA Finance Committee Meeting held on 23 August 2021.

## MEDIA BRIEFING REGARDING TOKYO 2020 OLYMPIC GAMES

A media briefing was organized on 23 August, 2021 at PC Hotel, Lahore regarding the participation of Pakistan Contingent in the Tokyo 2020 Olympic Games and performance of athletes under the chairmanship of Lt Gen (R) Syed Arif Hasan HI(M), President, NOC Pakistan who joined this meeting on Zoom being abroad. The Fact Sheet was disseminated to the media about the participation of Tokyo 2020 Olympic Games.



#### MEDIA BRIEFING - GREENS HOTEL, PESHAWAR

Pakistan Olympic Association held Media Briefing on 25<sup>th</sup> August 2021 at Greens Hotel Peshawar where Syed Aqil Shah, Senior Vice President POA / President KPOA alongwith POA Officials briefed the media on the latest situation of Olympic Movement in Pakistan.

### **IOC CERTIFICATE: SAFEGUARDING OFFICER IN SPORT, SEPTEMBER 2021 – APRIL 2022**

Mr. Rizwan Ahmed, Honorary Manager Good Governance and Institutional Reforms, has been enrolled for the IOC Certificate: Safeguarding Officer in Sport, September 2021 – April 2022

#### CGAS REGIONAL MEETING (ONLINE) - 9 SEPT 2021 (SECRETARY GENERAL CGA /NOC PAKISTAN)

Mr. Muhammad Khalid Mahmood, Secretary General CGA / NOC Pakistan attended the online CGAs Regional Meeting held on 09 September 2021.

#### **HANGZHOU 2022 CHEF DE MISSION SEMINAR**

An online Chef de Mission Seminar was organized by the Hangzhou 2022 on 08 & 09 September 2021. Comprehensive presentations on the preparation of the Games were given by the Hangzhou 2022 Organizing Committee.

#### **CGAS ASIA REGIONAL MEETING**

An online CGA Asia Regional Meeting was held on 9 September 2021. Mr. Imran Ahmad Khan, Manager Games Services attended this meeting on behalf of Mr. Muhammad Khalid Mahmood, Secretary General, CGA Pakistan.



## MEETING OF THE NATIONAL ASSEMBLY STANDING COMMITTEE ON INTER PROVINCIAL COORDINATION, ISLAMABAD

The meeting of the National Assembly Standing Committee on Inter Provincial Coordination (IPC) was held on 10<sup>th</sup> September 2021 at Parliament House, Islamabad. It was attended by Former Senator Syed Aqil Shah SI, Senior Vice President, POA, Mr. Muhammad Khalid Mahmood, Secretary General, POA and Mr. Muhammad Shafiq, Treasurer, POA

### **OCA EXECUTIVE BOARD MEETING (ONLINE)**

Lt Gen Retired Syed Arif Hasan, Vice President OCA/ President POA attended the Online OCA Executive Board Meeting held on 13 September 2021

### 1<sup>ST</sup> CHEF DE MISSION MEETING OF 6<sup>TH</sup> ASIAN INDOOR AND MARTIAL ARTS GAMES

An online Chef de Mission Meeting was organized by the Organizing Committee of 6<sup>th</sup> Asian Indoor and Martial Arts Games on 15 September 2021. The Meeting was attended by Mr. Muhammad Khalid Mahmood, Secretary General, NOC Pakistan.

#### **GENERAL COUNCIL MEETING OF NOC PAKISTAN**

The General Council Meeting of NOC Pakistan was held on 16 September 2021 at Pearl Continental Hotel, Lahore under the chairmanship of Lt Gen (R) Syed Arif Hasan HI(M), President NOC Pakistan.





## 61ST INTERNATIONAL SESSION (ONLINE) FOR YOUNG PARTICIPANTS

Ms. Asma Akram (Handball Athlete) attended the 61<sup>st</sup> International Sessions (online) for Young Participants on 17-23 September 2021 organized by International Olympic Academy, Athens, Greece.





LAHORE: Rookhsana Rajpoot Chairperson Pakistan Wheelchair Cricket Co presents memento of Interloop Pakistan One-Day Cup 2021 to the Chief Gue Khalid Mahmoodm Secretary General Pakistan Olympic Association, here.

## CLOSING CEREMONY OF 1ST DAY MATCHES OF PAKISTAN ONE DAY CUP 2021

Mr. Muhammad Khalid Mahmood, Secretary General POA was the "Chief Guest" at closing ceremony of 1<sup>st</sup> Day Matches of Pakistan One Day Cup 2021 at Aleem Dar Cricket Academy, Lahore Pakistan organized by Pakistan Wheelchair Cricket Council on 20 September, 2021 alongwith other POA officials.

# VISIT OF WINTER SPORTS FEDERATION OF PAKISTAN AT PAKISTAN OLYMPIC HOUSE LAHORE

Air Commodore Nadeem Ajmal Khan, Secretary General Winter Sports Federation of Pakistan met with Lt Gen (R) Syed Arif Hasan HI(M), President Pakistan Olympic Association on 28 September, 2021 at Pakistan Olympic House, Lahore to discuss about the development and promotion of Winter Sports in Pakistan as well as training, preparation and participation of Pakistan in Winter Olympic Games, Beijing 2022.



## MEETING OF PRESIDENT NOC PAKISTAN WITH THE OFFICIALS OF PAKISTAN RUGBY UNION

A meeting was held on 28<sup>th</sup> September, 2021 at Pakistan Olympic House, Lahore between Lt Gen (R) Syed Arif Hasan HI(M) President, Mr. Muhammad Khalid Mahmood, Secretary General NOC Pakistan and Patron Lt. Gen Ashraf Saleem, Mr. Fawzi Khawaja Chairman of Pakistan Rugby Union where update on the activities of the Federation and matters of mutual interest were discussed.





## OCA / IOC JOINT WEBINAR ON THE PREVENTION OF THE MANIPULATION OF COMPETITIONS

M/s. Hamdan Nazir, Col Sadaf Akram, Lt Col (R) Nasir Ijaz Tung, Muhammad Razzaq Gill and Rizwan Ahmed On behalf of NOC Pakistan attended the OCA/ IOC Joint Webinar on the Prevention of the Manipulation of Competition.





### MEETING OF THE OCA CULTURE COMMITTEE

Mr. Kamran Lashari, Chairman POA Culture and Olympic Heritage Commission attended the online Meeting of OCA Culture Committee on 29 September 2021.

## CGAS ASIA REGIONAL MEETING 6 OCTOBER, 2021

An online CGA Asia Regional Meeting was held on 6 October 2021. Mr. Tariq Wahid Khan, Director Admn & Coord and Mr. Imran Ahmad Khan, Manager Games Services NOC / CGA Pakistan attended the meeting.

## MEETING OF PRESIDENT POA WITH AMBASSADOR OF CHINA

Lt. Gen (R) Syed Arif Hasan, President POA called on H.E. Mr. Nong Rong, Ambassador of People's Republic of China to Pakistan on 06 October, 2021 at the Embassy of China in Islamabad.

The meeting was held in context of the XXIV Olympic Winter Games Beijing 2022.





#### **BIRMINGHAM 2022 - 1:1 VILLAGE ALLOTMENT MEETING**

A one to one meeting was held with the Birmingham 2022 Commonwealth Games regarding Village Allotment for the Pakistan. The meeting was attended by Mr. Imran Ahmad Khan, Manager Games Services.



### **CGF CGAS REGIONAL MEETING (ONLINE)**

Mr. Muhammad Khalid Mahmood, Secretary General CGA / NOC Pakistan attended the online CGAs Regional Meeting held on 06 October 2021.

### **MEETING OF POA FINANCE COMMITTEE**

Meeting of POA Finance Committee was held on 11 October, 2021 at Pakistan Olympic House, Lahore under the Chairmanship of Syed Muhammad Abid Qadri, Vice President POA.



### **CGF GENERAL ASSEMBLY MEETING (ONLINE)**

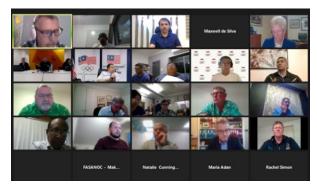
Annual CGF General Assembly Meeting organized virtually (Zoom) on 11 October 2021. Lt Gen (R) Syed Arif Hasan HI(M), President CGA Pakistan, Ms. Fatima Lakhani, Vice President CGA Pakistan and Mr. Muhammad Khalid Mahmood, Secretary General CGA Pakistan attended the CGF General Assembly Meeting.

### **CGF CGAS REGIONAL MEETING (ONLINE)**

Mr. Muhammad Khalid Mahmood, Secretary General CGA / NOC Pakistan attended the online CGAs Regional Meeting held on 12 October 2021.

#### **CGF CGAS REGIONAL MEETING - ASIA & OCEANIA**

The CGF GA Regional Meeting for Asia & OCEANIA was held online on 12 October, 2021. Detailed presentations were given regarding the CGF Sports Polies, updates of the Birmingham 2022 Commonwealth Games. The meeting was attended by Mr. Imran Ahmad Khan, Manager Games Services, CGA / NOC Pakistan.



#### **BIRMINGHAM 2022 - QBR PRELIMINARY MEETING**

The Birmingham 2022 – Queen's Baton Relay (QBR) Preliminary Meeting was held on 12 October, 2021 with the QBR Team. The meeting was attended by Mr. Parvaiz Ahmed, Baton Manager for the QBR Event in Pakistan and Mr. Imran Ahmad Khan, Manager Games Services, CGA / NOC Pakistan.



#### **IOC - INTERPOL WEBINAR ON THE PREVENTION OF THE MANIPULATION OF COMPETITIONS**

On 13 - 14 October, 2021 – In order to prevent the manipulation of sports competition, INTERPOL and the IOC organized an Integrity in Sport Virtual Workshop for participants from Bangladesh, Bhutan, India, Maldives, Nepal, Pakistan and Sri Lanka. The workshop was developed in close collaboration with the Olympic Council of Asia (OCA) and the International Cricket Council (ICC). M/s. Hamdan Nazir, Lt Col (R) Nasir Ijaz Tung, Muhammad Razzaq Gill and Rizwan Ahmed, On behalf of NOC Pakistan, attended the IOC-Interpol Webinar on the Prevention of the Manipulation of Competitions.

### **EXECUTIVE COMMITTEE MEETING OF NOC PAKISTAN**

The Executive Committee meeting of POA was held in both virtual and physical modes on 18<sup>th</sup> October 2021 at Olympic House, Lahore under the chairmanship of Lt Gen (R) Syed Arif Hasan HI(M), President NOC Pakistan



### MEETING OF POA ELECTION COMMISSION OF KPOA

A meeting POA Election Commission of KPOA was held on 23 October 2021 at Pakistan Olympic House, Lahore under the Chairmanship of Syed Muhammad Abid Qadri, Vice President POA

### XXX ANOC GENERAL ASSEMBLY, CRETE

XXX ANOC General Assembly organized on 24-25 October 2021 at Crete, Greece. Lt Gen (R) Syed Arif Hasan HI(M), President NOC Pakistan and Mr. Muhammad Khalid Mahmood, Secretary General NOC Pakistan attended the XXX ANOC General Assembly.

### SAOC MEETING ON THE SIDELINE OF THE ANOC GA IN GREECE

A meeting of South Asia Olympic Council (SAOC) was held on the sideline of ANOC General Assembly in Crete, Greece. The South Asian Countries Bangladesh, Maldives, Nepal, Pakistan and Sri Lanka who were present in Crete. Greece for the ANOC General Assembly attended the SAOC Meeting.





### ANOC AWARD GALA, CRETE 2021 -26 OCTOBER 2021

Lt Gen (R) Syed Arif Hasan HI(M), President NOC Pakistan and Mr. Muhammad Khalid Mahmood, Secretary General NOC Pakistan attended the ANOC Award Gala organized on 26 October 2021 at Crete, Greece.



### +ONE PERCENT TRAINING FOR ASIA CGAS 27 OCTOBER, 2021

An online training session of +One Percent organized by Commonwealth Games Federation was attended by Mr. Imran Ahmad Khan, Manager Games Services, CGA / NOC Pakistan on 27 October, 2021.

### **MEETING OF POA FINANCE COMMITTEE**



Meeting of POA Finance Committee was held on 28 October, 2021 at Pakistan Olympic House, Lahore under the Chairmanship of Syed Muhammad Abid Qadri, Vice President POA

## MEETING WITH WINTER SPORTS FEDERATION PAKISTAN

Pakistan Olympic Association held an online meeting on 30 October, 2021 with the Winter Sports Federation Pakistan for discussion about Beijing 2022 Playbook for Athletes and Officials and preparation for participation in the Olympic Winter Games.





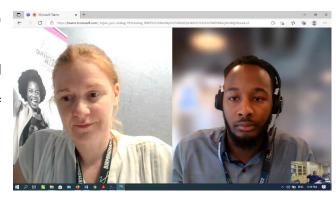
## INTERNATIONAL COACHING ENRICHMENT CERTIFICATE PROGRAMME (ICECP) - 2 0 2 1 - 2 0 2 2 (VIRTUAL EDITION)



Mr. Muhammad Farrukh Nadeem, Coach (Shooting) has been enrolled for the International Coaching Enrichment Certificate Programme (ICECP) -2021-2022 (Virtual Edition).

### BIRMINGHAM 2022 - QBR MEETING HELD ON 01 NOVEMBER, 2021

The Birmingham 2022 – Queen's Baton Relay (QBR) 4th meeting was held online on 01 November, 2021 with the QBR Team. The meeting was attended by Mr. Muhammad Khalid Mahmood, Secretary General and Mr. Imran Ahmad Khan, Manager Games Services, CGA / NOC Pakistan and updated the preparation of the QBR event in Pakistan.



## CGAS REGIONAL MEETING (ONLINE) – 03 NOVEMBER 2021 (SECRETARY GENERAL CGA /NOC PAKISTAN)

Mr. Muhammad Khalid Mahmood, Secretary General CGA / NOC Pakistan attended the online CGAs Regional Meeting of Commonwealth Games Federation held on 03 November 2021.

## 65TH NATIONAL MEN AND 5TH NATIONAL WOMEN WEIGHTLIFTING CHAMPIONSHIPS OCTOBER 30 - NOVEMBER 04, 2021

Mr. Muhammad Khalid Mahmood, Secretary General POA was the "Chief Guest" at closing ceremony of 65<sup>th</sup> National Men and 5<sup>th</sup> National Women Weightlifting Championships held at Punjab University Grounds near Chubugi, Lahore organized by Pakistan Weightlifting Federation on October 30 to November 04, 2021.





## 17TH INTERNATIONAL SESSION FOR PRESIDENTS OR DIRECTORS OF NATIONAL OLYMPIC ACADEMY

Mr. Tariq Wahid Khan, Director Admin & Coord POA attended online 17th International Session for Presidents or Directors of National Olympic Academy organized by International Olympic Academy, Greece from 05-09 November 2021.



## MEDAL CEREMONY - COAS PAKISTAN OPEN INTERNATIONAL TAEKWONDO CHAMPIONSHIP 2021 - 07 NOVEMBER 2021

Lt Gen (R) Syed Arif Hasan HI(M), President and Mr. Muhammad Khalid Mahmood, Secretary General POA attended the Medal Ceremony of Chief of Army Staff (COAS) Pakistan Open International Taekwondo Championship 2021 held on 07 November 2021 at Liaqat Gymnasium, PSB Islamabad.



### POA & PSC BREAST CANCER AWARENESS SEMINAR - 07-09 NOVEMBER 2021

POA Women Commission led by Mrs. Fatima Lakhani, Chairperson of the Commission organized and conducted a seminar on Breast Cancer Awareness at the Karachi Gymkhana Club on November 7 - 09, 2021. A total of 90 athletes, coaches and representatives from the swimming, tennis, boxing, handball, karate, archery, softball, badminton, fencing, football, Special Olympics and Sindh Olympic Association participated in the event.

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### **+ONE PERCENT TRAINING FOR ASIA CGAS NOVEMBER, 2021**

An online training session of +One Percent organized by Commonwealth Games Federation was organized on 10, 17 and 24 November, 2021 which was attended by Mr. Imran Ahmad Khan, Manager Games Services, CGA / NOC Pakistan.

### **2ND MEETING OF POA EDUCATION COMMISSION 13 NOVEMBER 20121**

2nd Meeting of POA Education Commission held on 13 November 2021 at Rector Board Room, University of Management of Technology (UMT), Lahore under the Chairmanship of Mr. Ibrahim Hasan Murad both physical and virtual at 1130 hours under the Chair of Mr. Ibrahim Hasan Murad.



### OCA EXECUTIVE BOARD MEETING, DUBAI, UAE - 20 NOVEMBER 2021

Lt Gen (R) Syed Arif Hasan HI(M), Vice President OCA attended the OCA Executive Board Meeting held on 20 November 2021 at Dubai UAE.

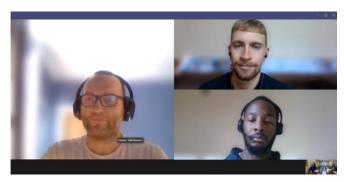
### OCA GENERAL ASSEMBLY MEETING, DUBAI, UAE - 21 NOVEMBER 2021



Lt Gen (R) Syed Arif Hasan HI(M), Vice President **OCA** /President POA and Mr. Muhammad Khalid Mahmood, Secretary General POA attended OCA General the Assembly Meeting held on 21November 2021 at Dubai UAE



### BIRMINGHAM 2022 - QBR MEETING 5 HELD ON 25 NOVEMBER, 2021



The Birmingham 2022 – Queen's Baton Relay (QBR) 5th meeting was held online on 25 November, 2021 with the QBR Team. The meeting was attended by Mr. Muhammad Khalid Mahmood, Secretary General, Mr. Parvaiz Ahmad, Baton Manager and Mr. Imran Ahmad Khan, Manager Games Services, CGA / NOC Pakistan.

### **KOREAN NIGHT EVENT - 26 NOVEMBER 2021**

Lt Gen (R) Syed Arif Hasan HI(M), President and Mr. Muhammad Khalid Mahmood, Secretary General POA attended the Korean Night Event hosted by the Embassy of Republic of Korea at Palace Hall, PC Hotel Lahore on 26 November 2021. The event was composed of Korean children's game (games in Netflix drama ("Squid Games") and music performance.



## CGAs Regional Meeting (Online) – 07 December 2021 (Secretary General CGA /NOC Pakistan)

Mr. Muhammad Khalid Mahmood, Secretary General CGA / NOC Pakistan attended the online CGAs Regional Meeting of Commonwealth Games Federation held on 03 November 2021.

### 17th Edition of the National Olympic Academy, Sri Lanka - 07-09 December 2021

Mr. Shoaib Shafiq (Handball) and Ms. Raaidah Aqeel (Swimming) attended the 17th Edition of the National Olympic Academy. It was organized by NOC Sri Lanka on a virtual basis on 06th, 07th, 08th & 09th December 2021.

### Beijing 2022 - Pre-DRM 08 December, 2021

Mr. Imran Ahmad Khan, Manager Games Services, NOC Pakistan attended the online Pre-DRM Meeting on 08 December, 2021 regarding participation of Pakistan Contingent in the Beijing 2022 Olympic Winter Games.





### Beijing 2022 - Interview by President POA to China Global Television Network

A video interview was given by the President POA to the China Global Television Network regarding participation of Pakistan Contingent in the Beijing 2022 Olympic Winter Games on 09 December, 2021 at POA Olympic House, Lahore.



### Birmingham 2022 - QBR Follow up Meeting 09 December, 2021

The Birmingham 2022 – Queen's Baton Relay (QBR) follow up meeting was held online on 09 December, 2021 with the QBR Team. The meeting was attended by Mr. Muhammad Khalid Mahmood, Secretary General, CGA / NOC Pakistan.



### OCA/ POA Seminar for Empowering Athletes – 10-12 December 2021

- 1. Pakistan Olympic Association (POA) organized OCA / POA Seminar for "Empowering Athletes" at Lahore Garrison University, Sector C, DHA Phase 6, Lahore on 10-12 December 2021 under the patronage of Olympic Council of Asia (OCA). This seminar is part of the program inspired from the "Olympic Agenda 2020+5" reiterating that the Athletes are the heart of the Olympic Movement. In particular the Seminar would promote values including "Reinforce Athletes' Rights and Responsibilities & Further Strengthen Safe Sport and the Protection of Clean Athletes
- 2. 57 x Athletes (Female & Male), 54 x LGU Students/ Athletes (Male & Female) 32 x Presidents/ Secretaries of National Sports Federations / Affiliated Units, 3 x NOC Pakistan Athletes

Commission, 10 x Office Bearers and Member Executive Committee of NOC Pakistan, 13 x Chief Guests/ Guest of Honors/ Guest, 12 x Experts/Resource Persons, 48 Volunteers & support staff, 13 x NOC Pakistan Staff and 05 x Media Personals attended the Seminar. All Sessions of the Seminar were live on Facebook, Instagram and YouTube of POA.





3. The participants were presented the sessions on Let's Work Together to PLAY TRUE by Maj (R) Dr. Lubna Sibtain, Sports Medicine & Injuries by Dr. Syed Asad Abbas Shah, Rights and Responsibilities of athletes by M/s. Sumera Sattar, Muhammad Inam & Asma Akram, Nutrition & Sports in the Uncertain Time by Dr. Syed Asad Abbas Shah, Mental Health Matters by Dr. Shamsa Hashmi, Gender Equity &



Safeguarding Athletes from Harassment in Sports by Ms. Ada Jaffery & Ms. Elain Alam, Athlete365, Career Pathways & Career Transition in Sports by Ms. Ada Jaffery and Ms. Raheela Zafar Peswal. Competition Manipulation in Sports by Mr. Evangelos Alexandrakis & Ms. Rida Ahmed, International Olympic Committee. The participants were presented a audio /video message of Ms. Mikako Kotani, Chair of OCA Athletes Committee.



4. In almost every session, athlete Success Stories were shared by the prominent former and current athlete with the participants i.e Col (R) Mudassar Asghar, Former Olympian (Hockey), Ms. Nargis Hazara, Asian Medalist (Karate), Mr. Gulfam Joseph, Olympian (Shooting), Ms. Mahoor Shahzad, Olympian (Badminton), Ch. Muhammad Shafiq Chisti, Word Champion (Kabaddi) and Mr. Saadi Ghulam Abbas, Asian Medalist (Karate)

5. Lt Gen (R) Syed Arif Hasan HI(M), President POA grace to occasion as Chief Guest of Opening Ceremony on 11 December 2021 whereas Maj Gen (R) Shahzad Sikander HI (M), Vice Chancellor, Lahore Garrison University was Chief Guest on Closing Ceremony held on 12 December 2021.

## BOOK LAUNCHING CEREMONY BY MR. MUHAMMAD ALI, EDITOR SPORTS DAILY TIME 14 DECEMBER 2021

Lt Gen (R) Syed Arif Hasan HI(M), President and Mr. Muhammad Khalid Mahmood, Secretary General POA alongwith other officials attended the "Book Launching Ceremony" of Pakistan Sports and Heroes' hosted by Mr. Muhammad Ali, Editor Sports Daily Times at Royal Palm Club, Lahore on 14 December 2021.





### Birmingham 2022 - QBR 1 Week Out Meeting on 20 December, 2021

The Birmingham 2022 – Queen's Baton Relay (QBR) 1 Week Out Meeting was held online on 20 December, 2021 with the QBR Team. The meeting was attended by Mr. Muhammad Khalid Mahmood, Secretary General, Mr. Parvaiz Ahmad, Baton Manager and Mr. Imran Ahmad Khan, Manager Games Services, CGA / NOC Pakistan. The B2022 Team was given the final programme of the Queen's Baton Relay event from 27 - 29 December, 2021 in Karachi whereas the Technical Team of B2022 gave the video presentation.

### Birmingham 2022 - QBR Meeting on 26 December, 2021

The Birmingham 2022 – Queen's Baton Relay (QBR) Technical Team held an online meeting with the Technical Team of Pakistan on 26 December, 2021.

### Birmingham 2022 Commonwealth Games Queen's Baton Relay 27 - 29 December, 2021

The Birmingham 2022 Commonwealth Games are scheduled to be held from 28th July to 8th August 2022. In this context, the Queen's Baton Relay which is a tradition that celebrates, connects and excites communities across the Commonwealth, visiting all 72 nations and territories, reaching Europe, Africa, Asia, Oceania, the Caribbean and the Americas arrived in Pakistan (Karachi) on 27 December 2021 and remained in the city till 29 December 2021.

The Queen's Baton Relay UK Team was in constant contact with the CGA Pakistan / Pakistan Olympic Association. The itinerary / programme of the Queen's Baton Relay was scheduled as under:-

27-12-2021	Queen's Baton Relay Welcome Ceremony at British Deputy High Commission, Karachi
28-12-2021	Visit to Madressatul Islam University, Karachi (The school of Father of the Nation)
	Assemble At Mazar-E-Quaid-E-Azam For Baton Exchange Among Youth, Athletes, Officials & Dignitaries
29-12-2021	Visit to Karachi Grammar School (The oldest school at Karachi)
	Visit to Moulana Muhammad Ali Johar Park (Kakri Ground) Lyari, Karachi

### Media Briefing of Queen's Baton Relay on 26 December 2021

A media briefing was given on 26 December, 2021 by Lt Gen (R) Syed Arif Hasan HI(M), President CGA Pakistan. H.E. Mr. Martin Dawson, British Acting Deputy High Commissioner was pleased for attending the media briefing.





## <u>27 December, 2021 (Day 1) - Welcome Ceremony at British Deputy High Commission, Karachi</u>

The "Welcome Ceremony" of the Queen's Baton Relay of the Birmingham 2022 Commonwealth Games held at the British Deputy High Commission today (27 December, 2021) where the Queen's Baton was formally handed over to Lt Gen (R) Syed Arif Hasan, President CGA Pakistan by H.E. Mr. Martin Dawson Deputy High Commissioner of UK in Pakistan. The ceremony was also graced by Olympians, Sports Legends, Special and Para Athletes, Diplomats, Dignitaries from various sections of life.







## 28 December, 2021 (Day 2) - Visit to Sindh Madressatul Islam University Karachi & Mazar-e-Quaid

The Birmingham 2022 Commonwealth Games Queen's Baton visited Sindh Madressatul Islam University in the morning of 28 December, 2021 where a ceremony was held and a large number of students, athletes, faculty, Old Alumni, Sports Legends, Special and Diplomats were present.

Prof. Dr. Mujeebuddin Sahrai Memon, Vice Chancellor, Sindh Madressatul Islam University (SMIU) welcomed and thanked Lt Gen (R) Syed Arif Hasan, President CGA Pakistan for giving an opportunity to SMIU of sharing the Birmingham 2022 Commonwealth Games Queen's Baton which arrived first time in Karachi.





The President CGA Pakistan thanked the Vice Chancellor and his team for their interest and involvement in organizing such an impressive event.

After the SMIU event the Queen's Baton visited Mazar-e-Quaid where a grand ceremony was held which was attended by Mr Syed Murad Ali Shah, Chief Minister Sindh. President CGA Pakistan welcomed and thanked the Honourable Chief Minister Sindh for sparing the time and for joining the Queen's Baton Relay ceremony. He also expressed gratitude to the Commissioner Karachi





and his team for making excellent and foolproof arrangements for international event. The Chief Minister Sindh expressed his happiness over the Queen's Baton first time visit to Karachi. He thanked CGA Pakistan for selecting the city of Karachi for this international event. He ensured his complete support to the Sindh Olympic Association and Pakistan Olympic Association for holding such prestigious events in future as well in the province of Sindh.

He also expressed that Sindh Government will be happy to extend help in terms of local and foreign training to the elite athletes who are best of the best.

The Chief Minister Sindh thanked Mr. Martin Dawson for gracing the event and expressed his best wishes for the Birmingham 2022 Commonwealth Games.



On this occasion the Queen's Baton was handed over to CM Sindh by President CGA Pakistan. The Chief Guest further handed over Queen's Baton to the Commissioner Karachi. The Baton further moved to Olympians, World Champions, Commonwealth Games Medallists. Para athletes also shared / exchanged the Baton.





## 29 December, 2021 (Day 3) - Visit to Karachi Grammar School & Moulana Muhammad Ali Johar Park, (Kakri Ground)

On the last day of the activity of the Birmingham 2022 Commonwealth Games Queen's Baton Relay visited the "Karachi Grammar School" (established in 1847) in a bright sunny morning of 29 December, 2021. The Queen's Baton was warmly welcomed by the students and faculty members of Karachi



Grammar School. The ceremony was attended by a large number of students, athletes, faculty, Alumni, Sports Legends, and British Acting Deputy High Commissioner. The students were so enthusiastic having the Queen's Baton in Karachi Grammar School as being their first experience.



Mrs. Muneeza Shaikhali, Acting Principal, Karachi Grammar School welcomed and thanked Lt Gen (R) Syed Arif Hasan, President CGA Pakistan for giving an opportunity to the Karachi Grammar School of sharing the Birmingham 2022 Commonwealth Games Queen's Baton. She also expressed her deep gratitude for the presence of Mr. Martin

Dawson, British Acting Deputy High Commissioner. The audience was informed that Karachi Grammar School is the oldest private school of Pakistan carrying a heritage of over 170 years starting 1847. The school was formally constituted by Sir Henry Bartle Frere as the Karachi European and Indo-European school. It was named Karachi Grammar School in 1879. The earliest recorded reference to the school's motto, indocti discant: 'let the unlearned learn' (a quotation from Horace). The KGS shares the resolve to adopt sports as an integral part of education. The first sport gala was held at Karachi Grammar School in 1927.

The President CGA Pakistan thanked the Acting Principal of Karachi Grammar School for organizing such an excellent and wonderful event which was expected. He also specially thanked to the students and faculty for their keen interest and enthusiasm for participation in the event despite being holidays of the school. The President CGA Pakistan handed over the Queen's Baton to the Acting Principal of Karachi Grammar School. The Baton further shared / exchanged by the Olympians and Commonwealth Games Medallists. Mr. Byram D. Avari, Alumin and Mrs. Goshpi D Avari (Asian Gold Medallists in Sailing and Yatching) handed over the Baton to the student of KGS and it further moved to the all students, faculty and guests. Plantation was also carried out by the CGA Management, British Acting Deputy High Commissioner and faculty in the school premises on this occasion.





The last event of the Queen's Baton Relay was held at Moulana Muhammad Ali Johar Park, (Kakri Ground) Lyari. The event started with traditional lewa dance of Lyari followed by performance of Pakistan Rangers Band. The large number of children and athletes of Boxing, Cycling, Football and Karate demonstrated their sports which was appreciated and applauded by the audience. As per their culture, donkey driven carts were also present during the ceremony. Baton was also carried out by Ms. Aksa Wadood, Captain Lyari

Football Team and Ambassador of

Asian Football Confederation on a donkey cart. The local community also participated in the event with a large number and appreciated the activities. The children, athletes and students exchanged the Queen's Baton enthusiastically. The passion of these sportspersons was worth witnessing. Mr.



Muhammad Waseem, fly weight title holder of World Boxing Council and commonwealth games medallist was also present and shared the Baton with the athletes and children.

Mr. Martin Dawson, British Acting Deputy High Commissioner despite of his official commitments graced both the events of 29 December, 2021 and expressed his best wishes to Pakistan Contingent for the Birmingham 2022 Commonwealth Games.

The three day journey of the Birmingham 2022 Commonwealth Games Queen's Baton Relay started from 27 – 29 December 2021 was successfully concluded on its last leg in a colourful and impressive ceremony at Kakri Ground, Lyari. The next destination of the Baton is Maldives.