

Pakistan Olympic Association

PRESIDENT

Lt Gen (Retd)
Syed Arif Hasan HI(M)



SECRETARY GENERAL

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NOTIFICATION

POA-395/NG/1128 dated 17 December 2016

RULES OF NATIONAL GAMES

The Rules of National Games, on the recommendation of POA Sports Commission, modified, approved by POA General Council in its Meeting held on 27 July, 2016 at Lahore are hereby notified and promulgated on this day 17th day of December, 2016.

INTRODUCTION

The National Games is the most important sports Event of Pakistan Olympic Association (POA) normally held after every two years. The first National Games were held at Karachi in 1948, which were inaugurated by Father of the Nation Quaid-e-Azam Muhammad Ali Jinnah. He donated a trophy from his personal pocket for award to the best participating Unit during these Games. This trophy titled as "Quaid-e-Azam Trophy" has all along been continued to be awarded to the best participating Unit in all the subsequent National Games.

RULE 1

ELIGIBILITY OF THE PARTICIPATING UNITS IN THE NATIONAL GAMES

1.1 Only the affiliated Units of the Pakistan Olympic Association (POA) are entitled to participate and compete in the National Games in all the Individual Sports and Team Sports included in the programme of the Games, in accordance with the rules mentioned hereinafter.

1.2 Presently following are the affiliated Units of POA which are entitled for participation in the Games:-

- i. Punjab Olympic Association
- ii. Sindh Olympic Association
- iii. KP Olympic Association
- iv. Balochistan Olympic Association
- v. Islamabad Olympic Association
- vi. FATA Olympic Association
- vii. Pakistan Army
- viii. Pakistan Navy
- ix. Pakistan Air Force
- x. Pakistan Railways
- xi. Pakistan WAPDA
- xii. Higher Education Commission (HEC/PUSB)
- xiii. Pakistan Police
- xiv. Any other Unit that may be given playing rights/affiliation by POA

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RULE 2

PROCEDURES OF ALLOTMENT OF NATIONAL GAMES, FINALIZATION OF DATES SPORTS AND SPORTS DISCIPLINES, ENTRIES, HOLDING OF MEETINGS WITH THE SECRETARIES OF THE CONCERNED NATIONAL FEDERATIONS AND REPRESENTATIVES OF THE PARTICIPATING UNITS, PROGRAMMES ON OPENING AND CLOSING DAYS OF THE GAMES.

2.1 ALLOTMENT OF THE NATIONAL GAMES

The POA in the normal course should preferably allot the National Games atleast one month before the commencement of the previous National Games so that the National Games Flag may be formally handed over to the next host Unit of POA / Provincial Olympic Association at the Closing Ceremony. However the POA General Council/Executive Committee/President may allot the National Games any time later if deemed appropriate due to emergent situations.

2.2 FINALIZATION OF DATES, SPORTS AND SPORTS DISCIPLINES AND THEIR CIRCULATION

At least 5 months before the commencement of the National Games, the concerned affiliated Unit of POA/Provincial Olympic Association hosting the

2.3 National Games / Organizing Committee shall decide, in consultation with the POA, the dates, Sports and Sports disciplines to be included in the programme of the National Games, which must have duration of atleast 7 days. Efforts shall be made in consultation with the POA Sports Commission to include all Sports (Men and Women) with their disciplines whose National Federations are affiliated with POA subject to following consideration/conditions:

- i. Good standing with POA.
- ii. Availability of requisite facilities/infrastructure with host Units,
- iii. Confirmation by respective National Sports Federations.
- iv. Confirmation of participation of atleast 4 x Units.
- v. Events to be as per latest National Championship of respective Individual Sports (Men/Women).

2.4 The size and strength of the Provincial Contingents shall be decided by the POA Sports Commission and the Provinces will participate in the National Games according to their choice within the size allotted to them. However there shall be Women participation of atleast 25% of the total strength of Athletes /Players/competitors.

2.5 The decision of the dates and the sports disciplines must be circulated by the hosting POA Unit/Provincial Olympic Association and the Pakistan Olympic Association to all the participating POA Units within 15 days of such decisions. The participating Units shall submit their confirmation of participation with Number in each sport discipline to the hosting Unit/Provincial Olympic Association / Organizing Committee under intimation to the POA within 150 days of the receipt of intimation from the concerned hosting Unit/Provincial Olympic Association/ Organizing Committee.

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2.6 PARTICIPATION ELIGIBILITY OF ATHLETES

Participation eligibility of athletes in the 33rd National Games 2016 shall be subject to atleast 90 days service as a regular employee (not daily wages) in the respective department/service organization. Whereas participation eligibility of athletes AFTER the 33rd National Games 2016 shall be subject to:-

- i. Atleast 365 days service as a regular employee (not daily wages) in the respective department/service organization.
- ii. He / she must have represented the respective department / service organization in the National Championship / competitions organized by the National Sports Federation concerned.
- iii. The cooling off period for the National Games shall be as under:-
 - a. Three months for 33rd National Games, 2016
 - b. Six months for future National Games.

2.7 CONDUCT OF EVENTS AND FINALIZATION OF PROVINCIAL CONTINGENT

- i. Event shall be conducted by the respective Sports Association recognized by NSF concerned (affiliated with POA and International Federations concerned).
- ii. Since selection / finalization of provincial contingent is prerogative of the Provincial Olympic Association therefore Selection of athletes and team management (coaches and manager) for participation in the National Games shall be entire authority of the respective Provincial Olympic Association.

2.8 TRANSFER OF PLAYERS

Rules for transfer of player from one unit to another unit for participation in the Games/ competition to be organized by POA shall be framed by POA Constitution and Affiliation Committee in consultation with POA affiliates. POA Secretariat shall notify this document after obtaining the approval of General Council of POA.

2.9 MEETINGS

The first meeting of the Secretaries of the concerned National Sports Federations alongwith the representatives of the participating Units shall be held atleast 3 months before the commencement of the Games to discuss and decide the detailed technical requirements of the competitions followed by a second meeting to be held atleast 30 days before the Games in which besides other matters, the Draws of all the competitions would be put up by the Secretaries of the concerned National Federations. In both these meetings the POA representatives would also be present. The decisions of the meeting including finalization of events in each sport shall be circulated by Secretary General POA which shall be final. No Federation will add up or reduce events at its own beyond the approved and circulated events by POA.

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2.10 OLYMPIC TORCH

The Olympic Torch to be kindled at Quaid-e-Azam Mazar in a ceremony at Karachi where the First National Games were held and were inaugurated by Quaid-e-Azam himself would be transported to the venue of the National Games in a ceremonial manner as per traditions of the Olympic Games.

2.11 PROTOCOL ON OPENING AND CLOSING CEREMONIES AND PROGRAMME OF COMPETITIONS ON THE OPENING AND CLOSING DAYS.

- i The Opening and Closing Ceremonies of the National Games shall be held in accordance with the protocols on the pattern of the Olympic Games as indicated in the bye-laws of the Olympic Charter.
- ii Any competition programme held on the Opening day of the National Games must be completed atleast 4 hours before the Opening Ceremony. However the Organizing Committee may start competitions earlier in any sport which takes longer time so that the competition programme of such a Sport is completed a day before the closing of the Games. The following events can be held in presence of the Chief Guest before the start of the Closing Ceremony:-
 - a. Any Exhibition Sport, and
 - b. cultural programmes

RULE 3

AWARD OF POINTS FOR QUAID-E-AZAM TROPHY

3.1 The Quaid-e-Azam Trophy will be awarded to the Unit getting the highest number of Points. The foreign team(s) will not be considered for the award of Quaid-e-Azam Trophy. The following formula of Points shall be operative:-

3.2 INDIVIDUAL EVENTS /SPORTS

Position	Olympic	Non Olympic
1	15	10
2	10	8
3	06	5
4	04	3
5	02	2
6	01	1

Note: In sports disciplines where the evaluation is based on test and measurement, 10 additional points will be awarded to a competitor when he/she equalizes the previous National Record and 15 additional points will be awarded to a competitor when the existing National Record is bettered by him/her. In case an existing National Record is bettered by an athlete/competitor in the event more

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than once during a National Games, only his/her best performance would be considered for award of points.

Sports of Karate, Judo, Taekwondo, Wushu and Wrestling shall also workout their results upto 6th position.

3.3 TEAM EVENTS/RELAYS ETC. HAVING PARTICIPATION OF MORE THAN TWO (2) PLAYERS:-

Position	Olympic	Non Olympic
1	45	30
2	30	24
3	18	15
4	12	9
5	6	6
6	3	3

3.4 TEAM EVENTS

Position	Olympic	Non Olympic
1	150	100
2	100	80
3	60	50
4	40	30
5	20	20
6	10	10

3.5 In both the above categories of Team Sports, 6 top teams belonging to the affiliated Units of POA and qualified on the basis of the last National Championship or Pre-qualification Competitions held for this purpose including the host Unit shall participate in the National Games. The intimation of the Teams and Units shall be sent by the Federation concerned to the Organizing Committee and the POA atleast 30 days before the commencement of the Games.

3.6 Where there is a Divisional setup with National Sports Federations, the qualifying Division shall represent the concerned Province and its entry will be through the respective Provincial Association or the Provincial Olympic Association. In case 2 Divisions of the same province qualify then they shall be reckoned as one and the turn would go to the next below qualifying Unit, and so on and so forth.

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3.7 TURN OUT POINTS IN THE OPENING CEREMONY

The Award of Points for Turn out (uniformity of dress and March Past etc.) shall be determined as under:-

3.8 Uniformity may be defined as similarity / symmetry of dress of one member Unit whatever simple and in whatever design it may be, and must distinctively consist of Track Suit with Joggers and P.Caps for all participants. Each Unit is proposed to be placed distinctively in the following ladder of points on the basis of their Turn out:-

Position	Points
1	250
2	240
3	230
4	220
5	210
6	200
7	190
8	180
9	170
10	160
11	150

3.9 Within the given definition and criteria, the size of the Contingent at the March Past shall correspond to the total entry. Minimum number of athletes and team officials shall not be less than two third (2/3) of the total entry. March Past may be informal but disciplined and must exhibit grace on the part of athletes / participants. Conduct of a player / Contingent official of a Unit during the entire process of March Past and Assembly at the time of Opening Ceremony shall also be a vital factor for evaluation and grading.

3.10 Cameras, Bags, Mobile Phone etc. shall not be carried by any of the participant of the March Past.

RULE 4

MISCONDUCT / PENALTY POINTS

On and off the field, misconduct / misbehaviour by any competitor / official of a participating Unit shall be penalized upto 150 points by the Evaluation and Tabulation Committee according to the gravity of the offence(s) and on a report of the Secretary of the concerned Federation / Organizing Secretary of the Games / Secretary General, POA.

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RULE 5

APPOINTMENT OF EVALUATION AND TABULATION COMMITTEE

The Secretary General, POA will appoint, with the approval of the President POA the Evaluation and Tabulation Committee including its Chairman and one technically qualified representative of the Organizing Committee with other 3 or more members with sufficient experience and sports background who shall not be active official / office bearer of any of the participating Units.

RULE 6

POSITION WHEN FOREIGN COMPETITORS TEAMS PARTICIPATE

In various events and competitions where Pakistani Competitors or Teams are beaten by the Foreign Competitors / Teams and their position is relegated to 3rd, 4th, 5th and 6th places, even then for the award of points for the Quaid-e-Azam Trophy they will be considered 1st, 2nd, 3rd and 4th. The Foreign Competitors / Teams will only get medals and not the points.

RULE 7

GENERAL

The affiliated Unit of the POA which has won Quaid-e-Azam Trophy during the previous National Games must ensure the return of Quaid-e-Azam Trophy to the Organizing Committee atleast one month before the commencement of the National Games under intimation to the POA.

RULE 8

SPONSORSHIP

8.1 Since the grants from the Federal Government / Provincial Government are limited and quite inadequate to meet the total financial requirements of the Games, the sponsorship will have to be explored for all the National Games. The host Provincial Olympic Association / Organizing Committee shall find out the sponsors. To regulate the Sponsorship Programme, there shall be 2 members nominated by the President / Secretary General POA on the Sponsorship Committee to coordinate in the efforts and ensure regulate the system.

8.2 The sponsorship amount received for the National Games shall be shared as under:-

- | | | |
|------|--|-----|
| i. | Concerned POA Affiliated Unit / Provincial Olympic Association / Organizing Committee holding the National Games | 80% |
| ii. | Pakistan Olympic Association | 10% |
| iii. | National Sports Federations whose sports disciplines are included in the programme of the National Games. | 10% |

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RULE 9

SPECIAL INVITATIONS

The Organizing Committee shall extend special invitations in writing 6 – 8 weeks before the commencement of the National Games to the following:-

- i. President of the NOC Pakistan
- ii. IOC Member in Pakistan
- iii. Vice Presidents of NOC Pakistan
- iv. Secretary General NOC Pakistan
- v. Associate Secretaries General NOC Pakistan
- vi. Treasurer NOC Pakistan
- vii. Presidents / Secretaries of the Participating Units.
- viii. Presidents / Secretaries of the National Sports Federations.
- ix. Federal Minister for Sports and Culture.
- x. Secretary Sports and Culture.
- xi. Joint Secretary Sports and Culture.
- xii. Director General Pakistan Sports Board.
- xiii. Ministers of Sports of all the Four Provinces.

RULE 10

FACILITIES

The concerned Provincial Olympic Association / Organizing Committee of the National Games shall provide the following facilities during the National Games:-

10.1 PROVINCIAL CONTINGENT

The Provincial Contingents including the competitors, team officials and the contingent officials like Chef de Mission Deputy Chef de Mission and Secretary if the strength of the Contingent is more than 200 persons, Doctor and the Treasurer etc. shall be eligible for the following facilities:-

i. LODGING

Accommodation shall be provided in a suitable hotel for 9 days (if the Games are for 7 days – 1 day before and 1 day after the Games). The Contingent Officials mentioned above shall stay with their contingents in the same hotel where other members are accommodated.

ii. DAILY ALLOWANCE

- a. Rs.500/- (minimum) per day per head for participating Provincial Contingents (athletes / competitors and team officials) for 9 days or actual whichever is less.
- b. The Contingent Officials will be entitled to Rs.700/- (minimum) per head per day for 9 days.

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- c. Daily Allowance Rules shall be revised after every two years for all categories.

iii. TRANSPORT

- a. The Provincial Chef de Mission will be entitled for a dedicated car.
- b. Dy. Chef de Mission and Secretary of the Provincial Contingent one Car.
- c. For movement of other officials of Provincial Contingent during the Games one Van for each Participating Province.
- d. The Team Officials and Athletes of Provincial Contingents to be provided transport on arrival/departure and during the Games.
- e. In case transport is not provided to the team officials and athletes of Provincial contingent the daily conveyance allowance shall be Rs.200/- (minimum) instead of Rs. 100/- per day per person.
- f. In any case, the Provincial Chef de Mission and the Contingent Officials shall be provided atleast one Car and one Van each participating Province.

10.2 TECHNICAL OFFICIALS

Optimum number of Technical Officials shall be nominated by the concerned National Sports Federations whose strength shall be finalized in the meeting of the Secretaries of the National Sports Federations to be held 2 months and 15 days prior to the National Games respectively. Efforts will be made by the National Sports Federations to acquire the services of maximum number available from the host city / province who are technically qualified to act as Technical Officials during the National Games.

i. TRAVELING ALLOWANCE

The Technical Officials belonging to out-stations shall be entitled to 1st Class Railway Sleeper both ways from the Provincial Headquarters to which they belong upto the city of the National Games.

ii. ACCOMMODATION

A suitable hotel accommodation will be provided to each Technical Official coming from outstation. The list of the Technical Officials would be preferably decided in the first meeting of the Secretaries 2 months before the Games clearly identifying as to which official would be required to provide hotel accommodation and in what manner?

iii. DAILY ALLOWANCE AND CONVEYANCE ALLOWANCE

- a. Daily Allowance to Technical Officials will be Rs.600/- (minimum) per head per day for 9 days or actual whichever is less.
- b. Conveyance to and from the playing area to residences shall be provided to Technical Officials or in lieu thereof conveyance allowance shall be given for the number of days they stay during the Games for performance of their duties including the arrival/departure day @ Rs.200/- per day per person.

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RULE 11

FACILITIES TO THE PRESIDENT & SECRETARIES OF THE NATIONAL SPORTS FEDERATIONS, PARTICIPATING UNITS, POA OFFICIALS

- 11.1 Reimbursement of Economy Class return Air Ticket.
- 11.2 Daily Allowance at Rs.1000/- (minimum) per head per day to the Presidents / Secretaries of National Sports Federations, Participating Units and POA Officials for 9 days or actual whichever is less.
- 11.3 Chauffeur driven car for maximum 9 days or Rs.600/- per head per day as Conveyance Allowance in case the car is not made available for 9 days or for the actual number of days.
- 11.4 Atleast 3-Star (A.C) hotel accommodation to the Presidents and Secretaries of the National Sports Federations as well as those of all Participating Units for maximum 9 days or as per their actual stay.
- 11.5 The President, Secretary General/Chairman/Members of POA Sports Commission and other Senior Officials appointed by the POA for the National Games shall be entitled to the same facilities as in the case of Presidents and Secretaries of the National Sports Federations.

11.6 EVALUATION AND TABULATION COMMITTEE

The Chairman and Members of the Evaluation and Tabulation Committee shall be entitled to the same facilities as admissible to the President and Secretaries of the National Sports Federations.

11.7 SUPPROTING STAFF FOR THE EVALUATION AND TABULATION COMMITTEE

The staff appointed by the Secretary General POA to assist the Evaluation and Tabulation Committee shall be entitled to the same facilities as provided for the Technical Officials, and they will work in close coordination with the Chairman, Evaluation and Tabulation Committee.

RULE 12

SEATING ARRANGEMENTS

The Organizing Committee will ensure that the President NOC Pakistan, IOC Member in Pakistan, Vice Presidents, Secretary General, Associate Secretaries General, Treasurer or any other office-bearer of NOC Pakistan and the Presidents of all the National Sports Federations and of all the Participating Units are seated in VVIP Block. However, the Secretaries and two other Senior office-bearers each of the National Sports Federations and of the Participating Units shall have seats in VIP Block.

RULE 13

JURIES

- 13.1 Each National Sport Federation whose sports discipline is included in the programme of the National Games shall appoint a Jury of Appeal to sort out and decide all technical matters related to their competitions.

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13.2 An overall Jury for the National Games shall be appointed by the President POA which shall be the final Court of Appeal for all matters related to the Games. The verdict of this July shall be final and binding on all.

RULE 14

MISCELLANEOUS

14.1 The competitions in each sports discipline during the National Games shall not be titled as "NATIONAL CHAMPIONSHIP" of the concerned sport.

14.2 A plaque to be provided by the Organizing Committee and a Role of Honour to be provided by POA shall be awarded by the Chief Guest on the Closing Ceremony to the Athlete(s) / Competitor(s) who better the existing National Record(s).

14.3 Whereas Quaid-e-Azam Trophy is to be awarded to the best Participating Unit of the National Games, a Runners-up Trophy to be provided by President POA shall be awarded to the second best Participating Unit at the Closing Ceremony by the Chief Guest.

14.4 A Fair Play Trophy to be provided by the Organizing Committee shall be awarded at the Closing Ceremony by the Chief Guest to a Participating Unit (preferably a Province) who displays the best disciplines and sportsmanship during the Games.

Muhammad Khalid Mahmood
Secretary General
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Copy to:-

- Lt Gen (R) Syed Arif Hasan, HI(M), President POA.
- Syed Aqil Shah, Chairman, POA Sports Commission
- Ch. Muhammad Yaqoo, Chairman, POA Constitution and Affiliation Committee
- Mr. Ali Raza, Senior Legal Advisor, POA.

Distribution:

- Secretaries General of National Sports Federation.
- Secretaries General/Director of Services and Departmental Organization.
- Secretaries General of Provincial Olympic & Other Association.
- Chairman, POA Athletes Commission.
- Individual and Lady Members, POA.