19TH ASIAN GAMES HANGZHOU, CHINA 23 SEP - 8 OCT 2023 COMPETITION SCHEDULE

#	Sport	Contesting Individual / Team	Event	Local Time	Pak Time	Venue
(hours) (hours)						
1	Sports Climbing	Mr. Zaheer Ahmed Fazal wadood. MS. Amani Janat	Men&Women'S B&L Qualification Boulder	0900	0600	Shaoxin Keqiao Yangshan Sport Climbing Centre
2	Weightlifting	Usman Amjad Rathore	Men's 109 Kg	1000	0700	Xiaoshan Sports Centre Gymnasium
3	Sports Climbing	Mr. Zaheer Ahmed Fazal wadood. MS. Amani Janat	B&L Qualification _Lead Isolation Open/Close	1200	0900	Shaoxin Keqiao Yangshan Sport Climbing Centre
4	Sports Climbing	Mr. Zaheer Ahmed Fazal wadood	Men'S Observation of Lead	1330	1030	Shaoxin Keqiao Yangshan Sport Climbing Centre
5	Sports Climbing	MS. Amani Janat	Women Observation of Lead	1340	1040	Shaoxin Keqiao Yangshan Sport Climbing Centre
6	Sports Climbing	Mr. Zaheer Ahmed Fazal wadood. MS. Amani Janat	Men&Women'S B&L Qualification _Lead	1350	1050	Shaoxin Keqiao Yangshan Sport Climbing Centre
7	Karate	Fakhar Un Nisa vs Chan Li Qiaoqiao	Women's Kumite - 68kg	1400	1100	Linping Sports Centre Gymnasium KTE Tatami 1