

PAKISTAN OLYMPIC ASSOCIATION



# 2024 ACTIVITY REPORT





## PAKISTAN OLYMPIC ASSOCIATION

### ACTIVITY REPORT OF NOC PAKISTAN

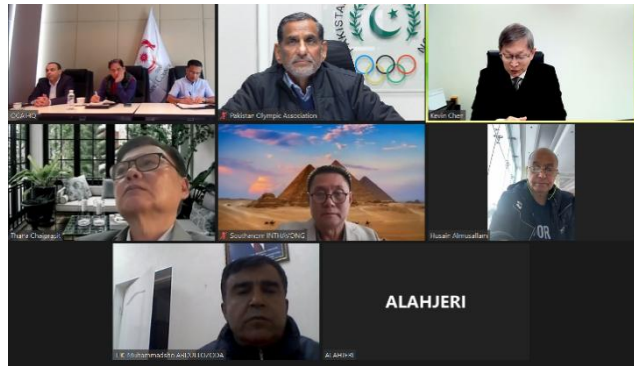
#### JANUARY – DECEMBER 2024

It is my pleasure to present the Activity Report for the period of January to December 2024.

#### JANUARY 2024

#### ONLINE OCA FINANCE COMMITTEE MEETING – 04 JANUARY 2024

Mr. Muhammad Khalid Mahmood, Secretary General POA attended the Online OCA Finance Committee Meeting as its Member on 04 January 2024.



#### Paris 2024 - GAMES MANAGEMENT SYSTEM ONLINE SESSION - 17 JANUARY 2024

Mr. Imran Ahmad Khan, Manager Games Services attended the online session of Paris 2024 Games Management System held on 17 January 2024.

#### VISIT OF DELEGATES FROM SOUTH SUDAN OLYMPIC ASSOCIATION AT PAKISTAN OLYMPIC HOUSE, LAHORE - 22 JANUARY 2024

M/s Stephen Juma Lugga, President, Dr. Tong Chor Malek DERAN, Secretary General, South Sudan Olympic Association and Mr. Shahid Sajjad Hussain, Sports Ambassador South Sudan and Honorary Consul General, Pakistan in South Sudan visited Pakistan



Olympic House, Lahore on 22 January 2024. Syed Mohammad Abid Qadri Gillani,



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President, Mr. Muhammad Khalid Mahmood, Secretary General, Mr. Muhammad Jahangir, Deputy Secretary General and Mr. Muhammad Shafiq, Treasurer POA welcomed and presented Souvenir to delegates.

### **POA MEDICAL COMMISSION MEETING - 25 JANUARY 2024**

A meeting of the POA Medical Commission was held on January 25, 2024, at Pakistan Olympic House Lahore under the chairmanship of Dr. Syed Meesaq Hussain Rizvi to meet and greet and to discuss the plans and activities of 2024.



Syed Muhammad Abid Qadri Gillani, President and Mr. Muhammad Khalid Mahmood, Secretary General Pakistan Olympic Association also met with the participants and discussed the future plans of the Medical Commission.

## **FEBRUARY 2024**

### **IOC DIPLOMA IN SPORTS NUTRITION (FEB 2024 - NOV 2025) DR MUHAMMAD HASHIM, MEMBER OF POA MEDICAL COMMISSION**

Dr. Muhammad Hashim, a member of the POA Medical Commission, has successfully enrolled and received approval from the International Olympic Committee (IOC) for the Olympic Solidarity (OS) Scholarship. This scholarship enables his participation in the online IOC Diploma in Sports Nutrition.



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### **ONLINE CGF PRESIDENT Q&A SESSION – ASIA 02 FEBRUARY 2024**

Mr. Muhammad Khalid Mahmood, Secretary General CGA Pakistan attended the Online CGF President Q&A Session on 02 February 2024. Mr. Chris Jenkins OBE, President CGF chaired the Session.



### **EMERGENT EXECUTIVE COMMITTEE MEETING OF POA – 06 FEBRUARY 2024**

An emergent Executive Committee meeting of POA was held in both virtual and physical modes on 06 February 2024 convened by Syed Mohammad Abid Qadri Gillani, President POA at Pakistan Olympic House, Lahore to consider and decide the important matters and report on recent Developments / Actions on South Asian Games etc.



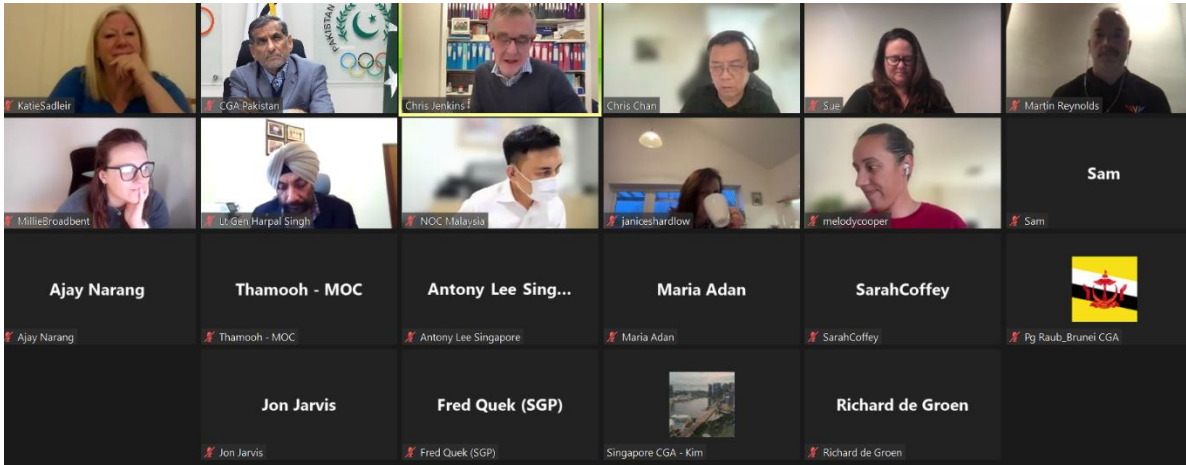




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### **ONLINE CGF ASIA REGIONAL MEETING – 19 FEBRUARY 2024**

Mr. Muhammad Khalid Mahmood, Secretary General CGA Pakistan attended the Online CGF Asia Regional Meeting on 19 February 2024. Mr. Chris Jenkins OBE, President CGF presided the Meeting.



### **ONLINE CGA COMMUNICATIONS GROUP - 21 FEBRUARY 2024**

Mr. Muhammad Abubakar Ali Manager Media & Marketing POA attended the Online CGA Communications Group on 21 February 2024.

### **ONLINE MEETING REGARDING 14TH SOUTH ASIAN GAMES - 23 FEBRUARY 2024**

An online meeting of POA and IPC was held on 23 February 2024 to discuss holding of 14<sup>th</sup> South Asian Games in Pakistan. The following attended:-

- Syed Mohammad Abid Qadri Gillani, President POA
- Mr. Muhammad Khalid Mahmood, Secretary General, POA





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- Mr. Nadeem Irshad Kiyani, Federal Secretary, Ministry of IPC

### **CGF MEETING FOR THE eqUIP INTERNSHIP PROGRAMME IN NADI, FIJI - 20-24 FEBRUARY 2024**

Ms. Ayesha Salman, Intern, attended the Meeting/Workshop, eqUIP Internship Programme held on 20-24 February 2024 in Nadi, Fiji.



### **OVEP - TRAIN THE TRAINER WORKSHOP - 26- 29 FEBRUARY 2024 AT LAUSANNE**

Dr. Syed Meesaq Hussain Rizvi, Chair of the POA Medical Commission, participated in the OVEP (Olympic Values Education Programme) Train the Trainer Workshop, held from February 26 to 29 in Lausanne, Switzerland.



### **INFORMATIVE WEBINAR ON THE OPENING AND CLOSING CEREMONIES OF PARIS OLYMPIC GAMES - 27 FEBRUARY 2024**

The online informative session on the Opening and Closing Ceremonies of Paris 2024 organized by the Organizing Committee of the Games on 27 February 2024 was attended by the Manager Games Services, NOC Pakistan.





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### **PARIS 2024 - IOC IF/NOC MEDICAL COMMISSION CHAIRPERSONS MEETING - 27-28 FEBRUARY 2024**

Dr. Syed Meesaq Hussain Rizvi, Chair Medical Commission of NOC Pakistan attended the IOC IF/NOC Medical Commission Chairpersons Meeting (online) on 27-28 February 2024 in connection with Paris 2024 Olympic Games

### **MEETING OF POA ACTION COMMITTEE AND SUB-COMMITTEE ON HARASSMENT AND ABUSE IN SPORTS ON - 28 FEBRUARY 2024**

An online Meeting of POA Action Committee and Sub Committee on Harassment and Abuse in Sport was held on 28 February 2024 at Pakistan Olympic House, 2-Hameed Nizami (Temple) Road Lahore under the chair of Ms. Fatima Lakhani, Vice President POA to discuss the complaint of WAPDA Karate Athletes.

## **MARCH 2024**

### **IOC CERTIFICATE IN DRUGS IN SPORT (MARCH - SEPTEMBER 2024) DR. HAFSA SHOAIB**

Dr. Hafsa Shoaib, a member of the POA Medical Commission, has successfully enrolled and received approval from the International Olympic Committee (IOC) for the Olympic Solidarity (OS) Scholarship. This scholarship enables her participation in the online IOC Certificate in Drug in Sport Program.

### **1ST CDM MEETING OF 6TH ASIAN INDOOR AND MARTIAL ARTS GAMES - 03-05 MARCH 2024**

Mr. Muhammad Khalid Mahmood, Secretary General, NOC Pakistan attended the 1<sup>st</sup> Chef de Mission Meeting of 6<sup>th</sup> Asian Indoor and Martial Arts Games held from 3-5 March 2024 in Bangkok





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### **PARIS 2024 - MEETING WITH DIRECTOR ALLIANCE FRANCAISE LAHORE - 07 MARCH 2024**

Mr. Fabrice Disdier, Director Alliance Francaise Lahore-Pakistan, a representative of French Embassy in Islamabad visited Pakistan Olympic House Lahore on 08 March 2024 and met with Mr. Muhammad Khalid Mahmood, Secretary General NOC Pakistan to know about the information of number of athletes, officials and media personnel participating in the Paris 2024 Olympic Games. The Secretary General NOC Pakistan also shared NOC's plan for holding an event in June 2024 at Lahore for the promotion of Paris 2024 inviting the qualified athletes, stakeholders and media factions. Mr. Fabrice informed that French Embassy is also planning to hold a reception for the qualified Athletes in Islamabad in July 2024.



### **MEETING WITH NSF's FOR 14<sup>TH</sup> SOUTH ASIAN GAMES - 09 MARCH 2024**

The NOC Pakistan organized a meeting with the National Sports Federations concerned on 09 March 2024 at Pakistan Olympic House inviting them to provide basic important information of their sport for the preparation and conduction of the 14<sup>th</sup> South Asian Games. Presentations were made by all NSF's to the NOC Pakistan which will further be discussed with the Ministry of IPC / Pakistan Sports Board to proceed further.







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### **OCA SPORTS COMMITTEE - 11 MARCH 2024**

Mr. Shaukat Javed, Vice President, NOC Pakistan attended the meeting of OCA Sports Committee as its Member which was held on 11 March 2024 (online) to discuss the agenda points set by the OCA for the meeting.

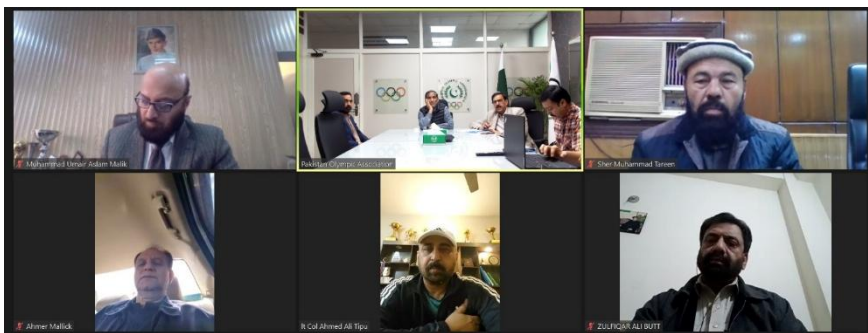
### **COMMONWEALTH DAY CELEBRATION – 11 MARCH 2024**

Commonwealth Day on March 11, 2024, was commemorated digitally, with the posting of photographs showcasing prominent athletes from Pakistan.



### **MEETING OF THE MANAGEMENT COMMITTEE FOR THE SPORT OF CYCLING – 12 MARCH 2024**

The Meeting of the Management Committee for Sport of Cycling in Pakistan was held on 12 March, 2024 at Pakistan Olympic House, Lahore under the chairmanship of Syed Mohammad Abid



Qadri Gillani. The purpose of the meeting is to discuss and resolve internal disputes within the Cycling units by forming an independent Election Commission and to conduct the elections of Pakistan Cycling Federation by inviting all departments, services and Provincial Associations affiliated with PCF.



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### **MEETING WITH NATIONAL RIFLE ASSOCIATION OF PAKISTAN - 13 MARCH 2024**

A meeting was convened on 13 March 2024 at Pakistan Olympic House, Lahore between Secretary General NOC Pakistan and Executive Vice President, National Rifle Association of Pakistan for the preparation and participation of Shooting Contingent in the Paris 2024 Olympic Games.

### **COORDINATION MEETING WITH FEDERAL SECRETARY IPC FOR HOLDING THE 14<sup>TH</sup> SOUTH ASIAN GAMES IN PAKISTAN - 19 MARCH 2024**

A coordination meeting between Pakistan Olympic Association (POA) and the Ministry of Inter-Provincial Coordination (IPC) was convened on 19 March 2024 at Pakistan Olympic House, Lahore to discuss the



preparatory plan and conduct of the competitions for hosting the 14<sup>th</sup> South Asian Games in Pakistan. The delegation of IPC was briefed in detail through the presentation.

### **DISCUSSION ON OCA CONSTITUTIONAL REFORMS – SOUTH ASIA - 21 MARCH 2024**

On 21 March 2024, Lt Gen (R) Syed Arif Hasan, the OCA Vice President, led discussions concerning OCA Constitutional Reforms for the National Olympic Committees (NOCs) of South Asia. Mr. Muhammad Jahangir, Deputy Secretary General of NOC Pakistan, participated in the discussion.





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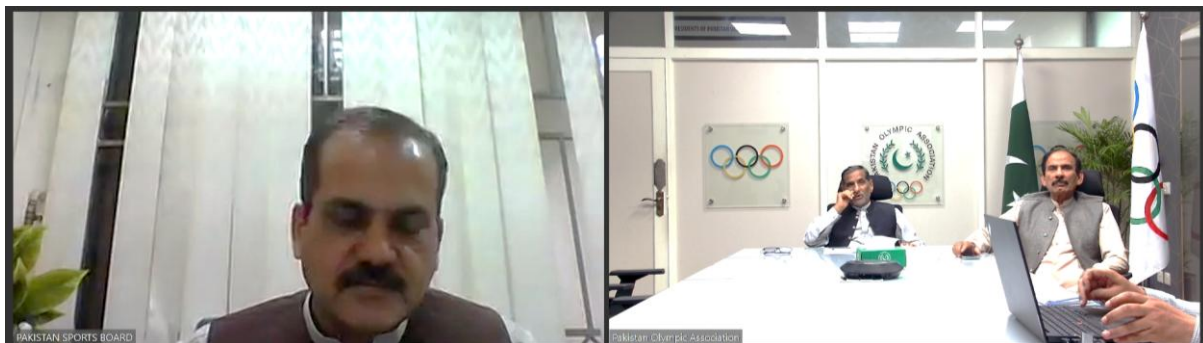
### **5TH MEETING OF POA ATHLETES COMMISSION – 21 MARCH 2024**

The 5th Meeting of the POA Athletes Commission, chaired by Mr. Muhammad Inam, convened on 21 March 2024, marked by significant deliberations. The Commission precisely reviewed data and information received from National Federations' Athletes Commissions at the POA Secretariat. The Commission recommended initiating reminders to the remaining National Federations to promptly provide the required information. Furthermore, discussions were held regarding collaborative activities slated for 2024, aiming to enhance coordination between the Athletes Commission and the POA. These discussions underscore our commitment to fostering a dynamic and supportive environment for athletes across various disciplines.



### **COORDINATION MEETING WITH PSB FOR PARIS 2024 AND 6<sup>TH</sup> ASIAN INDOOR & MARTIAL ARTS GAMES - 26 MARCH 2024**

An online coordination meeting between Pakistan Olympic Association (POA) and the Pakistan Sports Board (PSB) was convened on 26 March 2024 to discuss the preparation plan for participation in the Paris 2024 Olympic Games and 6<sup>th</sup> Asian Indoor & Martial Arts Games.



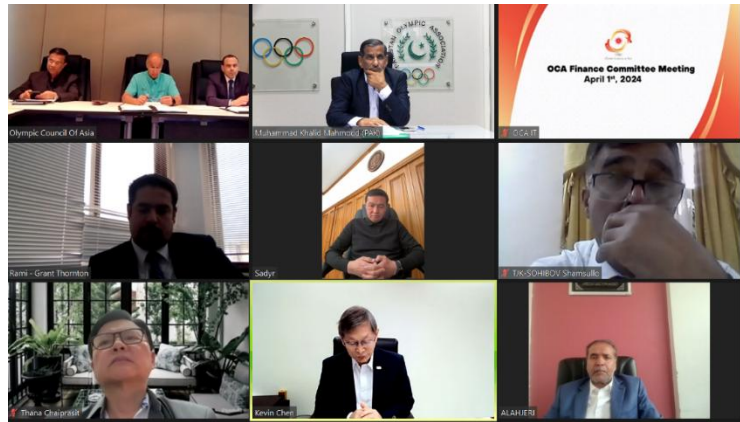


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**APRIL 2024**

### **ONLINE OCA FINANCE COMMITTEE MEETING – 01 APRIL 2024**

Mr. Muhammad Khalid Mahmood, Secretary General POA attended the Online OCA Finance Committee Meeting as its Member on 01 April 2024.



### **OS - YOUTH ATHLETE DEVELOPMENT PROGRAMME - UWW ACCLIMATIZATION CAMP IN BISHKEK (KGZ) - 3RD TO 11TH APRIL 2024**

Olympic Solidarity, in collaboration with United World Wrestling (UWW), organized an Acclimatization Camp at the Izabekov Wrestling Academy in Bishkek (KGZ) from 3<sup>rd</sup> to 11<sup>th</sup> of April 2024. This initiative was designed to help prepare athletes for the Asian Championships (11-16 April) and the Asian Olympic Games Qualifier (18 – 21 April). Muhammad Inam, Muhammad Bilal, Muhammad Abdullah attended the subject Camp.

### **ONLINE OCA SPORTS AND ENVIRONMENT COMMITTEE MEETING – 04 APRIL 2024**

Lt Col (R) Waseem Ahmed attended the Online OCA Sports and Environment Committee Meeting as its Member on 04 April 2024.





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### **LUMBINI PEACE MARATHON AT NEPAL IN CONNECTION WITH INTERNATIONAL DAY OF SPORTS FOR DEVELOPMENT AND PEACE - 05-06 APRIL 2024**

The Nepal Olympic Committee organized the Peace Marathon 2024, along with a Walkathon, a Demonstration of sports played during the Buddha period, a Talk Show, and a World Peace Prayer & Lighting ceremony, all dedicated to promoting global peace. These events took place in Lumbini, Nepal—the birthplace of Buddha and a symbol of world peace—on April 5-6, 2024. Mr. Aamir Shahzad, Marathon Runner and Mr. Abdul Ghaffar Gujjar, Coach attend the marathon.



### **International Day of Sports for Development and Peace - 06 April 2024**

International Day of Sport for Development and Peace," NOC Pakistan partnered with national sport federations and the Pakistan Olympic Association organize a remarkable celebration. The event, featuring the inspiring #WhiteCard campaign, was held in cities across Pakistan and had a profound impact on participants and the community. Esteemed athletes, sports ambassadors, and influential figures joined the festivities, while enthusiastic children from different





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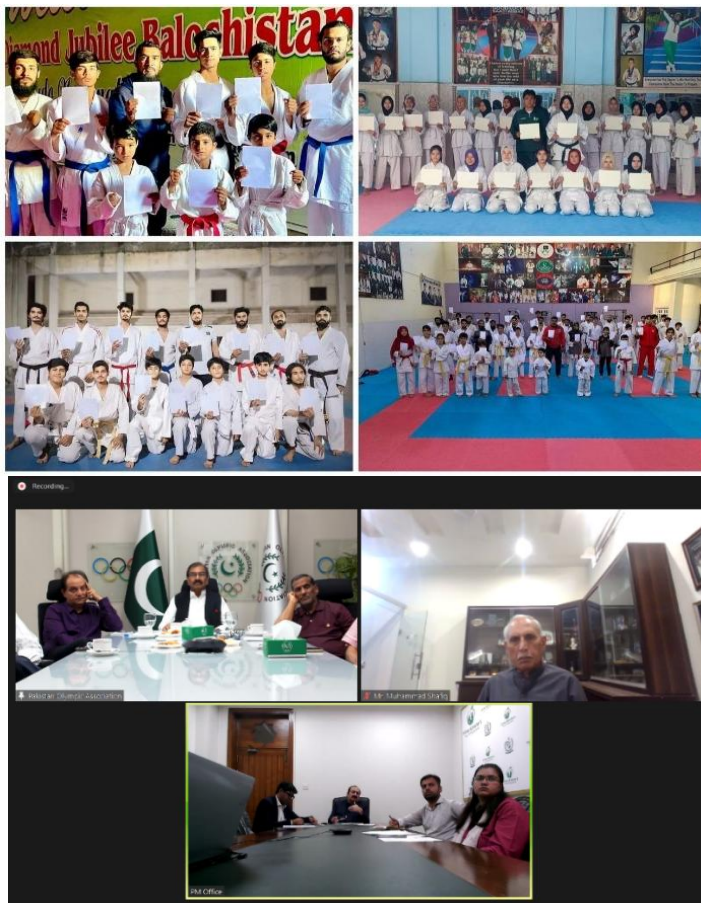
schools embraced the campaign, symbolizing the enduring spirit of peace and sportsmanship.

### **MEETING WITH CHAIRMAN, PM YOUTH AFFAIRS, GOVT. OF PAKISTAN - 16 APRIL 2024**

An online meeting was organized by the Pakistan Olympic Association with Chairman, PM Youth Programme, Government of Pakistan on 16 April 2024 at 1545. The following attended:

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- Mr. Rana Mashhood Ahmad Khan, Chairman, PM Youth Programme, Govt. of Pakistan
- Syed Mohammad Abid Qadri Gillani, President POA
- Mr. Muhammad Khalid Mahmood, Secretary General, POA
- Mr. Muhammad Shafiq, Treasurer, POA
- Mr. Muhammad Jahangir, Dy. Secretary General, POA
- Mr. Ahmer Mallick, Associate Secretary General, POA



The Secretary General, Pakistan Olympic Association gave a comprehensive briefing on POA, participation of Pakistan in the Paris 2024 Olympic Games, holding of 14<sup>th</sup> South Asian Games in Pakistan and the 35<sup>th</sup> National Games 2024.

### **ONLINE CGF PRESIDENT Q&A SESSION – ASIA - 16 APR 2024**

Mr. Muhammad Khalid Mahmood, Secretary General CGA Pakistan attended Online CGF President Q&A Session – Asia held on 16 Apr 2024



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### **MEETING WITH CHAIRMAN, PM YOUTH AFFAIRS, GOVT. OF PAKISTAN - 18 APRIL 2024**

In continuation to the meeting of 16 April 2024, another online meeting was held with Chairman, PM Youth Programme, Government of Pakistan, Federal, Secretary IPC, Director (Sports) HEC on 18 April 2024 at 1030 hours. The following attended: -

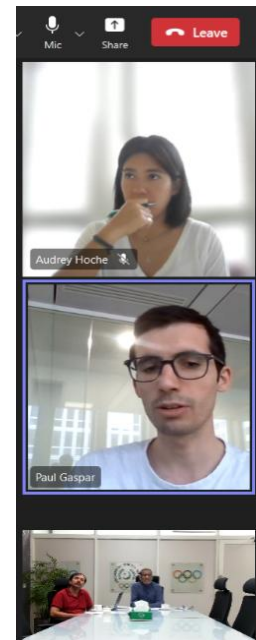
- Mr. Rana Mashhood Ahmad Khan, Chairman, PM Youth Programme, Govt. of Pakistan
- Mr. Nadeem Irshad Kayani, Federal Secretary, IPC
- Mr. Muhammad Khalid Mahmood, Secretary General, POA
- Mr. Javed Ali Memon, Director (Sports), Higher Education Commission



The preparation and participation of Pakistan in the Paris 2024 Olympic Games, holding of 14<sup>th</sup> South Asian Games in Pakistan and the holding of 35<sup>th</sup> National Games 2024 was discussed. It was resolved that such coordination meetings should be held frequently for making decision and getting fruitful results.

### **PARIS 2024 - PRE DELEGATION REGISTRATION MEETING (PRE-DRM) - 22 APRIL 2024**

The Pre-DRM of Pakistan was scheduled on 22 April 2024 by the Paris 2024 Olympic Games Organizing Committee. Mr. Paul Gaspar, NOC Relations Coordinator - Asia, Ms. Audrey Hoche, Accreditation Manager for NOC/NPC Services and Mr. Mario Mancinelli, Sport Entries Manager represented Paris 2024 whereas Mr. Muhammad Khalid Mahmood, Secretary General and Mr. Imran Ahmad Khan, Manager Games Services represented NOC Pakistan in this online meeting. The ETS, accreditation, sport entries, information on Etoile platform was discussed in detail during the meeting. The Paris 2024





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Team appreciated the work done and action taken within the given timeline by the NOC Pakistan.

### **WEBINAR #1 eqUIP TEAM 17 - MENTEES SOCIAL MEDIA SESSION, 23 APRIL 2024**

Mr. Muhammad Khalid Mahmood, Secretary General CGA Pakistan and Ms. Ayesha Salman, Intern, attended Webinar #1 eqUIP Team 17 - Mentees Social Media Session held on 23 April 2024

### **PARIS 2024 - INTERNATIONAL SECURITY BRIEFING # 2 - 23-24 APRIL 2024**

Mr. Kashif Jameel, Head of Chancery, Embassy of Pakistan in Paris / Olympic Attache of NOC Pakistan and Mr. Umer Younis, representative of Pak Embassy attended the Paris 2024 International Security Briefing held on 23 - 24 April 2024 in Paris.

### **PARIS 2024 - MEDICAL BRIEFING - 24 APRIL 2024**

Dr. Syed Meesaq Hussain Rizvi, Chairman, NOC Pakistan Medical Commission / Chief Medical Officer for Paris 2024 attended the Paris 2024 Medical Briefing on 24 April 2024.

### **PARIS 2024 - VISIT TO FRENCH EMBASSY ISLAMABAD - 24 APRIL 2024**

On the invitation of Mr. Mounir Slimani, Counsellor for Cooperation and Cultural Affairs of the French Embassy in Islamabad, Syed Mohammad Abid Qadri Gillani, President and Mr. Muhammad Khalid Mahmood, Secretary General NOC visited French Embassy on 24 April 2024. The embassy was updated about the expected participation of athletes, officials and media personnel from Pakistan. The NOC Pakistan also shared an idea of organizing a painting competition inviting students of schools / colleges to express their interpretations of the Paris 2024 Olympic Games through art, which was appreciated by the French Embassy.





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### **3<sup>RD</sup> MEETING OF THE MANAGEMENT COMMITTEE OF MIXED MARTIAL ARTS (MMA) - 26 APRIL 2024**

The 3<sup>rd</sup> Meeting of the Management Committee of Mixed Martial Arts (MMA) was held on 26 April 2024 under the chairmanship of Syed Wasim Uddin Hashmi, Vice President SOA/ Member POA Finance Committee at Pakistan Olympic House, Lahore to brief about formation(s) of Provincial Association(s)/Board(s) of Balochistan, KPK, Punjab, Sindh and Islamabad, participation of Mixed Martial Arts in the 6<sup>th</sup> Asian Indoor & Martial Arts Games, Bangkok, Thailand and draft constitution of Mixed Martial Arts of Pakistan as per constitution of NOC Pakistan, in line with directions of OCA and constitution of Asian Mixed Martial Arts Association (AMMA).



### **MAY 2024**

### **MEETING WITH KEY STRATEGIC PARTNERS FOR PLANNING ESPORTS ROADMAP - 07 MAY 2024**

The subject meeting was called by Rana Mashood Ahmad Khan, Chairman Prime Minister's Youth Programme on 07 May 2024 at Prime Minister's Office, Islamabad (Physically + Zoom) on the key agenda points i.e. Development of



E-Sports Policy, development of E-Sports Board, development of E-Sports Federation, holding E-Sports National Championship, strategy for development linkages with Global Partners of E-Sports and a sustainable roadmap for E-Sports. On behalf of POA, Mr. Rizwan Ul Haq Razi, Associate Secretary General POA attended the subject meeting,



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whereas Secretary General POA also joined on zoom and gave his view point and apprised the current status of E-Sports at NOC level.

### **POA Integrity Workshop: Fair Play and Beyond at Grand Pavilion, Golf & Country Club, Hall #7, Lahore Garrison, Lahore - 15-16 May 2024**

Pakistan Olympic Association launched its “POA Integrity Workshop: Fair Play and Beyond,” bringing together around 90 athletes, coaches, and officials to promote sportsmanship and integrity in athletics. The event opened with remarks from Ms. Rida Ahmed of the International Olympic Committee, who highlighted the importance of integrity in sports. Dr. Syed Meesaq Hussain Rizvi discussed anti-doping measures for Paris 2024, while Dr. Asad Abbas Shah demonstrated doping test result management. Their sessions reinforced transparency and fair play, emphasizing clean competition.

On the second day, Muhammad Inam, Chairman of the POA Athletes Commission, encouraged participants to actively engage. Ms. Rida Ahmed conducted a session on the prevention of competition manipulation, incorporating quizzes and activities. Mr. Hamdan Nazir led a discussion on safeguarding athletes from harassment and abuse. A panel discussion, along with a practical anti-doping demonstration, wrapped up the day. The event was live-streamed, expanding its impact, and concluded with remarks from POA Secretary General Muhammad Khalid Mahmood, thanking participants for their dedication to integrity and fair play.



### **MEETING OF INTER PROVINCIAL COORDINATION - 20 MAY 2024**

The Ministry of Inter Provincial Coordination (IPC) organized a meeting under the chairmanship of the Federal Secretary, Ministry of IPC, Government of Pakistan on 20



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May 2024 at 1100 hours in the Committee Room of Ministry of IPC, Kohsar Block, 2nd Floor, Pak Secretariat, Islamabad to discuss the holding of 14th South Asian Games in Pakistan, National Games and Inter Provincial Games. Syed Mohammad Abid Qadri Gillani, President and Mr. Muhammad Khalid Mahmood, Secretary General NOC attended this meeting.

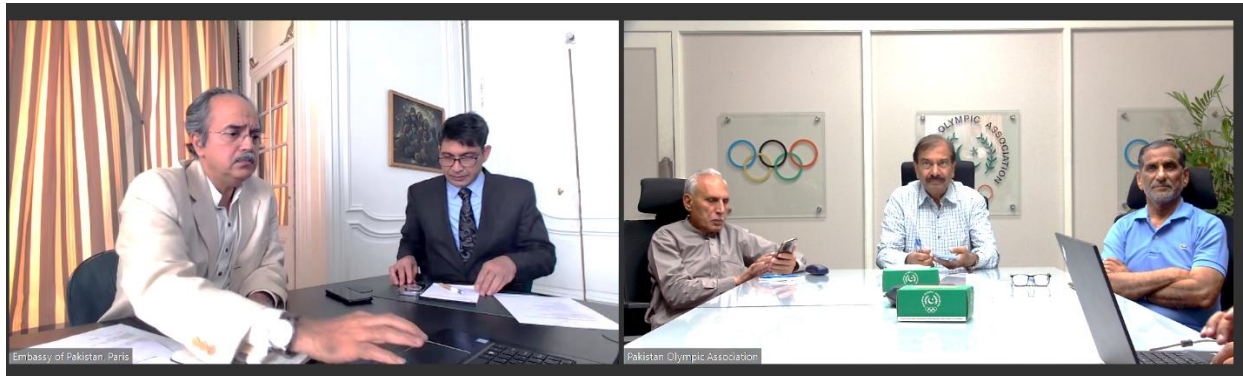
### **OCA GENDER EQUITY FOLLOW UP MEETING - 21 MAY 2024**

Ms. Fatima Lakhani, Vice President POA and Mr. Muhammad Khalid Mahmood, Secretary General POA attended the online OCA Gender Equity Follow Up Meeting held on 21 May 2024

### **MEETING WITH H.E. AMBASSADOR OF PAKISTAN IN PARIS - 23 MAY 2024**

The NOC Pakistan organized an online meeting with the Embassy of Pakistan in Paris for sharing updated information about the participation of Pakistan Contingent in the Paris 2024 Olympic Games. The following attended: -

- H.E. Mr. Asim Iftikhar Ahmad, Ambassador of Pakistan, Paris
- Syed Mohammad Abid Qadri Gillani, President NOC Pakistan
- Mr. Muhammad Khalid Mahmood, Secretary General, NOC Pakistan
- Mr. Muhammad Shafiq, Chef de Mission, Pakistan Contingent for Paris 2024
- Mr. Kashif Jameel, NOC Olympic Attache for Paris 2024 / Head of Chancery, Embassy of Pakistan in Paris





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### **4<sup>TH</sup> MEETING OF THE MANAGEMENT COMMITTEE OF MIXED MARTIAL ARTS (MMA) - 23 MAY 2024**

The 4<sup>th</sup> Meeting of the Management Committee of Mixed Martial Arts (MMA) was held in both virtual and physical modes on 23 May 2024 under the chairmanship of Syed Wasim Uddin Hashmi, Vice President SOA/ Member POA Finance Committee at Pakistan Olympic House, Lahore to brief about formation(s) of Provincial Association(s)/Board(s) of Balochistan, KPK, Punjab, Sindh and Islamabad, participation of Mixed Martial Arts in the 6<sup>th</sup> Asian Indoor & Martial Arts Games, Bangkok, Thailand.

### **MEETING REGARDING HOLDING OF 14TH SOUTH ASIAN GAMES IN PAKISTAN - 27 MAY 2024**

A meeting was organized under the chairmanship of Mr. Nadeem Irshad Kayani, Federal Secretary, Ministry of IPC on 27 May 2024 at 1200 hours in the Committee Room of Youth Affairs & Sports Department, Government of Punjab to discuss the holding of 14th South Asian Games in Pakistan. The Pakistan Olympic Association and all concerned National Sports Federations were invited to attend this important meeting for getting their feedback to proceed further in the matter.

## **JUNE 2024**

### **1ST COORDINATION MEETING FOR PARTICIPATION OF PAKISTAN CONTINGENT IN PARIS 2024 OLYMPIC GAMES - 01 JUNE 2024**

1<sup>st</sup> Coordination Meeting of all stakeholders was held on 01 June 2024 at Lahore under the Chairmanship of Syed Mohammad Abid Qadri Gillani, President, Pakistan Olympic Association on Saturday 01 June 2024 at 1230 hours at Lahore to discuss the preparation plan and other related arrangements for the participation of Pakistan Contingent in the Paris 2024 Olympic Games.





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### **17TH MEETING OF POA SPORTS COMMISSION - 03 JUNE 2024**

The 17th meeting of POA Sports Commission was held on 03 June 2024 under the chairmanship of Mr. Shaukat Javed, Chairman of POA Sports Commission at Pakistan Olympic House, Lahore to discuss various important matters as well as



participation of Pakistan Contingent in the upcoming Games. All members of the Commission and special invitees attended this meeting.

### **OS/OCA REGIONAL FORUM FOR SOUTH, CENTRAL & WEST ASIAN NOCS IN BAHRAIN - 05-06 JUNE 2024**

Mr. Muhammad Khalid Mahmood, Secretary General and Mr. Imran Ahmad Khan, Manager Games Services, NOC Pakistan attended the OS/OCA Regional Forum for South, Central & West Asian NOCs held from 5-6 June 2024 at Crowne Plaza Manama, Bahrain.

### **64th INTERNATIONAL SESSION FOR YOUNG OLYMPIC AMBASSADORS – ATHENS & OLYMPIA, GREECE - 08-21 JUNE 2024**

As part of its ongoing commitment to fostering Olympism and encouraging global cooperation, the International Olympic Academy (IOA) hosted the 64th International Session for Young Olympic Ambassadors from June 8 to 21, 2024, in Athens and Olympia, Greece. The event brought together young participants aged 20-30 from various countries, promoting friendship, collaboration, and the values of the Olympic movement.





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The session strongly encouraged the participation of Olympic medalists and athletes who have competed in the Olympic Games to share their experiences, contributing to a dynamic exchange of knowledge and inspiration.



Representing Pakistan, Mr. Muhammad Abubakar Ali, Manager Media & Marketing of the Pakistan Olympic Association (POA), and Syed Zadi Sidra Batool, a Taekwondo athlete, attended the session. Their involvement underscores Pakistan's dedication to nurturing young athletes and promoting the Olympic values of excellence, friendship, and respect.

### **GAPS BIRMINGHAM - PARA TABLE TENNIS & POWERLIFTING – 09 - 20 JUNE 2024**

Ms. Shama, Athlete and Ms. Sania Ali Coach, Para Table Tennis along with Mr. Ahmed Imran SHAMI Coach, Power Lifting selected to attend the GAPS Camp in Birmingham held on 09-20 June 2024 as part of the CGF GAPS Global programme at Birmingham.

### **SHORTLISTING OF THE PAINTING - OLYMPIC DAY & PARIS 2024 OLYMPIC GAMES- 11 JUNE 2024**

Pakistan Olympic Association (POA) organized a painting competition for students aged 13-17, celebrating Olympic Day and the Paris 2024 Olympic Games. Out of 101 outstanding submissions, the top 18 paintings were shortlisted on June 11, 2024, at POA House in Lahore. Our distinguished panel of judges came from prestigious institutions, including Lahore College for Women University (LCWU), Beaconhouse National University (BNU), Government College University (GCU), and Kinnaird College (KC).

### **VISIT OF PSB DELEGATION FOR SPORTS VENUES OF 14TH SAG - 13 JUNE 2024**

A two member delegation headed by Joint Secretary, Ministry of IPC and Dy. DG, Pakistan Sports Board visited Lahore on 13 June 2024 for the inspection of sports venues for the competitions of 14th South Asian Games proposed to be organized at Lahore. The representatives of the respective National Sports Federations briefed the delegation of



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Government of Pakistan and the representatives of POA about their competition venues for these games.

### **MEETING OF POA CONSTITUTION AND AFFILIATION COMMITTEE – 13 JUNE 2024**

The meeting of POA Constitution and Affiliation Committee was held in both virtual and physical modes on 13th June 2024 at Olympic House, Lahore under the chairmanship of Ch. Muhammad Yaqoob to discuss / consider various important constitutional matters including affiliation status of various sports and Model Constitution / Election of Islamabad Olympic Association.



### **OLYMPIC DAY CELEBRATION – 24 JUNE 2024**

The Pakistan Olympic Association (POA) celebrated Olympic Day at Lahore College for Women University with participation from athletes, Olympians, students, Executive Committee POA, NSF Officials, and Management of LCWU. Activities included walks, tree plantations, and a quiz for athletes and students. During the Ceremony an inspiring video message of Mr. Thomas Bach, President of the International Olympic Committee (IOC) was also shared. The event featured interactive quizzes on the Paris 2024 Games, speeches from



POA President Syed Mohammad Abid Qadri Gillani, and French Attaché Mr. Dylan Gelard, and concluded with a vote of thanks from the POA Secretary General.





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### **2ND COORDINATION MEETING REGARDING PARTICIPATION OF PAKISTAN CONTINGENT IN PARIS 2024 OLYMPIC GAMES - 26 JUNE 2024**

2nd Coordination Meeting of all stakeholders was held on 26 June 2024 at Lahore under the Chairmanship of Mr. Muhammad Shafiq, Chef de Mission, and Pakistan Contingent on 26 June 2024 at 1630 hours at Lahore to discuss about the updates and arrangements for the participation of Pakistan Contingent in the Paris 2024 Olympic Games.

### **MEETING IN CONNECTION WITH THE 14TH SAG - 27 JUNE 2024**

A meeting of IPC, PSB, Sports Board Punjab and POA was held on 27 June 2024 in the office of the Director General, Sports Board Punjab regarding the 14th South Asian Games in Pakistan in 2025. Secretary General, NOC Pakistan attended this meeting.

## **JULY 2024**

### **MEETING IN CONNECTION WITH THE 14<sup>TH</sup> SAG - 02 JULY 2024**

A meeting of Sports Board Punjab, National Sports Federations, Incharge of venues / departments and POA was held on 02 July 2024 at POA House, Lahore and discussed about proposed venues in depth to finalize the holding of the competition venues of the 14<sup>th</sup> South Asian Games in Pakistan in 2025. The meeting was attended by Director General, Sports Board Punjab, Secretary General, NOC Pakistan and representatives of NSFs concerned and incharge of the proposed venues.







## PAKISTAN OLYMPIC ASSOCIATION

### **EMERGENT EXECUTIVE COMMITTEE MEETING OF POA – 05 JULY 2024**

The Executive Committee meeting of POA was held in both virtual and physical modes on 05 July 2024 convened by Syed Mohammad Abid Qadri Gillani, President POA at Pakistan Olympic House, Lahore to consider and decide on the important matters, framing of Election Rules as per latest Constitution of POA, composition of Election Commission of POA and updation on recent Developments / Actions on South Asian Games etc.



### **AN EVENING OF ACKNOWLEDGEMENT – 05 JULY 2024**

NOC Pakistan organized a “Dinner Reception” in the honor of Lt. Gen (R) Syed Arif Hasan HI(M), former President Pakistan Olympic Association on 05 July 2024 at Grand Pavilion, Golf & Country Club, Lahore Garrison, Lahore.

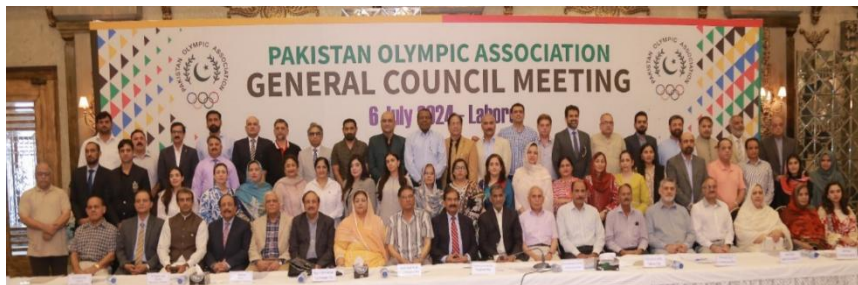




## PAKISTAN OLYMPIC ASSOCIATION

### **GENERAL COUNCIL MEETING OF NOC PAKISTAN – 06 JULY 2024**

The General Council Meeting of NOC Pakistan was held on 06 July 2024 in both virtual and physical modes at Grand Pavilion, Golf & Country Club, Lahore Garrison,



Lahore under the chairmanship of Syed Mohammad Abid Qadri Gillani, President NOC Pakistan where matters relating to sports, participation in the International events – 2024 - 2025, Paris 2024 Olympic Games, 26 July - 11 August, 2024, holding of 35th National Games in 2025, 14th South Asian Games in Pakistan 2025, Election Rules as per latest Constitution of POA, composition of Election Commission of POA, Situation of Olympic Movement in Pakistan and other important matters were discussed / approved.

### **PARIS 2024 - RECEPTION AT FRENCH EMBASSY ISLAMABAD - 08 JULY 2024**

A reception was given to the Pakistan Contingent by the French Embassy in Islamabad on 08 July 2024 which was attended by all the participants of the Games except those who were abroad for their training.

### **ITF/OLYMPIC SOLIDARITY SPORT SPECIFIC TRAINING COURSE FOR TENNIS COACHES, LA ELIANA, VALENCIA, SPAIN – VIRTUAL 29 APRIL – 7 JUNE AND PHYSICAL 8-19 JULY 2024**

Ms. Sara Mansor, Tennis Coach has completed the ITF / OS Sport Specific Training Course for Tennis Coaches. First module was held online on 29 April to 07 June 2024 and in person module was organized from 08-19 July 2024 at La Eliana, Valencia, Spain.





## **PAKISTAN OLYMPIC ASSOCIATION**

### **PARIS 2024 - ONLINE MEETING WITH PAKISTAN EMBASSY IN FRANCE 10 JULY 2024**

An online meeting between NOC Pakistan and the Pakistan Embassy in France was conducted on 10 July 2024 which was attended by President, Secretary General NOC Pakistan and H.E. Ambassador, Embassy of Pakistan in France and NOC Olympic Attache. The important information and final participation of Pakistan contingent was shared.

### **OCA WORLD TRIATHLON ASIAN YOUTH CAMP, KAMPAR MALAYSIA (10-17 JULY 2024)**

Ms. Ayesha Waqas, Athlete, Mr. Hamood Naeem, Athlete and Mr. Abdul Ghaffar Gujjar, Coach, Triathlon selected to attend the OCA World Triathlon Asian Youth Camp, held on 10-17 July 2024 at Kampar Malaysia.





## PAKISTAN OLYMPIC ASSOCIATION

**PARIS 2024 OLYMPIC GAMES - 26 JULY - 11 AUGUST 2024**







## PAKISTAN OLYMPIC ASSOCIATION





## PAKISTAN OLYMPIC ASSOCIATION

The vibrant city of Paris became the epicenter of global sporting excellence as the Olympic Games unfolded from July 26 to August 11, 2024. Among the nations present, Pakistan proudly participated with a contingent of 17 athletes and officials, accompanied by an IOC-certified welfare officer, ensuring holistic support for the team throughout the Games.

Pakistan's representation featured seven athletes competing across three sports—Athletics, Shooting, and Swimming.

### Our Athletes

#### Athletics

- Arshad Nadeem
- Faiqa Riaz

#### Shooting

- Ghulam Mustafa Bashir
- Gulfam Joseph
- Kishmala Talat

#### Swimming

- Muhammad Ahmad Durrani
- Jehanara Nabi

### A Memorable Opening Ceremony

Paris illuminated its iconic River Seine and Trocadéro on Friday, July 26, 2024, at 19:30 CEST, as the Games began with a breathtaking opening ceremony. Arshad Nadeem and Jehanara Nabi had the honor of leading the Pakistani contingent as flag bearers, showcasing Pakistan's pride to the world.



## PAKISTAN OLYMPIC ASSOCIATION

### **Golden Glory: Arshad Nadeem's Historic Achievement**

The standout moment of Pakistan's journey was undoubtedly Arshad Nadeem's awe-inspiring performance. The javelin thrower secured Pakistan's first-ever Olympic Gold Medal in an individual sport, etching his name in history with a phenomenal throw of 92.97 meters, setting a new Olympic Record.

His remarkable achievement not only elevated Pakistan to 62nd position out of 206 participating National Olympic Committees (NOCs) but also reignited the nation's passion for sports, becoming a beacon of inspiration for generations to come.

### **A Proud Chapter for Pakistan**

The Paris 2024 Olympic Games were more than just a competition; they were a testament to the resilience, talent, and unwavering spirit of Pakistan's athletes. From the track to the shooting range and swimming pools, our athletes proved that with dedication and determination, Pakistan can shine brightly on the global stage.

We celebrate their efforts and look forward to an even brighter future in the realm of sports!



## **PAKISTAN OLYMPIC ASSOCIATION**

**AUGUST 2024**

### **MEETING REGARDING HOLDING OF THE 14TH SOUTH ASIAN GAMES IN PAKISTAN - 21 AUGUST 2024**

The Secretary General, NOC Pakistan was invited to attend a meeting with the Director General, PSB on 21 August 2024 in Islamabad to discuss the holding of the 14th South Asian Games in Pakistan.

### **MEETING OF POA DISCIPLINARY COMMITTEE – 23 AUGUST 2024**

The meeting of POA disciplinary committee was held in both virtual and physical modes on 23rd August 2024 at Olympic House, Lahore under the chairmanship of Mr. Iftikhar Ahmad Tabassum to discuss email received from Senior Vice President (SVP) dated



on 11 March, 2024 and WhatsApp message sent to President POA, Non-Compliance of IOC / OCA Advisory for participation in unauthorized sports competitions of BRICS, and Children of Asia Games and case of Mr. Mudassar Razak Arain for removal of ban.

### **MEETING REGARDING HOLDING OF 35TH NATIONAL GAMES IN KARACHI - 28 AUGUST 2024**

On the invitation of the Sindh Olympic Association, the President and Secretary General, Pakistan Olympic Association attended the first meeting convened on 28 August 2024 in Karachi for discussion about holding the 35th National Games in Karachi.





## PAKISTAN OLYMPIC ASSOCIATION

### SEPTEMBER 2024

#### IOC CERTIFICATE SAFEGUARDING OFFICER IN SPORT COURSE – 1 SEP 2024 TO 30 APRIL 2025.

Ms. Laiba Masood, Athlete, Badminton has successfully enrolled and received approval from the International Olympic Committee (IOC) for the Olympic Solidarity (OS) Scholarship. This scholarship enables her participation in the online IOC Certificate Safeguarding Officer in Sport.



#### 44th OCA Elective General Assembly, Delhi, India - 08 September 2024

Syed Mohammad Abid Qadri Gillani, President and Mr. Muhammad Khalid Mahmood, Secretary General POA attended the 44th OCA Elective General Assembly Meeting held on 08 September 2024 at Delhi, India.



#### INTERNATIONAL COACHING ENRICHMENT CERTIFICATE PROGRAM (ICECP) VIRTUAL MODULE 08 APRIL – 01 JUNE 2024 AND PHYSICAL 08-26 SEP 2024 IN USA

Mr. Muhammad Inam, Wrestler nominated and enrolled for the International Coaching Enrichment Certificate Program (ICECP) organized by the US Olympic Committee with the scholarship of Olympic Solidarity. First module was held online on 08 April to 01 June 2024 and in person module was organized from 08-26 September 2024 at US Olympic Committee Training Center, Colorado Springs and University of Delaware, USA. Last module shall be organized in Lausanne, Switzerland in the month of April 2025.





## PAKISTAN OLYMPIC ASSOCIATION

### **MEETING WITH DIRECTOR GENERAL PAKISTAN SPORTS BOARD - 15 SEPTEMBER 2024**

A meeting was convened by POA with Mr. Muhammad Yasir Pirzada, Director General, Pakistan Sports Board on 15 September 2024 at the POA House, Lahore to discuss the holding of the 14th South Asian Games in Pakistan and other related matters. The meeting was also attended by the President and Secretary General, POA.



### **MEETING OF POA MEDICAL COMMISSION - 19 SEPTEMBER 2024**

A meeting of the POA Medical Commission was held on 19 September 2024 at the POA House, Lahore to discuss agenda points regarding roles and responsibilities, anti-doping awareness, educational activities, seminars, workshops / training programmes, calendar of activities, medical support and athlete health, monitoring and evaluation etc.



### **COMMONWEALTH SPORT ASIA & OCEANIA REGIONAL MEETING, MALE, MALDIVES, 22-23 SEPTEMBER 2024**

Syed Mohammad Abid Qadri Gillani, President and Mr. Muhammad Khalid Mahmood, Secretary General POA attended the Commonwealth





## PAKISTAN OLYMPIC ASSOCIATION

Sport Asia & Oceania Regional Meeting held on 22-23 September 2024 at Male, Maldives.

### **CDM MEETING FOR HARBIN ASIAN WINTER GAMES - 23 SEPTEMBER 2024**

The NOC Pakistan participated in the CDM Meeting online held on 23 September 2024, organized by the Organizing Committee of the 9th Asian Winter Games Harbin 2025.

### **MASTER'S DEGREE PROGRAM "OLYMPIC STUDIES, OLYMPIC EDUCATION" UNIVERSITY OF PELOPONNESE, GREECE - SEPTEMBER 24 - FEBURARY 26**

Ms. Khadija Tariq, Assistant Manager, HR & Admin POA nominated and enrolled for Master's Degree Program "Olympic Studies, Olympic Education" University of Peloponnese, Greece organized by the International Olympic Academy with the scholarship of Olympic Solidarity. First semester shall be held on 20 September 2024 to 23 November 2024 at IOA premises in Ancient Olympia, 2nd semester shall be held on 04 April -08 June 2025. Last semester shall be thesis from September 2025 to February 2026.



### **POA SPORTS COMMISSION MEETING - 26 SEPTEMBER 2024**

The 18th meeting of the POA Sports Commission was held on 26 September 2024 under the chairmanship of Mr. Shaukat Javed, Chairman of the Commission at the Pakistan Olympic House, Lahore. The meeting aimed to evaluate the performance of Pakistani athletes in the Paris 2024 Olympic Games and discuss the organization of national and international events in Pakistan.







## PAKISTAN OLYMPIC ASSOCIATION

### **MEETING OF POA CONSTITUTION AND AFFILIATION COMMITTEE – 27 SEPTEMBER 2024**

The meeting of POA Constitution and Affiliation Committee was held in both virtual and physical modes on 27th September 2024 at Olympic House, Lahore under the chairmanship of Ch. Muhammad Yaqoob to discuss / consider various important constitutional matters including request for restoration of Membership of Pakistan Netball Federation with POA, request of PJJF, request for the Affiliation of Pakistan Kick-Boxing Federation and request of Pakistan Judo Federation etc.



### **EXECUTIVE COMMITTEE MEETING OF POA – 28 SEPTEMBER 2024**

The Executive Committee meeting of POA was held in both virtual and physical modes on 28 September 2024 under the chairmanship of Syed Mohammad Abid Qadri Gillani, President POA at Pakistan Olympic House, Lahore to consider and



decide on the important matters, approval of recommendations of HR & Admin and Finance Committees for 2024 – 2025, holding of 14th South Asian Games in Pakistan, holding of 35th National Games in 2025, Asian Winter Games Harbin 2025 and Situation of the Olympic Movement of Pakistan etc.





## **PAKISTAN OLYMPIC ASSOCIATION**

### **INTERNATIONAL COACHING COURSE (ICC) 29 SEP-29 NOV 2024**

Ms. Sadaf Siddiqui, former Olympian and Coach Track and Field, Pakistan Army nominated and enrolled for the International Coaching Course organized by the Hungarian University of Sports Science (TF) in collaboration with IOC Olympic Solidarity. The course is scheduled from 29 September to 29 November 2024.



### **OCTOBER 2024**

### **IOC DIPLOMA IN SPORTS MEDICINE (OCTOBER 24 – MAY 26)**

Dr. Muhammad Aamir Sohail has successfully enrolled and received approval from the International Olympic Committee (IOC) for the Olympic Solidarity (OS) Scholarship. This scholarship enables his participation in the online IOC Diploma in Sports Medicine.



## **PAKISTAN OLYMPIC ASSOCIATION**

### **PARIS 2024 - RECEPTION AT FRENCH EMBASSY ISLAMABAD 10 OCTOBER 2024**

A reception was given by H.E. Nicolas Galey, Ambassador of France to Pakistan in honour of the Pakistani Delegation to the Paris 2024 Olympic and Paralympic Games and in the presence of Olympic Javelin Gold Medalist, Mr. Arshad Nadeem and Paralympic Discus Throw Bronze Medalist, Mr. Haider Ali on 10 October 2024 at his residence in Islamabad. Except swimming contingent who were busy in their National Championship, all participants of the Games attended the reception.

### **OCA COORDINATION COMMITTEE FOR 2025 ASIAN YOUTH GAMES TASHKENT 15-16 OCTOBER 2024**

Mr. Muhammad Khalid Mahmood, Secretary General, NOC Pakistan attended the 1<sup>st</sup> Meeting of the OCA Coordination Committee constituted for the 2025 Asian Youth Games Tashkent as member of the Committee held on 15-16 October, 2024 in Tashkent, Uzbekistan.

### **BREAST CANCER AWARENESS SEMINAR - 17 OCTOBER 2024**

POA Women Commission, under the Chairmanship of Fatima Lakhani, in collaboration with Syed Foundation, Colgate-Palmolive and Iqra University, Karachi organized a seminar on Breast Cancer Awareness at Iqra University Karachi on October 17, 2024. Leading medical professionals shared crucial insights on the disease, emphasizing the importance of early detection and regular screenings.





## PAKISTAN OLYMPIC ASSOCIATION

### **PRIZE DISTRIBUTION CEREMONY FOR PAINTING COMPETITION - 22 OCTOBER 2024**

The Pakistan Olympic Association (POA) organized a Painting Competition to celebrate Olympic Day and the upcoming Paris Olympic Games 2024. The competition targeted young artists aged 13-17 from leading schools and colleges across Pakistan. Invitations were disseminated nationwide on May 3, 2024, via email and POA's social media platforms.

By the submission deadline of May 31, 2024, a total of 105 entries were received. On June 11, 2024, a panel of esteemed art professionals shortlisted the Top 16 paintings. Winners in each category were announced on July 4, 2024 under the following themes:

#### Theme 1: Understanding Paris 2024

1. Maneeha Fatima – APS Girls, Lahore Cantt
2. Anique Islam – Daanish School (Boys), Chishtian
3. Ali Umer – Daanish School (Boys), Attock

#### Theme 2: Favorite Sport

1. Tabassam Nawaz – Daanish School (Girls), Attock
2. Hafsa Asif – Learning Alliance, Faisalabad
3. M. Faizan – Daanish School (Boys), Chishtian

#### Theme 3: Favorite Pakistani Athlete

1. Zahra Rafique – Daanish School (Girls), Chishtian
2. Atta-Ur-Rehman – Daanish School (Boys), Mianwali



## PAKISTAN OLYMPIC ASSOCIATION

### 3. Ammara Shaban – Divisional Public School, Lahore



The paintings were evaluated by a distinguished panel of experts, each bringing extensive experience and expertise from renowned art institutions. The panel included Mr. Zulfiqar Ali Zulfi, Former Director of Alhamra Art Council, Lahore; Prof. Dr. Samina Nasim, Principal of the College of Art & Design at the University of Punjab, Lahore; and Mr. Fabrice Disdier, Director of Alliance Française, Lahore. Joining them were Ms. Aisha Saddiqa, Chairperson of the Graphic Design Department at Lahore College for Women University, Ms. Amna Anwar, Assistant Professor of Fine Arts at GC University, Lahore, Ms. Mehr un Nisa Hassan, from the Sculpture Department at Beaconhouse National University, Lahore, and Ms. Minahil Tauseef, a faculty member in the Fine Arts Department at Kinnaird College, Lahore. Their combined perspectives ensured a fair and insightful assessment of the participants' creative expressions.

The prize distribution ceremony was held on 22 October 2024 at the Pakistan Olympic House, Lahore. Winners were awarded cash prizes and certificates in the presence of their parents, mentors, and POA office bearers. The event underscored POA's commitment to nurturing young talent and fostering a deeper connection with the Olympic spirit through art and creativity.





## PAKISTAN OLYMPIC ASSOCIATION

**NOVEMBER 2024**

### **XXVII ANOC GENERAL ASSEMBLY MEETING AT CASCAIS, PORTUGAL, 2024 - 28 OCTOBER -02 NOVEMBER 2024**

Syed Mohammad Abid Qadri Gillani, President and Mr. Muhammad Khalid Mahmood, Secretary General POA attended the XXVII ANOC General Assembly Meeting held at Cascais, Portugal, on 28 Oct-02 Nov 2024.

### **COMMONWEALTH SPORT GAPS CAMP, PORT LOUIS, MAURITIUS - 4-13 NOV 24**

Mr. Mahmood Azhar, a Para Athletics Athlete and Mr. Mudassar BAIG, a Coach of Para Athletics have been selected to attend the Commonwealth Sport GAPS Camp held at Port Louis, Mauritius - 4-13 Nov 24

### **PRE-DELEGATION REGISTRATION MEETING OF NOC PAKISTAN FOR HARBIN 2025 ASIAN WINTER GAMES 05 NOVEMBER 2024**

The Pre-Delegation Registration Meeting of NOC Pakistan was conducted online on 05 November 2024 with the Organizing Committee of the 9<sup>th</sup> Asian Winter Games Harbin 2025. The Manager Games Services, NOC Pakistan attended this meeting.

### **OCA /POA SPORT INTEGRITY & ATHLETE WELL-BEING WORKSHOP, 12-16 NOV 2024**

OCA/POA Sport Integrity & Athlete Well-Being Workshop" held on 12 to 16 November 2024 at Pakistan Olympic House, Lahore. This five-day program is specifically tailored for members of the Athletes Commission and athletes from all affiliated National Sports Federations, with the goal of fostering a positive impact within our athlete community. 45 x members





## PAKISTAN OLYMPIC ASSOCIATION

of the Athletes Commission of NSFs and other national athletes (male and female) attended the subject Workshop.

### **POA SPORTS COMMISSION MEETING 19 NOVEMBER 2024**

The 19<sup>th</sup> meeting of the POA Sports Commission was held on 19 November 2024 under the chairmanship of Mr. Shaukat Javed, Chairman of the Commission at the Pakistan Olympic House, Lahore to



review the Rules for the 35<sup>th</sup> National Games 2025 and other matters relevant to the games.

### **EMERGENT EXECUTIVE COMMITTEE MEETING OF POA – 26 NOVEMBER 2024**

An emergent Executive Committee meeting of POA was held in both virtual and physical modes on 26 November 2024 under the chairmanship of Syed Mohammad Abid Qadri Gillani, President POA at Pakistan Olympic House, Lahore to



consider and decide on the important matters, recommendations of Audited Accounts of POA for FY 2023 – 2024, holding of 35<sup>th</sup> National Games in 2025, and Situation of the Olympic Movement in Pakistan etc.



## PAKISTAN OLYMPIC ASSOCIATION

### **GENERAL COUNCIL MEETING OF NOC PAKISTAN – 30 NOVEMBER 2024**

The General Council Meeting of NOC Pakistan was held on 30 November 2024 in both virtual and physical modes at Avari Hotel, The Mall Lahore under the chairmanship of Syed Mohammad Abid Qadri Gillani, President NOC Pakistan where matters relating to sports, participation in the International events 2024 - 2025, Secretary General's Report on Activities of POA for the year 2024, 9th Asian Winter Games Harbin 7 – 14 February 2025, holding of 35th National Games in 2025, holding of 14th South Asian Games in Pakistan, Approval of Audited Accounts of POA for FY 2023 – 2024, Budget Estimates of POA for FY 2025 – 2026, Appointment of Auditors for FY 2024 – 2025, and OCA Audit for the year 2025, IOC's Recommendation for the Adoption of the Constitution of the POA as approved by the POA General Council on 1 December 2023, Affiliation Status of Netball, Judo and Ju-Jitsu Sports Federation(s) with POA, Program of Elective General Council Meeting of POA on 30 December 2024, Situation of Olympic Movement in Pakistan and other important matters were discussed / approved.







## PAKISTAN OLYMPIC ASSOCIATION

**DECEMBER 2024**

### **SAFEGUARDING WORKSHOP, BANGKOK, THAILAND, 5<sup>TH</sup> DECEMBER 2024**

Ms. Asma Akram attended the Safeguarding Workshop held in Bangkok, Thailand. Organized by the Olympic Council of Asia (OCA), the workshop brought together key stakeholders to discuss and enhance safeguarding practices within sports environments. Emphasis was placed on the OCA Games-Time Safeguarding Framework, which outlines measures to protect athletes and stakeholders from harassment and abuse during sports events.



Key sessions included policy development, implementation strategies, and fostering a culture of accountability and protection. The workshop also highlighted international standards, such as FIFA's safeguarding guidelines and the Olympic Movement's consensus statements on harassment and abuse in sports. Ms. Asma Akram actively engaged in interactive discussions and knowledge-sharing activities, gaining valuable insights to strengthen the organization's safeguarding framework and ensure a safer environment for all participants in sports.



## PAKISTAN OLYMPIC ASSOCIATION

### **PMC WORKSHOP, BANGKOK, THAILAND, 6-7 DECEMBER 2024**

Mr. Muhammad Khalid Mahmood and Mr. Sarfraz Khan Virk represented the organization at the Prevention of Manipulation of Competition (PMC) Workshop in Bangkok, Thailand. The workshop focused on safeguarding the integrity of sports by addressing strategies to detect, prevent,



and respond to competition manipulation. Key discussions included risk assessment, compliance frameworks, and the promotion of ethical practices in sports. The participation of the representatives emphasized the organization's commitment to upholding transparency and fairness in sporting activities.

### **1ST OCA- JIU-JITSU DEVELOPMENT PROGRAM FOR COACHES AND REFEREES, ABU DHABI, UAE**

2 x Coaches and 2 x Referees (male & female) have been nominated for 1st OCA-JJAU Ju-Jitsu Development Program scheduled to take place in Abu Dhabi from 11th to 15th December 2024.

### **VIRTUAL CGF GENERAL ASSEMBLY, 12, DECEMBER 2024**

President Pakistan Olympic Association, Syed Mohammad Abid Qadri Gillani attended the Virtual Commonwealth Games Federation (CGF) General Assembly. The assembly provided a platform for member nations to discuss strategic priorities, review progress on ongoing initiatives, and outline future goals for the Commonwealth sports movement. Key agenda items included updates on the upcoming Games, governance reforms, and collaborative efforts to promote inclusivity and sustainability in sports.



## PAKISTAN OLYMPIC ASSOCIATION

### **ISSA GENERAL ASSEMBLY, TIRANA, ALBANIA 16-18 DECEMBER 2024**

Syed Mohammad Abid Qadri Gillani and Mr. Muhammad Khalid Mahmood attended the Islamic Solidarity Sports Association (ISSA) General Assembly in Tirana, Albania. The assembly focused on fostering cooperation among member nations to promote sports within the Islamic world. Key discussions included enhancing solidarity through sports, developing youth programs, and preparing for upcoming Islamic Solidarity Games. The participation of the representatives reaffirmed the organization's dedication to advancing shared goals and strengthening international sports ties within the Islamic community.



### **HARBIN 2025 - PRE-ALLOTMENT MEETING - 20 DECEMBER 2024**

The Accommodation Team of the Harbin 2025 Asian Winter Games organized a Zoom meeting with NOC Pakistan to discuss the Pre-Allotment / accommodation of Pakistan Contingent. Manager Games Services NOC Pakistan attended the meeting.





## PAKISTAN OLYMPIC ASSOCIATION

### **ELECTIVE GENERAL COUNCIL MEETING OF NOC PAKISTAN – 30 DECEMBER 2024**

Elective General Council Meeting of NOC Pakistan was held on Monday 30 December 2024 at Avari Hotel, The Mall Lahore. Election Commission constituted by POA vide Letter No. POA-721/ GC/550 dated 30 November, 2024, conducted the Elections on 30<sup>th</sup> December 2024.



**President** - Mr. Arif Saeed, **Senior Vice President** - Ms. Fatima Lakhani,  
**Vice President** - Mr. Muhammad Aamir Jan, **Vice President** - Major (R) Majid Waseem,  
**Vice President** - Begum Ishrat Ashraf, **Vice President** - Ms. Andleeb Sandhu,  
**Secretary General** - Mr. Muhammad Khalid Mahmood, **Treasurer** - Mr. Ahmar Mallick,  
**Deputy Secretary General** - Mr. Muhammad Jahangir, **Associate Secretary General**  
Mr. Aisam-ul-Haq Qureshi **Associate Secretary General** - Mr. Wajid Ali Chaudhry,  
**Associate Secretary General** - Ms. Tehmina Asif, **Executive Member** - Ms. Sumera Sattar,  
**Executive Member** – Ms. Sana Ali, **Executive Member** | - Ms. Amna Tanwir,  
**Rep of Olympic Sport** - Mr. Hafiz Imran Butt, **Rep of Olympic Sport** - Mr. Muhammad Arshad Sattar, **Rep of Olympic Sport** - Col (R) Sadaf Akram.