



2025

Activity Report

January - June





Words from the Secretary General

With utmost respect and sincere appreciation, I extend my warmest greetings to all esteemed members, stakeholders, and partners. As we reach the mid-point of this eventful year, it is with great pride that I present the Activity Report for January to June 2025, capturing the significant milestones and collective achievements of our Association.

The past six months have been a testament to our shared vision, tireless dedication, and coordinated efforts across all levels. This report stands as a reflection of the progress made possible through the unwavering commitment of our members and the steadfast support of our valued collaborators. It is through such partnerships that we continue to uphold the Olympic values and pursue excellence in all our endeavors.

We remain dedicated to enhancing transparency, strengthening operational effectiveness, and embracing continuous improvement. I invite all members to review this report thoughtfully and share their valued perspectives, as we work together towards sustained development and future success.

I extend my heartfelt gratitude to every individual who has played a role in these accomplishments and look forward to achieving even greater milestones in the months ahead.

With best regards,


Muhammad Khalid Mahmood
Secretary General
Pakistan Olympic Association

Meeting regarding 14th South Asian Games at Prime Minister's Office, Islamabad, 09 January 2025

A meeting was organized in the Prime Minister's House, Islamabad on 09 January 2025 regarding Holding of 14th South Asian Games in Pakistan which was attended by Mr. Arif Saeed, President, Pakistan Olympic Association.

Virtual Meeting of President CGF with President CGA Pakistan – 16 January 2025

A virtual introductory meeting was held on 16 January 2025 between Dr. Chris Jenkins, OBE, President of the Commonwealth Games Federation (CGF), Mr. Arif Saeed, President of CGA Pakistan, and Mr. Muhammad Khalid Mahmood, Secretary General of CGA Pakistan. The discussion focused on matters of mutual interest between CGF and CGA Pakistan.



PAKISTAN OLYMPIC ASSOCIATION

Activity Report - January to June 2025



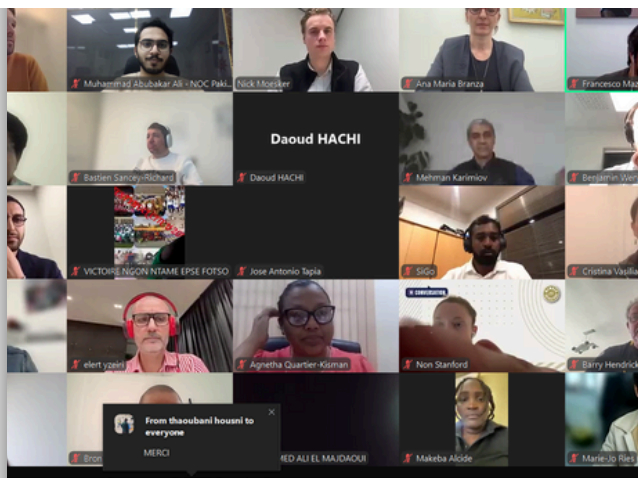
ANOC Digital Accelerator Program 13 (Ai Series - Part 1) - 21 January, 2025

Mr. Muhammad Abubakar Ali, Manager Media & Marketing, attended the introductory session of the ANOC Digital Accelerator AI Series. The session, conducted by Mr. Nick Moesker, Managing Consultant at DataNorth, provided valuable insights into the transformative role of AI in enhancing the daily operations of National Olympic Committees. Key AI tools such as ChatGPT, Perplexity, NotebookLM, and Google AI Studio were explored, demonstrating their potential to improve operational efficiency, enable data-driven decision-making, and offer innovative solutions tailored to the needs of NOCs.

The session underscored the significance of AI adoption, particularly for smaller NOCs like NOC Pakistan, where resource optimization is crucial. Such initiatives empower organizations to bridge technological gaps and enhance their outreach, operations, and athlete development.

P&G Webinar 2025 – Marketing Trends & Personal Branding - 22 January, 2025

Mr. Muhammad Abubakar Ali, Manager Media & Marketing, attended the session. The P&G Webinar 2025, held in collaboration with the International Olympic Committee (IOC), provided valuable insights into emerging marketing trends and the significance of personal branding in today's competitive landscape. The session explored six future shifts in marketing, emphasizing digital transformation, consumer engagement strategies, and the evolving role of brands in shaping societal narratives. Industry experts shared key strategies for building a strong personal brand, leveraging authenticity, and maximizing professional impact. The webinar served as an informative platform for marketing professionals and stakeholders, offering actionable takeaways to navigate the ever-changing marketing landscape effectively.



PAKISTAN OLYMPIC ASSOCIATION

Activity Report - January to June 2025



20th Meeting Of The POA Sports Commission

The 20th meeting of the POA Sports Commission was convened on 22 January 2025 under the chairmanship of Brig. Mujtaba Haider, Chairman of the Commission to discuss on the updates of the 35th National Games 2025 in Karachi and holding of 1st National Youth Games in 2025 by the NOC Pakistan.



Meeting regarding Harbin 2025 Asian Winter Games, 28 January 2025

A meeting was organized by the NOC Pakistan on 28 January 2025 inviting the Chef de Mission for the 9th Asian Winter Games / Secretary General, Winter Sports Federation Pakistan, a representative of the Pakistan Sports Board, the NOC Attache from the Embassy of Pakistan in China and the Safeguarding Officer for coordination and complete arrangements for the participation of the Pakistan Contingent in the Harbin 2025 Asian Winter Games.

Delegation Registration Meeting for Harbin 2025 Asian Winter Games

The Final Delegation Registration Meeting of NOC Pakistan was organized by the Organizing Committee of the Games on Zoom on 29 January 2025. The Manager Games Services represented NOC Pakistan in this meeting and finalized the ETS, accreditation report, entry by name of athletes, payment of accommodation fee and other related matters with the Organizing Committee for the smooth participation of the Pakistan Contingent in these Games.

Glasgow 2026 Operational Webinar, 29 January 2025.

The CGF organized the Glasgow 2026 Operational Webinar on 29 January 2025 which was attended by the Manager Games Services, NOC / CGA Pakistan. The CGF shared key Games information with CGAs for Glasgow 2026 Commonwealth Games covering areas such as the Medal Event Programme, Sport & Competition Venues, Athlete Allocation Principles & Qualification System, Sports Policies and information about the CGA Portal.

Meeting regarding arrangements for SAOC Executive Committee

An in-house meeting was organized by NOC Pakistan on 29 January 2025 to discuss the arrangements for the Executive Committee Meeting of the South Asia Olympic Council (SAOC) scheduled from 24 - 27 February 2025 in connection with the 14th South Asian Games in Pakistan.

IOC Diploma in Sports Nutrition (Feb 2025 – Nov 2026) – 31 January 2025

Ms. Iman Khalid, Nominee of Pakistan Handball Federation, has successfully enrolled and received approval from the International Olympic Committee (IOC) for the Olympic Solidarity (OS) Scholarship for participation in the IOC Diploma in Sport Nutrition scheduled online from Feb 2025 to November 2026.



Meeting regarding Budget Estimates for 14th South Asian Games in Pakistan - 3 February 2025

A meeting was organized in both physical and virtual modes on 3rd February 2025 at Pakistan Olympic House, Lahore to discuss the budget estimates of sports likely to be included in the 14th South Asian Games in Pakistan.

Meeting to discuss the arrangements for the SAOC Executive Committee Meeting regarding 14th South Asian Games in Pakistan - 4 February 2025

A meeting was conducted by the Ministry of Inter Provincial Coordination and PSB with the President and Secretary General, NOC Pakistan on 04 February 2025 regarding the arrangements for the Executive Committee Meeting of the South Asia Olympic Council (SAOC) scheduled from 24 – 27 February 2025 in Lahore / Islamabad in connection with the 14th South Asian Games in Pakistan.

The 9th Asian Winter Games Harbin, China - 7-14 February 2025

A five member contingent from Pakistan participated in the 9th Asian Winter Games held from 7-14 February 2025 in Harbin, China comprising of the Chef de Mission, two athletes (Alpine Skiing & Cross-country), one coach and NOC Attache. As per the instructions of the OCA / Organizing Committee, the NOC Pakistan also appointed an IOC Certified Safeguarding Officer for these games.



PAKISTAN OLYMPIC ASSOCIATION

Activity Report - January to June 2025



The athletes demonstrated significant improvement in their skills compared to previous international competitions. Their performances indicated the positive impact of the training camps and highlighted potential for future success. Mr. Muhammad Karim got 19th position with 198 points in Alpine Skiing event whereas Mr. Muhammad Shabbir 41st position with 413 points in Cross Country event.



Meeting of the POA Education Commission - 13 February 2025

The Meeting of the POA Education Commission (POAEC) was held on 13 February 2025 at Pakistan Olympic House, Lahore, under the Chairmanship of Mr. Javed Ali Memon. The Commission reviewed and discussed the Action Plan 2025–2028, covering key initiatives such as:

- Sports Administration and Good Governance Courses/Workshops for the management of National Sports Federations (NSFs) and POA-affiliated units and well as for the Directors Sports of universities affiliated with HEC.
- Awareness Campaign for Olympic Day 2025, including themes, content creation, social media strategies, and school poster competitions.
- Development of an Education Program for the 14th South Asian Games – Pakistan.
- Establishment of the National Olympic Academy (NOA) of POA.

Additionally, the Commission deliberated on the Olympic Values Education Program (OVEP) and reviewed the evaluation criteria for selecting candidates for the Master's (M.A.) in Olympic Studies (2025–2027) at the German Sport University Cologne. The selection process and related proforma were discussed and approved.



PAKISTAN OLYMPIC ASSOCIATION

Activity Report - January to June 2025



CGF eqUIP Team 19 Program - 17 February 2025

Ms. Anna Ibtisam, National Shooting Champion, has been inducted as an Intern under the CGF eqUIP Team 19 Program by the Commonwealth Games Federation for the period March 2025 to August 2026. She will serve as an intern at the POA Secretariat, contributing to various initiatives related to the Glasgow 2026 Commonwealth Games, CGF-allocated programs, and coordination and arrangements for CGF meetings. Her responsibilities will also include assisting with orientation workshops, webinars, reports, and other assignments as directed by the POA.



Meeting to finalize arrangements SAOC Executive Committee Meeting

Meetings were organized for joint discussion between the Federal Secretary and Joint Secretary, Ministry of Inter Provincial Coordination, Director General, Pakistan Sports Board, President and Secretary General, NOC Pakistan on 20 February and 23 February 2025 regarding the final arrangements for the visit of the NOC delegates for the Executive Committee Meeting of the South Asia Olympic Council (SAOC).

OCA Seminar On AI Technology & E-Sports, Kuwait - 22 February 2025

Mr. Muhammad Abubakar Ali, Manager Media & Marketing at POA, and Mr. Muhammad Junaid Rauf, an official from the Task Force for the Development of e-Sports, attended the OCA AI Seminar on February 22 in Kuwait. The seminar explored AI's impact on athlete performance, with experts from DataWise Technology Inc. showcasing AI-driven training optimization, injury prevention through motion tracking, and personalized coaching. Ant Group and Digital Esports Asia highlighted AI's role in sports management, fan engagement, and competition analysis while addressing ethical and data privacy concerns. Discussions also covered technological advancements such as VR, AR, and simulation technologies, which are revolutionizing training methods. Additionally, experts examined AI's growing influence in e-Sports, focusing on AI-powered analytics, automated officiating, and audience engagement tools shaping the future of digital competitions.



Visit of NOC delegates to Pakistan for the SAOC Executive Committee Meeting regarding 14th South Asian Games 2026 in Pakistan. 23 – 27 February 2025

The NOC Pakistan hosted a high-level visit for South Asian NOCs from February 23–27, 2025, in Lahore and Islamabad, culminating in the SAOC Executive Committee Meeting on February 25 at Avari Hotel, Lahore. Delegates from Bangladesh, Bhutan, Maldives, Nepal, Sri Lanka, and Pakistan attended in person, while India participated virtually.

President SAOC & NOC Pakistan, Mr. Arif Saeed, welcomed the delegates and acknowledged India's remote participation. The meeting finalized key decisions for the upcoming South Asian Games, scheduled for January 23–31, 2026, across Lahore, Islamabad, and Faisalabad, featuring 27 sports plus one additional notified sport. The final event list will be confirmed by March 31, 2025, with draft technical handbooks due by April 30, 2025, and an SAOC inspection visit in late 2025. The Games period was set as 30 days pre-opening and 15 days post-closing ceremonies.



A SAOC Constitution Review Committee was formed, led by Mr. Arif Saeed, alongside representatives from Nepal, Sri Lanka, the OCA, and SAOC Secretary Mr. Muhammad Khalid Mahmood. Proposed constitutional amendments are to be submitted within 90 days for formal adoption in late 2025. Additionally, the house supported inviting the OCA Director General (or nominee) as a permanent participant in future SAOC Executive Committee meetings, with their role's status to be determined during the constitutional review.

This strategic meeting marked a significant milestone in strengthening regional collaboration and setting the stage for a successful South Asian Games 2026.



PAKISTAN OLYMPIC ASSOCIATION

Activity Report - January to June 2025



During the visit of SAOC Delegates to Pakistan, the following activities were also part of the programme:-

25 February 2025

Visit to Sports Board Punjab, Gaddafi Stadium to see the sporting facilities at Nishtar Park,



City tour to Lahore Fort, Badshahi Mosque, and Hazoori Bagh.



Formal dinner reception by President NOC Pakistan at Lahore Polo Club, G.O.R



PAKISTAN OLYMPIC ASSOCIATION

Activity Report - January to June 2025



26 February 2025

SAOC and POA Delegation met with the Federal Minister, Ministry of IPC and other government officials in Islamabad followed by a lunch at Marriott hosted by IPC.



27 February 2025

SAOC Delegates visit to POA Olympic House and Museum



Executive Committee Meeting of POA – 27 February 2025

The Executive Committee meeting of POA was held in both virtual and physical modes on 27 February 2025 convened by Mr. Arif Saeed, President POA at Pakistan Olympic House, Lahore to consider and decide on the important matters, updating on Executive Committee meeting of SAOC in connection with 14th South Asian Games in Pakistan, holding of 35th National Games in 2025, 1st National Youth Games 2025, 3rd Asian Youth Games in Bahrain, Kings Baton Relay for Commonwealth Games Glasgow 2026, updation in Arbitration Rules, ratification of Commissions and Committees and Situation of the Olympic Movement in Pakistan etc.



Meeting Regarding Selection Of Competition Venues For The 14th South Asian Games

A meeting was held by the NOC Pakistan on 01 March 2025 at the Pakistan Olympic House inviting the Joint Secretary, Ministry of IPC, Director General, PSB, Secretary General, NOC Pakistan and the concerned NSFs to discuss the selection of competition venues in consultation with the NSFs for the 14th South Asian Games scheduled to take place from 23 – 31 January 2026 in Pakistan. The representatives of National Sports Federations based in Lahore attended in person, while outstation NSFs joined via Zoom. All NSFs proposed their priority choice of competition venues for their sports along with information on the necessary allied facilities required to organize competitions according to international standards. Each NSF confirmed their competition venues and also provided alternate proposals if the actual plan could not be materialized due to competition of other sports to avoid conflicts of competitions on the same dates and times.



PAKISTAN OLYMPIC ASSOCIATION

Activity Report - January to June 2025



AESF General Assembly 2025 – 12 March 2025

The Asian Electronic Sports Federation (AESF) General Assembly was held virtually on 12 March 2025, under the chairmanship of AESF President, Mr. Kenneth Fok. The Assembly brought together a total of 73 participants, including OCA Deputy Director General, Mr. Vinod Tiwari, AESF Executive Board Members, and representatives from 34 AESF Member Associations. A total of 51 participants represented these Member Associations. Mr. Muhammad Imran, Manager Secretariat, NOC Pakistan, attended the meeting as an observer on behalf of the National Olympic Committee.

Milano Cortina 2026 – Pre-Seminar Meeting

A pre-seminar online meeting was held on March 13, 2025, between the NOC Regional Coordinator of Milano Cortina 2026 and NOC Pakistan to discuss the ETS Calculator and the information provided in a questionnaire related to the Games. Mr. Imran Ahmad Khan, Manager Games Services, represented NOC Pakistan in the meeting.

Meeting With PCB Official Regarding 14th South Asian Games

A meeting was convened by Secretary General, NOC Pakistan with a representative of Pakistan Cricket Board on 21 March 2025 to discuss about organizing the cricket competitions (Men & Women) during the 14th South Asian Games.

Meeting Regarding 35th National Games 2025

A meeting was convened under the chairmanship of the President POA on 22 March 2025 at Pakistan Olympic House, Lahore to discuss important matters related to the participation of the provincial, regional, services and departmental teams in the 35th National Games scheduled to be held from 1 – 9 May 2025 in Karachi.



Milano Cortina 2026 – Chef De Mission Seminar

Air Commodore Ashar Jamil, Secretary General, Winter Sports Federation Pakistan attended the Chef de Mission Seminar representing Pakistan held from 24 March to 27 March, 2025 in Milan, Italy.



Meeting Of Stakeholders For The 35th National Games 2025 In Karachi

A meeting of all stakeholders of the 35th National Games was convened on 25 March 2025 at Hotel Mehran Shahra-e-Faisal, Karachi Cantonment Karachi to discuss the preparation planning and arrangements of the games, competition venue inspection, participation of the provincial, regional, services and departmental teams. The Organizing Committee of the 35th National Games 2025 made arrangements for the air travel, boarding and lodging for all representatives except those from services and departments as per the rules of the 35th National Games. Every aspect was discussed in the meeting and relevant issues were addressed and resolved by the Pakistan Olympic Association with the Organizing Committee for the smooth conduct of the Games.



5th Meeting Of The POA Medical Commission

The 5th Meeting of the POA Medical Commission was held on 27 March 2025 under the chairmanship of Dr. Syed Meesaq Hussain Rizvi, Chair of the Commission to discuss logistics and operational planning of the Commission and doping awareness programme including the conduct of dope tests by ADOP / NADO Pakistan during the 35th National Games scheduled to be held from 1 – 9 May 2025 in Karachi.



International Coaching Course – Hungary (1 April – 23 May 2025)

Mr. Noman ul Haq, National Tennis Coach, successfully enrolled and completed the International Coaching Course (ICC) organized by the Hungarian University of Sports Science (HUSS) in collaboration with the International Olympic Committee (IOC). He was awarded an Olympic Solidarity Scholarship to support his participation.

CGF Asia eqUIP Team 19 Workshop – 1 to 4 April 2025, Sri Lanka

Ms. Anna Ibtisam, National Shooting Champion, has been selected as an Intern under the CGF eqUIP Team 19 Program by the Commonwealth Games Federation for the period March 2025 to August 2026. She attended the inaugural workshop of the eqUIP Internship Programme held in Sigiriya, Sri Lanka, from 1 to 4 April 2025.



OCA Regional Forum – 2 to 3 April 2025, Bhutan

The OS/OCA Regional Forum for East, Southeast, and South Asian NOCs was held on 2–3 April 2025 in Thimphu, Bhutan. Mr. Imran Ahmad Khan, Manager, Games Services and Mr. Zaigham Abbas, Manager, Olympic Solidarity Programs represented NOC Pakistan.

Key topics included the Olympic Solidarity Quadrennial Plan 2025–2028, the 3rd Asian Youth Games (Bahrain, October 2025), and the 6th Asian Indoor & Martial Arts Games (Riyadh, 2026).



PAKISTAN OLYMPIC ASSOCIATION

Activity Report - January to June 2025



International Day of Sport for Development and Peace – 6 April 2025

Pakistan Olympic Association in collaboration with its affiliated units celebrated the International Day of Sport for Development and Peace. The nationwide event featured the #WhiteCard campaign and engaged athletes, ambassadors, schoolchildren, and community leaders in promoting peace and sportsmanship through sports.



Electoral General Assembly (AESF) – 06 APRIL 2025

The Asian Electronic Sports Federation (AESF) convened its Electoral General Assembly (EGA) virtually on 6 April 2025. The meeting was chaired by AESF President, Mr. Kenneth Fok, and attended by AESF Executive Board Members, representatives from 38 AESF Member Associations, and the Deputy Director General of the Olympic Council of Asia (OCA), Mr. Vinod Kumar Tiwari.

The EGA was held to elect the Federation's new leadership, including the President, Vice Presidents representing the five Asian zones, and Executive Board Members. Mr. Muhammad Imran, Manager Secretariat, NOC Pakistan, attended the meeting as an observer on behalf of the National Olympic Committee.

Meeting of the Organizing Committee of the 35th National Games – 08 April 2025

A meeting of the Organizing Committee for the 35th National Games 2025 was held on 08 April 2025 at 2:00 PM in the Committee Room of the Sindh Assembly, Karachi. The session was chaired by Mr. Sardar Muhammad Bux Khan Mahar, Chairman Organizing Committee 35NG2025 / President, Sindh Olympic Association / Provincial Minister for Sports & Youth Affairs, Government of Sindh. Mr. Arif Saeed, President of the Pakistan Olympic Association (POA), was specially invited to attend the meeting.

Key agenda items discussed included finance, security, venue readiness, equipment, accommodation, transportation, medical and anti-doping arrangements, Safe Sport initiatives, media coverage, the National Games Torch Relay, technical conduct of the Games, and the establishment of relevant secretariats.

The meeting was attended by Mr. Abdul Aleem Lashari, Secretary, Sports & Youth Affairs Department, Government of Sindh / Vice Chairman, Organizing Committee 35NG2025; Ms. Fatima Lakhani, Senior Vice President POA; Mr. Muhammad Khalid Mahmood, Secretary General POA; Brig. Mujtaba Haider, Chairman POA Sports Commission; Mr. Muhammad Jahangir, Deputy Secretary General POA / Convener POA Venue Inspection Committee; Ms. Tehmina Asif, Lady Associate Secretary General POA; Ms. Sana Ali, Executive Member POA; and Syed Waseem Uddin Hashmi, Individual Member POA.

Representatives from the Office of the Commissioner Karachi, Health Department, 5 Corps Pakistan Army, and Pakistan Rangers also participated.

PAKISTAN OLYMPIC ASSOCIATION

Activity Report - January to June 2025



Meeting with Focal Persons of Sindh Province for the 35th National Games 2025 – 10 April 2025

A virtual meeting was convened on 10 April 2025 with the Focal Persons of Sindh Province and Secretaries of the Sindh Sports Associations to review preparations and address matters related to the 35th National Games 2025. The session was chaired by Mr. Muhammad Khalid Mahmood, Secretary General of the Pakistan Olympic Association. The meeting was attended by Mr. Ahmed Ali Rajput, Secretary General of the Sindh Olympic Association and Organizing Secretary of the 35th National Games, Mr. Khalid Rehmani, Deputy Secretary 35NG2025, and Mr. Muhammad Asghar Baloch, Treasurer SOA, along with other officials from the Sindh Olympic Association and the Organizing Committee.

Glasgow 2026 CGA Webinar - Selection Policies

The CGF organized a webinar for the CGAs on 10 April 2025 to assist with selection policies and the best approach to distribute the Open Allocation Quota Slots in a fair and transparent process. The webinar was facilitated by the Development and Sports teams of the CGF which was organized in two sessions, in the morning (UK) and afternoon (UK) to accommodate the different time zones. The CGA Kenya shared their best practices and experiences with the participants of the Webinar. The Manager Games Services, CGA / NOC Pakistan attended the webinar.

OCA Gender Equity Seminar – 14–15 April 2025, Brunei Darussalam

Ms. Fatima Lakhani, Senior Vice President POA and Chair of the POA Women's Commission, attended the OCA Gender Equity Seminar. The event, organized in collaboration with the IOC and Brunei NOC, focused on advancing gender equality in sport across Asia.



Glasgow 2026 Operational Webinar # 2

The CGF organized an operational webinar for the CGAs on 15 April 2025 sharing important information for the preparation of Glasgow 2026 by the CGAs. This included details such as length of stay, arrival and departure, accommodation, meals, shared meeting rooms, CGA Open Days visit, branding on team uniform, competition clothing, equipment etc. and sport key dates. The Manager Games Services, CGA / NOC Pakistan attended the webinar.

PAKISTAN OLYMPIC ASSOCIATION

Activity Report - January to June 2025



21st Meeting of the POA Sports Commission

The 21st meeting of the POA Sports Commission was convened on 19 April 2025 under the chairmanship of Brig. Mujtaba Haider, Chairman of the Commission regarding the postponement of the 35th National Games which were originally scheduled from 1-9 May, 2025 in Karachi.



The matter was discussed in detail, and recommendations were made by the commission for the Executive Committee of POA to take appropriate decisions in its meeting scheduled for 21 April 2025.

Emergent Executive Committee Meeting of POA – 21 April 2025

An emergent Executive Committee meeting of POA was held in both virtual and physical modes on 21 April 2025 convened by Mr. Arif Saeed, President POA at Pakistan Olympic House, Lahore to discuss and decide on the important matters i.e. updates on the 35th National Games 2025 in Karachi and progress regarding 14th South Asian Games in Pakistan etc.



Meeting on Digital Youth Hub – 23 April 2025

A meeting on the “Digital Youth Hub” was organized by the Prime Minister’s Office on 23 April 2025 in hybrid mode at the Prime Minister’s Office, Islamabad. All National Sports Federations (NSFs) and the Pakistan Olympic Association (POA) were invited to attend. Mr. Muhammad Khalid Mahmood, Secretary General POA, participated via Zoom, while Mr. Rizwan Ul Haq Razi, Secretary General of the IOA and Chairman of the Pakistan Rowing Federation, attended in person as the POA Representative. The meeting focused on briefing and onboarding the sports federations to register on the PM’s Digital Youth Hub, share youth sports opportunities, and encourage wider participation in the National Adolescent and Youth Policy Survey.



Interviews – Master’s Program in Olympic Studies, University of Peloponnese, Greece (2025–2026) – 24 April 2025

Interviews for the Master’s Program in Olympic Studies were conducted at POA House, Lahore. Four candidates participated (in person or virtually). Based on evaluation and interview by the Chair, Deputy Chair, and Secretary of the POA Education Commission, Mr. Junaid Khan (HEC) was recommended for nomination, representing the Balochistan province.

OCA Finance Committee Meeting – 25 April 2025

Mr. Muhammad Khalid Mahmood, Secretary General, NOC Pakistan participated in the online OCA Finance Committee meeting held on 25 April 2025 as Deputy Chair, OCA Finance Committee.

15th Edition International Coaching Enrichment Certificate Program (ICECP) - (2024–2025) – Last And Final Module (26 April – 01 May 2025)

Mr. Muhammad Inam Butt, Chairman of the Athletes Commission of the Pakistan Olympic Association, successfully completed the 15th Edition of the International Coaching Enrichment Certificate Program (ICECP) 2024–2025 with the support of an Olympic Solidarity Scholarship. The program began with a virtual module in April 2024, followed by in-person sessions in Colorado Springs, various U.S. locations, and the University of Delaware in September 2024. The final module took place in Lausanne, Switzerland, from 26 April to 1 May 2025.



PAKISTAN OLYMPIC ASSOCIATION

Activity Report - January to June 2025



Meeting of the POA Medical Commission

The 6th Meeting of the POA Medical Commission was held on 29 April 2025 under the chairmanship of Dr. Syed Meesaq Hussain Rizvi, Chair of the Commission to discuss the important matters related to the commission.

Coordination Meeting for 1st National Youth Games 2025 – 5 May 2025

A Coordination Meeting for the 1st National Youth Games 2025 was at the Pakistan Olympic House, chaired by Mr. Muhammad Khalid Mahmood, Secretary General POA. A detailed briefing and presentation were prepared for the President POA to be shared with the relevant authorities.

18th International Session for NOAs and NOCs – 9–15 May 2025, Athens & Olympia, Greece

The 18th International Session for National Olympic Academies (NOAs) and National Olympic Committees (NOCs) Delegates was held from 9 to 15 May 2025 in Athens and Olympia, Greece. Ms. Tania Mallick, Secretary of the POA Education Commission and Honorary Director of the National Olympic Academy, was nominated to represent the Pakistan Olympic Association at the session.



Meeting – POA Delegation with Chief Minister Sindh – 7 May 2025

A meeting with the Honourable Chief Minister Sindh, Mr. Murad Ali Shah, was held on 07 May 2025 in Karachi on the invitation of the Government of Sindh to finalize the program and operational roadmap for the rescheduled 35th National Games 2025. The meeting was attended by a delegation of the Pakistan Olympic Association (POA) led by its President Mr. Arif Saeed, accompanied by Senior Vice President Ms. Fatima Lakhani, Secretary General Mr. Muhammad Khalid Mahmood, and Mr. Ahmed Ali Rajput, Secretary General of the Sindh Olympic Association.



PAKISTAN OLYMPIC ASSOCIATION

Activity Report - January to June 2025



OCA General Assembly – 11–12 May 2025, Kuwait

Mr. Arif Saeed (President, POA) and Mr. Muhammad Khalid Mahmood (Secretary General, POA) attended the OCA General Assembly in Kuwait. Key agenda items included reports from organizing committees of upcoming Asian Games, zonal vice presidents, and standing committees, as well as approval of financial statements and planning for the next General Assembly.



Interviews – IOC Certificate in Drugs in Sport (2025–2026) – 13 May 2025

Four candidates were interviewed at POA House (in person or virtually). The interviews were conducted by members of the POA Medical Commission and the Secretary General POA. Dr. Qurat ul Ain Khan (Pakistan Karate Federation) was recommended for nomination based on her top score.



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Chefs de Mission Seminar for the 3rd Asian Youth Games Bahrain 2025

The Chefs de Mission Seminar for the 3rd Asian Youth Games 2025 was held from 14 to 17 May 2025 at The Art Hotel & Resort – Amwaj Island in the Kingdom of Bahrain. Mr. Muhammad Khalid Mahmood, Secretary General and Mr. Hamdan Nazir, Chairman HR & Admin Committee, NOC Pakistan attended this Seminar. A presentation with comprehensive details about the progress of the Games and key dates for the NOCs for their preparation and participation was given during the Seminar.

PAKISTAN OLYMPIC ASSOCIATION

Activity Report - January to June 2025



Meeting of the POA Constitution And Affiliation Committee – 21 May 2025

The meeting of POA Constitution and Affiliation Committee was held in both virtual and physical modes on 21 May 2025 at Olympic House, Lahore under the chairmanship of Lt Col (R) Raja Wasim Ahmed, President PTWF to discuss / consider the request for “Resolution and Reinstatement of Pakistan Cycling Federation” as per constitution of PCF, POA and Olympic Charter.



ISSA Legal & Governance Committee Meeting - 21 May 2025

Mr. Muhammad Khalid Mahmood, Secretary General POA, attended the Islamic Solidarity Sports Association (ISSA) Legal & Governance Committee Meeting held virtually on 21 May 2025 being its member.

Interviews – MEMOS XXVIII (August 2025 – September 2026) – 22 May 2025

Interviews for the Executive Masters in Sports Organization Management (MEMOS) were held at POA House. Two candidates participated. The panel included Mr. Javed Ali Memon, Chairman, POA Education Commission, Ms. Tania Mallick, Secretary POA Education Commission, and Mr. Hamdan Nazir, MEMOSIAN/ Chair POA HR & Admin Committee and Muhammad Khalid Mahmood, Secretary General POA. Both candidates were recommended for nomination based on the evaluation.

Visit Of Renowned Judoka Ms. Sabrina Filzmoser To The Pakistan Olympic House, Lahore – 27 May 2025

The Pakistan Olympic Association (POA) warmly welcomed Austrian Olympian Sabrina Filzmoser—a four-time Olympian, World Judo Medalist, Chair of the World Judo Athletes Commission, and Climate Ambassador of the International Judo Federation (IJF)—as she embarked on her inspiring cycling journey from Karachi to K2. Her “Judo for Peace” mission exemplifies the unifying power of sport in promoting peace, empowerment, and environmental awareness, while also highlighting Pakistan’s commitment to fostering global sportsmanship and solidarity.



PAKISTAN OLYMPIC ASSOCIATION

Activity Report - January to June 2025



Chefs de Mission Seminar for the 6th Islamic Solidarity Games 2025. 1 - 2 June, 2025.

The Secretary General NOC Pakistan attended the Chefs de Mission Seminar for the 6th Islamic Solidarity Games held on 1-2 June 2025 at Hilton Riyadh Hotel & Residence, Saudi Arabia.



The Organizing Committee of the Games presented a comprehensive presentation to the participating delegates providing maximum information for the preparation and participation in the 6th Islamic Solidarity Games.

Meeting of the Steering Committee for the 14th South Asian Games 2026 in Pakistan. 2 June, 2025.

The 2nd meeting of the reconstituted Steering Committee for the 14th South Asian Games 2026 in Pakistan was held on 2nd June 2025 in Islamabad under the chairmanship of the Minister-in-Charge, Ministry of IPC. Major (R) Majid Waseem, Vice President, NOC Pakistan attended this meeting virtually on behalf of the President POA. The budget estimates and selection of venues for the games were discussed. A Sub Committee of the Steering Committee for the 14th South Asian Games chaired by the Federal Secretary, Ministry of IPC was constituted to submit its report within 15 days regarding the tasks assigned during this meeting.

Olympism365 Summit -Lausanne - 3-6 June 2025

Mr. Ahmer Mallick, Treasurer POA, represented Pakistan at the Olympism365 Summit hosted by the IOC in Lausanne.

The summit proved to be an exceptionally enlightening and knowledge-rich experience. It offered deep insights into the IOC's evolving strategic direction, with particular emphasis on its alignment with the United Nations Sustainable Development Goals (SDGs). The presentations clearly articulated the integration of sport as a catalyst for peace, development, education, gender equity, and climate action. The keynote addresses by IOC President Mr. Thomas Bach and Ms. Kirsty Coventry were inspiring and a true reflection of the Olympic spirit, reinforcing the principles of universality, inclusiveness, and cooperation.



PAKISTAN OLYMPIC ASSOCIATION

Activity Report - January to June 2025



Meeting of the sub committee of the Steering Committee for the 14th South Asian Games 2026 in Pakistan

A meeting of the sub Committee of the Steering Committee for the 14th South Asian Games was held on 4th June 2025 in Islamabad under the chairmanship of the Federal Secretary, Ministry of IPC. The President, NOC Pakistan attended this meeting virtually. The concerned key officials from the provincial government were taken on board and proposals / feedback were taken. It was recommended that once the budget rationalization and venue arrangements are finalized, the Sub-Committee will submit its recommendations to the Steering Committee and the Prime Minister for approval, ensuring the plan is comprehensive, feasible, and aligned with national priorities.

Meeting of The Management Committee of Mixed Martial Arts (MMA) - 04 June 2025

The meeting of the Management Committee of Mixed Martial Arts (MMA) was held on 04 June 2025 at the Pakistan Olympic House, Lahore, under the chairmanship of Syed Wasim Uddin Hashmi, Vice President SOA and Member POA Finance Committee. The primary agenda was to discuss the participation of Mixed Martial Arts athletes in the 1st AMMA Youth Championship, scheduled to be held in Bahrain from 26 to 28 June 2025, which serves as the official qualifying event for the 3rd Asian Youth Games. In this regard, MMA groups operating across Pakistan were invited to contribute to the deliberations and planning.

CGA Webinar - Sport & Revenue Generation Update – 05 June 2025

The POA participated in a CGA-hosted webinar focused on innovative approaches to revenue generation in sport. The session shared practical insights on sponsorship, digital engagement, and sustainable funding models, offering valuable ideas to strengthen financial planning across sports initiatives.

IOC 65th Intl Session for Young Olympic Ambassadors, 7-19 June 2025

Ms. Eisha Arooj, Assistant Manager of Museum and Academy at POA, and Mr. Humza Ijaz Tung from Boxing represented Pakistan at the IOC's 65th Young Olympic Ambassadors Session in Ancient Olympia, Greece. This immersive two-week programme centred on "The Future of Sport" and exploring themes like AI's role in Olympism brought together young sports leaders for lectures, cultural experiences, and collaborative workshops. Their participation provided valuable international exposure and fresh ideas, which they will channel into advancing youth engagement and education initiatives within POA.



PAKISTAN OLYMPIC ASSOCIATION

Activity Report - January to June 2025



WEBINAR – EqUIP T19 Sustainability Framework – 10 June 2025

Ms. Anna Ibtisam attended the 10 June webinar on the EqUIP T19 Sustainability Framework, which focused on aligning organizational operations with environmental, social, and governance principles. Industry experts presented practical steps for integrating sustainability into strategy, metrics, and reporting, highlighting how to balance ecological responsibility with performance goals. Participation reaffirmed our commitment to embedding sustainable practices across POA's events and facilities, and sparked actionable ideas to strengthen our long-term resilience and impact.

International Athletes' Forum - Lausanne, Switzerland. 11-12 June 2025

Mr. Inam Butt, Chairman of the Athletes Commission POA, represented Pakistan at the 12th International Athletes' Forum in Lausanne. The event brought together over 400 athlete leaders to address key topics including mental health, career transition, Olympic Solidarity funding, anti-doping, and athlete representation.



Meeting of PSB and POA regarding the 14th South Asian Games 2026 in Pakistan

A meeting was convened by the NOC Pakistan at its headquarters in Lahore on 13 June 2025 under the chairmanship of its President. The meeting was attended by the Secretary General, Dy. Secretary General, NOC Pakistan and the Director General, and Director, Pakistan Sports Board. The purpose of this meeting was to review the budget estimates presented by each NSF for the 14th South Asian Games. The Director General, PSB appreciated the work done by the NOC Pakistan in consultation with the NSFs concerned.



One-to-one meeting with SEQ Manager IOC regarding Dakar 2026 Summer Youth Olympic Games

A one-to-one meeting was organized by Mr. Mario Mancinelli, SEQ Manager, IOC with NOC Pakistan on 18 June 2025 to ensure clarity and provide support throughout the process regarding the intention of participation of athletes from Pakistan in the sports disciplines included in the Dakar 2026 Summer Youth Olympic Games, provided they meet the eligibility criteria of the Games. The Manager Games Service, represented NOC Pakistan in the meeting.

PAKISTAN OLYMPIC ASSOCIATION

Activity Report - January to June 2025



POA Workshop on Integrity in Sport, at Mayo Gardens Club, Pakistan Railways, Lahore – 14 June 2025

The Pakistan Olympic Association organized a national-level workshop on Integrity in Sport at the Mayo Gardens Club, Pakistan Railways, Lahore. The event brought together over 120 participants representing national federations, provincial associations, and departmental sports bodies. Key themes included anti-doping education, safeguarding in sport, and the prevention of competition manipulation. Supported by the Olympic Council of Asia, the workshop aimed to enhance awareness and strengthen institutional understanding of integrity frameworks within Pakistan's sporting ecosystem.

The workshop also featured a focused selection process through which the top 15 participants were identified for advanced training, empowering them as future leaders and integrity advocates. With dynamic sessions and meaningful dialogue, the initiative reflected POA's ongoing commitment to promoting clean, fair, and safe sport at all levels. The event was also highlighted through POA's social media platforms, reinforcing transparency and public engagement in matters of athlete welfare and ethical conduct.



6th Meeting of POA Athletes Commission – 14 June 2025

The 6th meeting of the POA Athletes' Commission was held on 14 June 2025 in Lahore, chaired by Mr. Inam Butt. The session brought together athlete representatives from various sports to review ongoing initiatives, discuss challenges faced by athletes, and explore strategies to strengthen their voice within the national sports structure.

Key topics included athlete representation in governance, access to training resources, mental health support, and follow-up on recommendations from international forums.

PAKISTAN OLYMPIC ASSOCIATION

Activity Report - January to June 2025



Olympic Day 2025 – 23 June 2025

In the spirit of Olympism and unity, Pakistan Olympic Association, in collaboration with its provincial associations, organised a week-long celebration of Olympic Day across multiple cities from 18 to 23 June 2025. Events kicked off in Rawalpindi and Islamabad with community activities led by the Islamabad Olympic Association and the Pakistan Army. The celebrations continued in Quetta and Karachi, where the Balochistan and Sindh Olympic Associations, alongside HEC and the Pakistan Navy respectively, hosted dynamic sporting events encouraging youth participation. Simultaneous events in Peshawar and Lahore included guided tours for children and families at the POA Olympic Museum, fostering awareness around Olympic values and Pakistan's sporting heritage.

The main highlight took place on 23 June at Aitchison College, Lahore. The day featured exhibition matches in tennis, hockey, and rugby, followed by an enthusiastic Olympic Day Walk. Embracing this year's global Olympic Day theme **"Let's Move"**, the event brought together athletes, students, and the general public in a celebration of health and togetherness through sport. After the walk, a special ceremony was held to honour Pakistan's Olympic heroes including Arshad Nadeem, Faiqa Riaz, and Olympian Manzoor-ul-Hasan. The presence of officials from WAPDA, Railways, Police, and widespread media coverage gave the event national visibility and significance.

These celebrations not only honoured the global Olympic Movement but also served as a platform to inspire the youth of Pakistan to embrace sport as a way of life. By integrating participation, education, and national pride, POA successfully engaged communities across the country, reinforcing the universal Olympic values of excellence, friendship, and respect—reminding everyone that no matter where we are, Let's Move together.



PAKISTAN OLYMPIC ASSOCIATION

Activity Report - January to June 2025



Executive Committee Meeting of POA – 24 June 2025

The Executive Committee meeting of POA was held in both virtual and physical modes on 24 June 2025 convened by Mr. Arif Saeed, President POA at Pakistan Olympic House, Lahore to discuss and decide on the important matters i.e. updates on the 35th National Games 2025 in Karachi, progress regarding 14th South Asian Games in Pakistan, 1st National Youth Games (NYG) 2025 and SOPs for obtaining NOC from PSB for International participation etc.



OCA Webinar on Safeguarding In Youth Sports – 24 June 2025

On 24 June 2025, the Olympic Council of Asia (OCA), in collaboration with the International Olympic Committee's Health, Medicine, and Science Department, organized a webinar to enhance awareness of safeguarding in youth sports. The session aimed to educate stakeholders on the importance of safeguarding, particularly in the context of the Asian Youth Games, promote best practices across sports organizations, foster collaboration among NOCs and NGOs, and empower NOCs with practical tools and resources to develop and implement effective safeguarding policies to protect and support young athletes. The NOC of Pakistan actively participated in this important webinar.

OCA Webinar session on Pre-Games Education Prior to participation in Asian Youth Games, Bahrain

The OCA organized a webinar session on Pre-Games Education for the NOCs and NADOs participating in the Asian Youth Games in Bahrain on 25 June 2025. The session covered anti-doping education topics and shared important guidelines for dissemination to the young athletes. Dr. Asad Abbas was nominated by the NOC Pakistan to attend this webinar.



Meeting of POA Environmental Commission – 26 June 2025

The POA Environmental Commission meeting convened on 26 June 2025 to review ongoing sustainability initiatives and explore new strategies for promoting environmental responsibility in sport. The meeting focused on integrating eco-friendly practices into national events and aligning with international environmental standards within the Olympic Movement.



PAKISTAN OLYMPIC ASSOCIATION

Activity Report - January to June 2025



Advanced Workshop on Integrity in Sports – 26-28 June 2025

The Pakistan Olympic Association hosted a three-day Advanced Workshop on Integrity in Sports in Lahore from 26 to 28 June 2025. Building on the earlier foundational workshop held on 14 June, the session brought together the top-selected participants—including federation officials, coaches, and athlete representatives—for intensive training on anti-doping protocols, safeguarding policies, and the prevention of competition manipulation.

Delivered in partnership with the Olympic Council of Asia, this advanced programme featured practical case studies, interactive sessions, and expert guidance aimed at empowering participants as integrity champions within their organisations.



The workshop, promoted on POA's social media platforms, reinforced the association's unwavering commitment to ethical conduct, athlete welfare, and clean sport across Pakistan's sporting landscape.

Interview for the selection of athletes for Olympic Scholarship for Athletes "Los Angeles 2028" – 28 June 2025

On 28 June 2025, Pakistan Olympic Association held interviews for the selection of athletes under the Olympic Scholarship for Athletes "Los Angeles 2028" programme. This initiative, supported by Olympic Solidarity, aims to identify and financially support high-potential athletes in their preparation and qualification journey for the LA 2028 Olympic Games. The programme provides access to high level training facilities, coaching, international competitions, medical services, and a monthly stipend ensuring that selected athletes can focus on performance without financial burden.

Athletes from various disciplines appeared before a selection panel comprising POA officials and technical experts, who assessed each candidate's current performance level, career trajectory, and future potential. The process reflects POA's commitment to long-term athlete development and international competitiveness, helping to create a strong foundation for Olympic success in 2028.