



2025

# Activity Report

January - December





## Words from the Secretary General

With utmost respect and sincere appreciation, I extend my warmest greetings to all esteemed members, stakeholders, and partners. As we conclude this eventful year, it is with great pride that I present the Activity Report for January to December 2025, capturing the significant milestones and collective achievements of our Association.

The past twelve months have been a testament to our shared vision, tireless dedication, and coordinated efforts across all levels. This report stands as a reflection of the progress made possible through the unwavering commitment of our members and the steadfast support of our valued collaborators. It is through such partnerships that we continue to uphold the Olympic values and pursue excellence in all our endeavors.

We remain dedicated to enhancing transparency, strengthening operational effectiveness, and embracing continuous improvement. I invite all members to review this report thoughtfully and share their valued perspectives, as we work together towards sustained development and future success.

I extend my heartfelt gratitude to every individual who has played a role in these accomplishments and look forward to achieving even greater milestones in the year ahead.

With best regards,

  
Muhammad Khalid Mahmood  
Secretary General  
Pakistan Olympic Association

## Meeting regarding 14th South Asian Games at Prime Minister's Office, Islamabad, 09 January 2025

A meeting was organized in the Prime Minister's House, Islamabad on 09 January 2025 regarding Holding of 14th South Asian Games in Pakistan which was attended by Mr. Arif Saeed, President, Pakistan Olympic Association.

## Virtual Meeting of President CGF with President CGA Pakistan – 16 January 2025

A virtual introductory meeting was held on 16 January 2025 between Dr. Chris Jenkins, OBE, President of the Commonwealth Games Federation (CGF), Mr. Arif Saeed, President of CGA Pakistan, and Mr. Muhammad Khalid Mahmood, Secretary General of CGA Pakistan. The discussion focused on matters of mutual interest between CGF and CGA Pakistan.



# PAKISTAN OLYMPIC ASSOCIATION

Activity Report - January to December 2025



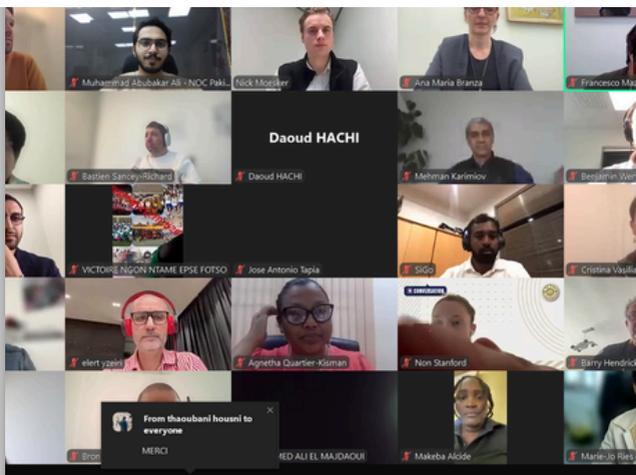
## ANOC Digital Accelerator Program 13 (Ai Series - Part 1) - 21 January, 2025

Mr. Muhammad Abubakar Ali, Manager Media & Marketing, attended the introductory session of the ANOC Digital Accelerator AI Series. The session, conducted by Mr. Nick Moesker, Managing Consultant at DataNorth, provided valuable insights into the transformative role of AI in enhancing the daily operations of National Olympic Committees. Key AI tools such as ChatGPT, Perplexity, NotebookLM, and Google AI Studio were explored, demonstrating their potential to improve operational efficiency, enable data-driven decision-making, and offer innovative solutions tailored to the needs of NOCs.

The session underscored the significance of AI adoption, particularly for smaller NOCs like NOC Pakistan, where resource optimization is crucial. Such initiatives empower organizations to bridge technological gaps and enhance their outreach, operations, and athlete development.

## P&G Webinar 2025 – Marketing Trends & Personal Branding - 22 January, 2025

Mr. Muhammad Abubakar Ali, Manager Media & Marketing, attended the session. The P&G Webinar 2025, held in collaboration with the International Olympic Committee (IOC), provided valuable insights into emerging marketing trends and the significance of personal branding in today's competitive landscape. The session explored six future shifts in marketing, emphasizing digital transformation, consumer engagement strategies, and the evolving role of brands in shaping societal narratives. Industry experts shared key strategies for building a strong personal brand, leveraging authenticity, and maximizing professional impact. The webinar served as an informative platform for marketing professionals and stakeholders, offering actionable takeaways to navigate the ever-changing marketing landscape effectively.



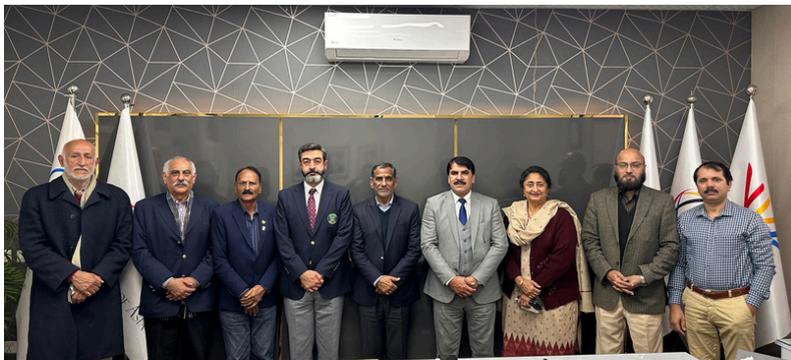
# PAKISTAN OLYMPIC ASSOCIATION

Activity Report - January to December 2025



## **20<sup>th</sup> Meeting Of The POA Sports Commission**

The 20<sup>th</sup> meeting of the POA Sports Commission was convened on 22 January 2025 under the chairmanship of Brig. Mujtaba Haider, Chairman of the Commission to discuss on the updates of the 35<sup>th</sup> National Games 2025 in Karachi and holding of 1<sup>st</sup> National Youth Games in 2025 by the NOC Pakistan.



## **Delegation Registration Meeting for Harbin 2025 Asian Winter Games**

The Final Delegation Registration Meeting of NOC Pakistan was organized by the Organizing Committee of the Games on Zoom on 29 January 2025. The Manager Games Services represented NOC Pakistan in this meeting and finalized the ETS, accreditation report, entry by name of athletes, payment of accommodation fee and other related matters with the Organizing Committee for the smooth participation of the Pakistan Contingent in these Games.

## **Glasgow 2026 Operational Webinar, 29 January 2025.**

The CGF organized the Glasgow 2026 Operational Webinar on 29 January 2025 which was attended by the Manager Games Services, NOC / CGA Pakistan. The CGF shared key Games information with CGAs for Glasgow 2026 Commonwealth Games covering areas such as the Medal Event Programme, Sport & Competition Venues, Athlete Allocation Principles & Qualification System, Sports Policies and information about the CGA Portal.

## **Meeting regarding arrangements for SAOC Executive Committee**

An in-house meeting was organized by NOC Pakistan on 29 January 2025 to discuss the arrangements for the Executive Committee Meeting of the South Asia Olympic Council (SAOC) scheduled from 24 - 27 February 2025 in connection with the 14th South Asian Games in Pakistan.

## **Meeting regarding Harbin 2025 Asian Winter Games, 28 January 2025**

A meeting was organized by the NOC Pakistan on 28 January 2025 inviting the Chef de Mission for the 9th Asian Winter Games / Secretary General, Winter Sports Federation Pakistan, a representative of the Pakistan Sports Board, the NOC Attache from the Embassy of Pakistan in China and the Safeguarding Officer for coordination and complete arrangements for the participation of the Pakistan Contingent in the Harbin 2025 Asian Winter Games.

# PAKISTAN OLYMPIC ASSOCIATION

Activity Report - January to December 2025



## IOC Diploma in Sports Nutrition (Feb 2025 – Nov 2026) – 31 January 2025

Ms. Iman Khalid, Nominee of Pakistan Handball Federation, has successfully enrolled and received approval from the International Olympic Committee (IOC) for the Olympic Solidarity (OS) Scholarship for participation in the IOC Diploma in Sport Nutrition scheduled online from Feb 2025 to November 2026.



## Meeting regarding Budget Estimates for 14th South Asian Games in Pakistan - 3 February 2025

A meeting was organized in both physical and virtual modes on 3<sup>rd</sup> February 2025 at Pakistan Olympic House, Lahore to discuss the budget estimates of sports likely to be included in the 14<sup>th</sup> South Asian Games in Pakistan.

## Meeting to discuss the arrangements for the SAOC Executive Committee Meeting regarding 14th South Asian Games in Pakistan - 4 February 2025

A meeting was conducted by the Ministry of Inter Provincial Coordination and PSB with the President and Secretary General, NOC Pakistan on 04 February 2025 regarding the arrangements for the Executive Committee Meeting of the South Asia Olympic Council (SAOC) scheduled from 24 – 27 February 2025 in Lahore / Islamabad in connection with the 14<sup>th</sup> South Asian Games in Pakistan.

## The 9<sup>th</sup> Asian Winter Games Harbin, China - 7-14 February 2025

A five member contingent from Pakistan participated in the 9<sup>th</sup> Asian Winter Games held from 7-14 February 2025 in Harbin, China comprising of the Chef de Mission, two athletes (Alpine Skiing & Cross-country), one coach and NOC Attache. As per the instructions of the OCA / Organizing Committee, the NOC Pakistan also appointed an IOC Certified Safeguarding Officer for these games.



# PAKISTAN OLYMPIC ASSOCIATION

Activity Report - January to December 2025



The athletes demonstrated significant improvement in their skills compared to previous international competitions. Their performances indicated the positive impact of the training camps and highlighted potential for future success. Mr. Muhammad Karim got 19<sup>th</sup> position with 198 points in Alpine Skiing event whereas Mr. Muhammad Shabbir 41<sup>st</sup> position with 413 points in Cross Country event.



## Meeting of the POA Education Commission - 13 February 2025

The Meeting of the POA Education Commission (POAEC) was held on 13 February 2025 at Pakistan Olympic House, Lahore, under the Chairmanship of Mr. Javed Ali Memon. The Commission reviewed and discussed the Action Plan 2025–2028, covering key initiatives such as:

- Sports Administration and Good Governance Courses/Workshops for the management of National Sports Federations (NSFs) and POA-affiliated units and well as for the Directors Sports of universities affiliated with HEC.
- Awareness Campaign for Olympic Day 2025, including themes, content creation, social media strategies, and school poster competitions.
- Development of an Education Program for the 14th South Asian Games – Pakistan.
- Establishment of the National Olympic Academy (NOA) of POA.

Additionally, the Commission deliberated on the Olympic Values Education Program (OVEP) and reviewed the evaluation criteria for selecting candidates for the Master's (M.A.) in Olympic Studies (2025–2027) at the German Sport University Cologne. The selection process and related proforma were discussed and approved.



# PAKISTAN OLYMPIC ASSOCIATION

Activity Report - January to December 2025



## **CGF eqUIP Team 19 Program - 17 February 2025**

Ms. Anna Ibtisam, National Shooting Champion, has been inducted as an Intern under the CGF eqUIP Team 19 Program by the Commonwealth Games Federation for the period March 2025 to August 2026. She will serve as an intern at the POA Secretariat, contributing to various initiatives related to the Glasgow 2026 Commonwealth Games, CGF-allocated programs, and coordination and arrangements for CGF meetings. Her responsibilities will also include assisting with orientation workshops, webinars, reports, and other assignments as directed by the POA.



## **Meeting to finalize arrangements SAOC Executive Committee Meeting**

Meetings were organized for joint discussion between the Federal Secretary and Joint Secretary, Ministry of Inter Provincial Coordination, Director General, Pakistan Sports Board, President and Secretary General, NOC Pakistan on 20 February and 23 February 2025 regarding the final arrangements for the visit of the NOC delegates for the Executive Committee Meeting of the South Asia Olympic Council (SAOC).

## **OCA Seminar On AI Technology & E-Sports, Kuwait - 22 February 2025**

Mr. Muhammad Abubakar Ali, Manager Media & Marketing at POA, and Mr. Muhammad Junaid Rauf, an official from the Task Force for the Development of e-Sports, attended the OCA AI Seminar on February 22 in Kuwait. The seminar explored AI's impact on athlete performance, with experts from DataWise Technology Inc. showcasing AI-driven training optimization, injury prevention through motion tracking, and personalized coaching. Ant Group and Digital Esports Asia highlighted AI's role in sports management, fan engagement, and competition analysis while addressing ethical and data privacy concerns. Discussions also covered technological advancements such as VR, AR, and simulation technologies, which are revolutionizing training methods. Additionally, experts examined AI's growing influence in e-Sports, focusing on AI-powered analytics, automated officiating, and audience engagement tools shaping the future of digital competitions.



### Visit of NOC delegates to Pakistan for the SAOC Executive Committee Meeting regarding 14th South Asian Games 2026 in Pakistan. 23 – 27 February 2025

The NOC Pakistan hosted a high-level visit for South Asian NOCs from February 23–27, 2025, in Lahore and Islamabad, culminating in the SAOC Executive Committee Meeting on February 25 at Avari Hotel, Lahore. Delegates from Bangladesh, Bhutan, Maldives, Nepal, Sri Lanka, and Pakistan attended in person, while India participated virtually.

President SAOC & NOC Pakistan, Mr. Arif Saeed, welcomed the delegates and acknowledged India's remote participation. The meeting finalized key decisions for the upcoming South Asian Games, scheduled for January 23–31, 2026, across Lahore, Islamabad, and Faisalabad, featuring 27 sports plus one additional notified sport. The final event list will be confirmed by March 31, 2025, with draft technical handbooks due by April 30, 2025, and an SAOC inspection visit in late 2025. The Games period was set as 30 days pre-opening and 15 days post-closing ceremonies.



A SAOC Constitution Review Committee was formed, led by Mr. Arif Saeed, alongside representatives from Nepal, Sri Lanka, the OCA, and SAOC Secretary Mr. Muhammad Khalid Mahmood. Proposed constitutional amendments are to be submitted within 90 days for formal adoption in late 2025. Additionally, the house supported inviting the OCA Director General (or nominee) as a permanent participant in future SAOC Executive Committee meetings, with their role's status to be determined during the constitutional review.

This strategic meeting marked a significant milestone in strengthening regional collaboration and setting the stage for a successful South Asian Games 2026.



# PAKISTAN OLYMPIC ASSOCIATION

Activity Report - January to December 2025



During the visit of SAOC Delegates to Pakistan, the following activities were also part of the programme:-

**25 February 2025**

Visit to Sports Board Punjab, Gaddafi Stadium to see the sporting facilities at Nishtar Park,



City tour to Lahore Fort, Badshahi Mosque, and Hazoori Bagh.



Formal dinner reception by President NOC Pakistan at Lahore Polo Club, G.O.R



# PAKISTAN OLYMPIC ASSOCIATION

Activity Report - January to December 2025



## 26 February 2025

SAOC and POA Delegation met with the Federal Minister, Ministry of IPC and other government officials in Islamabad followed by a lunch at Marriott hosted by IPC.



## 27 February 2025

SAOC Delegates visit to POA Olympic House and Museum



### Executive Committee Meeting of POA – 27 February 2025

The Executive Committee meeting of POA was held in both virtual and physical modes on 27 February 2025 convened by Mr. Arif Saeed, President POA at Pakistan Olympic House, Lahore to consider and decide on the important matters, updating on Executive Committee meeting of SAOC in connection with 14<sup>th</sup> South Asian Games in Pakistan, holding of 35<sup>th</sup> National Games in 2025, 1<sup>st</sup> National Youth Games 2025, 3<sup>rd</sup> Asian Youth Games in Bahrain, Kings Baton Relay for Commonwealth Games Glasgow 2026, updation in Arbitration Rules, ratification of Commissions and Committees and Situation of the Olympic Movement in Pakistan etc.



### Meeting Regarding Selection Of Competition Venues For The 14<sup>th</sup> South Asian Games

A meeting was held by the NOC Pakistan on 01 March 2025 at the Pakistan Olympic House inviting the Joint Secretary, Ministry of IPC, Director General, PSB, Secretary General, NOC Pakistan and the concerned NSFs to discuss the selection of competition venues in consultation with the NSFs for the 14th South Asian Games scheduled to take place from 23 – 31 January 2026 in Pakistan. The representatives of National Sports Federations based in Lahore attended in person, while outstation NSFs joined via Zoom. All NSFs proposed their priority choice of competition venues for their sports along with information on the necessary allied facilities required to organize competitions according to international standards. Each NSF confirmed their competition venues and also provided alternate proposals if the actual plan could not be materialized due to competition of other sports to avoid conflicts of competitions on the same dates and times.



# PAKISTAN OLYMPIC ASSOCIATION

Activity Report - January to December 2025



## **AESF General Assembly 2025 – 12 March 2025**

The Asian Electronic Sports Federation (AESF) General Assembly was held virtually on 12 March 2025, under the chairmanship of AESF President, Mr. Kenneth Fok. The Assembly brought together a total of 73 participants, including OCA Deputy Director General, Mr. Vinod Tiwari, AESF Executive Board Members, and representatives from 34 AESF Member Associations. A total of 51 participants represented these Member Associations. Mr. Muhammad Imran, Manager Secretariat, NOC Pakistan, attended the meeting as an observer on behalf of the National Olympic Committee.

## **Milano Cortina 2026 – Pre-Seminar Meeting**

A pre-seminar online meeting was held on March 13, 2025, between the NOC Regional Coordinator of Milano Cortina 2026 and NOC Pakistan to discuss the ETS Calculator and the information provided in a questionnaire related to the Games. Mr. Imran Ahmad Khan, Manager Games Services, represented NOC Pakistan in the meeting.

## **Meeting With PCB Official Regarding 14<sup>th</sup> South Asian Games**

A meeting was convened by Secretary General, NOC Pakistan with a representative of Pakistan Cricket Board on 21 March 2025 to discuss about organizing the cricket competitions (Men & Women) during the 14<sup>th</sup> South Asian Games.

## **Meeting Regarding 35th National Games 2025**

A meeting was convened under the chairmanship of the President POA on 22 March 2025 at Pakistan Olympic House, Lahore to discuss important matters related to the participation of the provincial, regional, services and departmental teams in the 35th National Games scheduled to be held from 1 – 9 May 2025 in Karachi.



## **Milano Cortina 2026 – Chef De Mission Seminar**

Air Commodore Ashar Jamil, Secretary General, Winter Sports Federation Pakistan attended the Chef de Mission Seminar representing Pakistan held from 24 March to 27 March, 2025 in Milan, Italy.



### Meeting Of Stakeholders For The 35<sup>th</sup> National Games 2025 In Karachi

A meeting of all stakeholders of the 35th National Games was convened on 25 March 2025 at Hotel Mehran Shakra-e-Faisal, Karachi Cantonment Karachi to discuss the preparation planning and arrangements of the games, competition venue inspection, participation of the provincial, regional, services and departmental teams. The Organizing Committee of the 35th National Games 2025 made arrangements for the air travel, boarding and lodging for all representatives except those from services and departments as per the rules of the 35th National Games. Every aspect was discussed in the meeting and relevant issues were addressed and resolved by the Pakistan Olympic Association with the Organizing Committee for the smooth conduct of the Games.



### 5<sup>th</sup> Meeting Of The POA Medical Commission

The 5th Meeting of the POA Medical Commission was held on 27 March 2025 under the chairmanship of Dr. Syed Meesaq Hussain Rizvi, Chair of the Commission to discuss logistics and operational planning of the Commission and doping awareness programme including the conduct of dope tests by ADOP / NADO Pakistan during the 35th National Games scheduled to be held from 1 – 9 May 2025 in Karachi.



# PAKISTAN OLYMPIC ASSOCIATION

Activity Report - January to December 2025



## International Coaching Course – Hungary (1 April – 23 May 2025)

Mr. Noman ul Haq, National Tennis Coach, successfully enrolled and completed the International Coaching Course (ICC) organized by the Hungarian University of Sports Science (HUSS) in collaboration with the International Olympic Committee (IOC). He was awarded an Olympic Solidarity Scholarship to support his participation.

## CGF Asia eqUIP Team 19 Workshop – 1 to 4 April 2025, Sri Lanka

Ms. Anna Ibtisam, National Shooting Champion, has been selected as an Intern under the CGF eqUIP Team 19 Program by the Commonwealth Games Federation for the period March 2025 to August 2026. She attended the inaugural workshop of the eqUIP Internship Programme held in Sigiriya, Sri Lanka, from 1 to 4 April 2025.



## OCA Regional Forum – 2 to 3 April 2025, Bhutan

The OS/OCA Regional Forum for East, Southeast, and South Asian NOCs was held on 2–3 April 2025 in Thimphu, Bhutan. Mr. Imran Ahmad Khan, Manager, Games Services and Mr. Zaigham Abbas, Manager, Olympic Solidarity Programs represented NOC Pakistan.



Key topics included the Olympic Solidarity Quadrennial Plan 2025–2028, the 3rd Asian Youth Games (Bahrain, October 2025), and the 6th Asian Indoor & Martial Arts Games (Riyadh, 2026).





### **International Day of Sport for Development and Peace – 6 April 2025**

Pakistan Olympic Association in collaboration with its affiliated units celebrated the International Day of Sport for Development and Peace. The nationwide event featured the #WhiteCard campaign and engaged athletes, ambassadors, schoolchildren, and community leaders in promoting peace and sportsmanship through sports.



### **Electoral General Assembly (AESF) – 06 APRIL 2025**

The Asian Electronic Sports Federation (AESF) convened its Electoral General Assembly (EGA) virtually on 6 April 2025. The meeting was chaired by AESF President, Mr. Kenneth Fok, and attended by AESF Executive Board Members, representatives from 38 AESF Member Associations, and the Deputy Director General of the Olympic Council of Asia (OCA), Mr. Vinod Kumar Tiwari.

The EGA was held to elect the Federation's new leadership, including the President, Vice Presidents representing the five Asian zones, and Executive Board Members. Mr. Muhammad Imran, Manager Secretariat, NOC Pakistan, attended the meeting as an observer on behalf of the National Olympic Committee.

### **Meeting of the Organizing Committee of the 35th National Games – 08 April 2025**

A meeting of the Organizing Committee for the 35th National Games 2025 was held on 08 April 2025 at 2:00 PM in the Committee Room of the Sindh Assembly, Karachi. The session was chaired by Mr. Sardar Muhammad Bux Khan Mahar, Chairman Organizing Committee 35NG2025 / President, Sindh Olympic Association / Provincial Minister for Sports & Youth Affairs, Government of Sindh. Mr. Arif Saeed, President of the Pakistan Olympic Association (POA), was specially invited to attend the meeting.

Key agenda items discussed included finance, security, venue readiness, equipment, accommodation, transportation, medical and anti-doping arrangements, Safe Sport initiatives, media coverage, the National Games Torch Relay, technical conduct of the Games, and the establishment of relevant secretariats.

The meeting was attended by Mr. Abdul Aleem Lashari, Secretary, Sports & Youth Affairs Department, Government of Sindh / Vice Chairman, Organizing Committee 35NG2025; Ms. Fatima Lakhani, Senior Vice President POA; Mr. Muhammad Khalid Mahmood, Secretary General POA; Brig. Mujtaba Haider, Chairman POA Sports Commission; Mr. Muhammad Jahangir, Deputy Secretary General POA / Convener POA Venue Inspection Committee; Ms. Tehmina Asif, Lady Associate Secretary General POA; Ms. Sana Ali, Executive Member POA; and Syed Waseem Uddin Hashmi, Individual Member POA.

Representatives from the Office of the Commissioner Karachi, Health Department, 5 Corps Pakistan Army, and Pakistan Rangers also participated.

### **Meeting with Focal Persons of Sindh Province for the 35th National Games 2025 – 10 April 2025**

A virtual meeting was convened on 10 April 2025 with the Focal Persons of Sindh Province and Secretaries of the Sindh Sports Associations to review preparations and address matters related to the 35th National Games 2025. The session was chaired by Mr. Muhammad Khalid Mahmood, Secretary General of the Pakistan Olympic Association. The meeting was attended by Mr. Ahmed Ali Rajput, Secretary General of the Sindh Olympic Association and Organizing Secretary of the 35th National Games, Mr. Khalid Rehmani, Deputy Secretary 35NG2025, and Mr. Muhammad Asghar Baloch, Treasurer SOA, along with other officials from the Sindh Olympic Association and the Organizing Committee.

### **Glasgow 2026 CGA Webinar - Selection Policies**

The CGF organized a webinar for the CGAs on 10 April 2025 to assist with selection policies and the best approach to distribute the Open Allocation Quota Slots in a fair and transparent process. The webinar was facilitated by the Development and Sports teams of the CGF which was organized in two sessions, in the morning (UK) and afternoon (UK) to accommodate the different time zones. The CGA Kenya shared their best practices and experiences with the participants of the Webinar. The Manager Games Services, CGA / NOC Pakistan attended the webinar.

### **OCA Gender Equity Seminar – 14–15 April 2025, Brunei Darussalam**

Ms. Fatima Lakhani, Senior Vice President POA and Chair of the POA Women’s Commission, attended the OCA Gender Equity Seminar. The event, organized in collaboration with the IOC and Brunei NOC, focused on advancing gender equality in sport across Asia.



### **Glasgow 2026 Operational Webinar # 2**

The CGF organized an operational webinar for the CGAs on 15 April 2025 sharing important information for the preparation of Glasgow 2026 by the CGAs. This included details such as length of stay, arrival and departure, accommodation, meals, shared meeting rooms, CGA Open Days visit, branding on team uniform, competition clothing, equipment etc. and sport key dates. The Manager Games Services, CGA / NOC Pakistan attended the webinar.

# PAKISTAN OLYMPIC ASSOCIATION

Activity Report - January to December 2025



## 21<sup>st</sup> Meeting of the POA Sports Commission

The 21<sup>st</sup> meeting of the POA Sports Commission was convened on 19 April 2025 under the chairmanship of Brig. Mujtaba Haider, Chairman of the Commission regarding the postponement of the 35<sup>th</sup> National Games which were originally scheduled from 1-9 May, 2025 in Karachi.



The matter was discussed in detail, and recommendations were made by the commission for the Executive Committee of POA to take appropriate decisions in its meeting scheduled for 21 April 2025.

## Emergent Executive Committee Meeting of POA – 21 April 2025

An emergent Executive Committee meeting of POA was held in both virtual and physical modes on 21 April 2025 convened by Mr. Arif Saeed, President POA at Pakistan Olympic House, Lahore to discuss and decide on the important matters i.e. updates on the 35<sup>th</sup> National Games 2025 in Karachi and progress regarding 14<sup>th</sup> South Asian Games in Pakistan etc.



## Meeting on Digital Youth Hub – 23 April 2025

A meeting on the “Digital Youth Hub” was organized by the Prime Minister’s Office on 23 April 2025 in hybrid mode at the Prime Minister’s Office, Islamabad. All National Sports Federations (NSFs) and the Pakistan Olympic Association (POA) were invited to attend. Mr. Muhammad Khalid Mahmood, Secretary General POA, participated via Zoom, while Mr. Rizwan Ul Haq Razi, Secretary General of the IOA and Chairman of the Pakistan Rowing Federation, attended in person as the POA Representative. The meeting focused on briefing and onboarding the sports federations to register on the PM’s Digital Youth Hub, share youth sports opportunities, and encourage wider participation in the National Adolescent and Youth Policy Survey.



### **Interviews – Master’s Program in Olympic Studies, University of Peloponnese, Greece (2025–2026) – 24 April 2025**

Interviews for the Master’s Program in Olympic Studies were conducted at POA House, Lahore. Four candidates participated (in person or virtually). Based on evaluation and interview by the Chair, Deputy Chair, and Secretary of the POA Education Commission, Mr. Junaid Khan (HEC) was recommended for nomination, representing the Balochistan province.

### **OCA Finance Committee Meeting – 25 April 2025**

Mr. Muhammad Khalid Mahmood, Secretary General, NOC Pakistan participated in the online OCA Finance Committee meeting held on 25 April 2025 as Deputy Chair, OCA Finance Committee.

### **15th Edition International Coaching Enrichment Certificate Program (ICECP) - (2024–2025) – Last And Final Module (26 April – 01 May 2025)**

Mr. Muhammad Inam Butt, Chairman of the Athletes Commission of the Pakistan Olympic Association, successfully completed the 15th Edition of the International Coaching Enrichment Certificate Program (ICECP) 2024–2025 with the support of an Olympic Solidarity Scholarship. The program began with a virtual module in April 2024, followed by in-person sessions in Colorado Springs, various U.S. locations, and the University of Delaware in September 2024. The final module took place in Lausanne, Switzerland, from 26 April to 1 May 2025.



### **Meeting of the POA Medical Commission**

The 6th Meeting of the POA Medical Commission was held on 29 April 2025 under the chairmanship of Dr. Syed Meesaq Hussain Rizvi, Chair of the Commission to discuss the important matters related to the commission.

### **Coordination Meeting for 1st National Youth Games 2025 – 5 May 2025**

A Coordination Meeting for the 1st National Youth Games 2025 was at the Pakistan Olympic House, chaired by Mr. Muhammad Khalid Mahmood, Secretary General POA. A detailed briefing and presentation were prepared for the President POA to be shared with the relevant authorities.

### **18th International Session for NOAs and NOCs – 9–15 May 2025, Athens & Olympia, Greece**

The 18th International Session for National Olympic Academies (NOAs) and National Olympic Committees (NOCs) Delegates was held from 9 to 15 May 2025 in Athens and Olympia, Greece. Ms. Tania Mallick, Secretary of the POA Education Commission and Honorary Director of the National Olympic Academy, was nominated to represent the Pakistan Olympic Association at the session.



### **Meeting – POA Delegation with Chief Minister Sindh – 7 May 2025**

A meeting with the Honourable Chief Minister Sindh, Mr. Murad Ali Shah, was held on 07 May 2025 in Karachi on the invitation of the Government of Sindh to finalize the program and operational roadmap for the rescheduled 35th National Games 2025. The meeting was attended by a delegation of the Pakistan Olympic Association (POA) led by its President Mr. Arif Saeed, accompanied by Senior Vice President Ms. Fatima Lakhani, Secretary General Mr. Muhammad Khalid Mahmood, and Mr. Ahmed Ali Rajput, Secretary General of the Sindh Olympic Association.



# PAKISTAN OLYMPIC ASSOCIATION

Activity Report - January to December 2025



## OCA General Assembly – 11–12 May 2025, Kuwait

Mr. Arif Saeed (President, POA) and Mr. Muhammad Khalid Mahmood (Secretary General, POA) attended the OCA General Assembly in Kuwait. Key agenda items included reports from organizing committees of upcoming Asian Games, zonal vice presidents, and standing committees, as well as approval of financial statements and planning for the next General Assembly.



## Interviews – IOC Certificate in Drugs in Sport (2025–2026) – 13 May 2025

Four candidates were interviewed at POA House (in person or virtually). The interviews were conducted by members of the POA Medical Commission and the Secretary General POA. Dr. Qurat ul Ain Khan (Pakistan Karate Federation) was recommended for nomination based on her top score.



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## Chefs de Mission Seminar for the 3<sup>rd</sup> Asian Youth Games Bahrain 2025

The Chefs de Mission Seminar for the 3<sup>rd</sup> Asian Youth Games 2025 was held from 14 to 17 May 2025 at The Art Hotel & Resort – Amwaj Island in the Kingdom of Bahrain. Mr. Muhammad Khalid Mahmood, Secretary General and Mr. Hamdan Nazir, Chairman HR & Admin Committee, NOC Pakistan attended this Seminar. A presentation with comprehensive details about the progress of the Games and key dates for the NOCs for their preparation and participation was given during the Seminar.

# PAKISTAN OLYMPIC ASSOCIATION

Activity Report - January to December 2025



## Meeting of the POA Constitution And Affiliation Committee – 21 May 2025

The meeting of POA Constitution and Affiliation Committee was held in both virtual and physical modes on 21 May 2025 at Olympic House, Lahore under the chairmanship of Lt Col (R) Raja Wasim Ahmed, President PTWF to discuss / consider the request for “Resolution and Reinstatement of Pakistan Cycling Federation” as per constitution of PCF, POA and Olympic Charter.



## ISSA Legal & Governance Committee Meeting - 21 May 2025

Mr. Muhammad Khalid Mahmood, Secretary General POA, attended the Islamic Solidarity Sports Association (ISSA) Legal & Governance Committee Meeting held virtually on 21 May 2025 being its member.

## Interviews – MEMOS XXVIII (August 2025 – September 2026) – 22 May 2025

Interviews for the Executive Masters in Sports Organization Management (MEMOS) were held at POA House. Two candidates participated. The panel included Mr. Javed Ali Memon, Chairman, POA Education Commission, Ms. Tania Mallick, Secretary POA Education Commission, and Mr. Hamdan Nazir, MEMOSIAN/ Chair POA HR & Admin Committee and Muhammad Khalid Mahmood, Secretary General POA. Both candidates were recommended for nomination based on the evaluation.

## Visit Of Renowned Judoka Ms. Sabrina Filzmoser To The Pakistan Olympic House, Lahore – 27 May 2025

The Pakistan Olympic Association (POA) warmly welcomed Austrian Olympian Sabrina Filzmoser—a four-time Olympian, World Judo Medalist, Chair of the World Judo Athletes Commission, and Climate Ambassador of the International Judo Federation (IJF)—as she embarked on her inspiring cycling journey from Karachi to K2. Her “Judo for Peace” mission exemplifies the unifying power of sport in promoting peace, empowerment, and environmental awareness, while also highlighting Pakistan’s commitment to fostering global sportsmanship and solidarity.



# PAKISTAN OLYMPIC ASSOCIATION

Activity Report - January to December 2025



## **Chefs de Mission Seminar for the 6<sup>th</sup> Islamic Solidarity Games 2025. 1 - 2 June, 2025.**

The Secretary General NOC Pakistan attended the Chefs de Mission Seminar for the 6<sup>th</sup> Islamic Solidarity Games held on 1-2 June 2025 at Hilton Riyadh Hotel & Residence, Saudi Arabia.



The Organizing Committee of the Games presented a comprehensive presentation to the participating delegates providing maximum information for the preparation and participation in the 6<sup>th</sup> Islamic Solidarity Games.

## **Meeting of the Steering Committee for the 14<sup>th</sup> South Asian Games 2026 in Pakistan. 2 June, 2025.**

The 2<sup>nd</sup> meeting of the reconstituted Steering Committee for the 14<sup>th</sup> South Asian Games 2026 in Pakistan was held on 2<sup>nd</sup> June 2025 in Islamabad under the chairmanship of the Minister-in-Charge, Ministry of IPC. Major (R) Majid Waseem, Vice President, NOC Pakistan attended this meeting virtually on behalf of the President POA. The budget estimates and selection of venues for the games were discussed. A Sub Committee of the Steering Committee for the 14<sup>th</sup> South Asian Games chaired by the Federal Secretary, Ministry of IPC was constituted to submit its report within 15 days regarding the tasks assigned during this meeting.

## **Olympism365 Summit -Lausanne - 3-6 June 2025**

Mr. Ahmer Mallick, Treasurer POA, represented Pakistan at the Olympism365 Summit hosted by the IOC in Lausanne.

The summit proved to be an exceptionally enlightening and knowledge-rich experience. It offered deep insights into the IOC's evolving strategic direction, with particular emphasis on its alignment with the United Nations Sustainable Development Goals (SDGs). The presentations clearly articulated the integration of sport as a catalyst for peace, development, education, gender equity, and climate action. The keynote addresses by IOC President Mr. Thomas Bach and Ms. Kirsty Coventry were inspiring and a true reflection of the Olympic spirit, reinforcing the principles of universality, inclusiveness, and cooperation.



# PAKISTAN OLYMPIC ASSOCIATION

Activity Report - January to December 2025



## **Meeting of the sub committee of the Steering Committee for the 14<sup>th</sup> South Asian Games 2026 in Pakistan**

A meeting of the sub Committee of the Steering Committee for the 14<sup>th</sup> South Asian Games was held on 4<sup>th</sup> June 2025 in Islamabad under the chairmanship of the Federal Secretary, Ministry of IPC. The President, NOC Pakistan attended this meeting virtually. The concerned key officials from the provincial government were taken on board and proposals / feedback were taken. It was recommended that once the budget rationalization and venue arrangements are finalized, the Sub-Committee will submit its recommendations to the Steering Committee and the Prime Minister for approval, ensuring the plan is comprehensive, feasible, and aligned with national priorities.

## **Meeting of The Management Committee of Mixed Martial Arts (MMA) - 04 June 2025**

The meeting of the Management Committee of Mixed Martial Arts (MMA) was held on 04 June 2025 at the Pakistan Olympic House, Lahore, under the chairmanship of Syed Wasim Uddin Hashmi, Vice President SOA and Member POA Finance Committee. The primary agenda was to discuss the participation of Mixed Martial Arts athletes in the 1<sup>st</sup> AMMA Youth Championship, scheduled to be held in Bahrain from 26 to 28 June 2025, which serves as the official qualifying event for the 3<sup>rd</sup> Asian Youth Games. In this regard, MMA groups operating across Pakistan were invited to contribute to the deliberations and planning.

## **CGA Webinar - Sport & Revenue Generation Update - 05 June 2025**

The POA participated in a CGA-hosted webinar focused on innovative approaches to revenue generation in sport. The session shared practical insights on sponsorship, digital engagement, and sustainable funding models, offering valuable ideas to strengthen financial planning across sports initiatives.

## **IOC 65th Intl Session for Young Olympic Ambassadors, 7-19 June 2025**

Ms. Eisha Arooj, Assistant Manager of Museum and Academy at POA, and Mr. Humza Ijaz Tung from Boxing represented Pakistan at the IOC's 65th Young Olympic Ambassadors Session in Ancient Olympia, Greece. This immersive two-week programme centred on "The Future of Sport" and exploring themes like AI's role in Olympism brought together young sports leaders for lectures, cultural experiences, and collaborative workshops. Their participation provided valuable international exposure and fresh ideas, which they will channel into advancing youth engagement and education initiatives within POA.



### **WEBINAR – EqUIP T19 Sustainability Framework – 10 June 2025**

Ms. Anna Ibtisam attended the 10 June webinar on the EqUIP T19 Sustainability Framework, which focused on aligning organizational operations with environmental, social, and governance principles. Industry experts presented practical steps for integrating sustainability into strategy, metrics, and reporting, highlighting how to balance ecological responsibility with performance goals. Participation reaffirmed our commitment to embedding sustainable practices across POA's events and facilities, and sparked actionable ideas to strengthen our long-term resilience and impact.

### **International Athletes' Forum - Lausanne, Switzerland. 11-12 June 2025**

Mr. Inam Butt, Chairman of the Athletes Commission POA, represented Pakistan at the 12th International Athletes' Forum in Lausanne. The event brought together over 400 athlete leaders to address key topics including mental health, career transition, Olympic Solidarity funding, anti-doping, and athlete representation.



### **Meeting of PSB and POA regarding the 14<sup>th</sup> South Asian Games 2026 in Pakistan**

A meeting was convened by the NOC Pakistan at its headquarters in Lahore on 13 June 2025 under the chairmanship of its President. The meeting was attended by the Secretary General, Dy. Secretary General, NOC Pakistan and the Director General, and Director, Pakistan Sports Board. The purpose of this meeting was to review the budget estimates presented by each NSF for the 14<sup>th</sup> South Asian Games. The Director General, PSB appreciated the work done by the NOC Pakistan in consultation with the NSFs concerned.



### **One-to-one meeting with SEQ Manager IOC regarding Dakar 2026 Summer Youth Olympic Games**

A one-to-one meeting was organized by Mr. Mario Mancinelli, SEQ Manager, IOC with NOC Pakistan on 18 June 2025 to ensure clarity and provide support throughout the process regarding the intention of participation of athletes from Pakistan in the sports disciplines included in the Dakar 2026 Summer Youth Olympic Games, provided they meet the eligibility criteria of the Games. The Manager Games Service, represented NOC Pakistan in the meeting.

# PAKISTAN OLYMPIC ASSOCIATION

Activity Report - January to December 2025



## POA Workshop on Integrity in Sport, at Mayo Gardens Club, Pakistan Railways, Lahore – 14 June 2025

The Pakistan Olympic Association organized a national-level workshop on Integrity in Sport at the Mayo Gardens Club, Pakistan Railways, Lahore. The event brought together over 120 participants representing national federations, provincial associations, and departmental sports bodies. Key themes included anti-doping education, safeguarding in sport, and the prevention of competition manipulation. Supported by the Olympic Council of Asia, the workshop aimed to enhance awareness and strengthen institutional understanding of integrity frameworks within Pakistan's sporting ecosystem.

The workshop also featured a focused selection process through which the top 15 participants were identified for advanced training, empowering them as future leaders and integrity advocates. With dynamic sessions and meaningful dialogue, the initiative reflected POA's ongoing commitment to promoting clean, fair, and safe sport at all levels. The event was also highlighted through POA's social media platforms, reinforcing transparency and public engagement in matters of athlete welfare and ethical conduct.



## 6th Meeting of POA Athletes Commission – 14 June 2025

The 6th meeting of the POA Athletes' Commission was held on 14 June 2025 in Lahore, chaired by Mr. Inam Butt. The session brought together athlete representatives from various sports to review ongoing initiatives, discuss challenges faced by athletes, and explore strategies to strengthen their voice within the national sports structure.

Key topics included athlete representation in governance, access to training resources, mental health support, and follow-up on recommendations from international forums.

# PAKISTAN OLYMPIC ASSOCIATION

Activity Report - January to December 2025



## Olympic Day 2025 – 23 June 2025

In the spirit of Olympism and unity, Pakistan Olympic Association, in collaboration with its provincial associations, organised a week-long celebration of Olympic Day across multiple cities from 18 to 23 June 2025. Events kicked off in Rawalpindi and Islamabad with community activities led by the Islamabad Olympic Association and the Pakistan Army. The celebrations continued in Quetta and Karachi, where the Balochistan and Sindh Olympic Associations, alongside HEC and the Pakistan Navy respectively, hosted dynamic sporting events encouraging youth participation. Simultaneous events in Peshawar and Lahore included guided tours for children and families at the POA Olympic Museum, fostering awareness around Olympic values and Pakistan's sporting heritage.

The main highlight took place on 23 June at Aitchison College, Lahore. The day featured exhibition matches in tennis, hockey, and rugby, followed by an enthusiastic Olympic Day Walk. Embracing this year's global Olympic Day theme **"Let's Move"**, the event brought together athletes, students, and the general public in a celebration of health and togetherness through sport. After the walk, a special ceremony was held to honour Pakistan's Olympic heroes including Arshad Nadeem, Faiqa Riaz, and Olympian Manzoor-ul-Hasan. The presence of officials from WAPDA, Railways, Police, and widespread media coverage gave the event national visibility and significance.

These celebrations not only honoured the global Olympic Movement but also served as a platform to inspire the youth of Pakistan to embrace sport as a way of life. By integrating participation, education, and national pride, POA successfully engaged communities across the country, reinforcing the universal Olympic values of excellence, friendship, and respect—reminding everyone that no matter where we are, Let's Move together.



# PAKISTAN OLYMPIC ASSOCIATION

Activity Report - January to December 2025



## **Executive Committee Meeting of POA – 24 June 2025**

The Executive Committee meeting of POA was held in both virtual and physical modes on 24 June 2025 convened by Mr. Arif Saeed, President POA at Pakistan Olympic House, Lahore to discuss and decide on the important matters i.e. updates on the 35<sup>th</sup> National Games 2025 in Karachi, progress regarding 14<sup>th</sup> South Asian Games in Pakistan, 1<sup>st</sup> National Youth Games (NYG) 2025 and SOPs for obtaining NOC from PSB for International participation etc.



## **OCA Webinar on Safeguarding In Youth Sports – 24 June 2025**

On 24 June 2025, the Olympic Council of Asia (OCA), in collaboration with the International Olympic Committee's Health, Medicine, and Science Department, organized a webinar to enhance awareness of safeguarding in youth sports. The session aimed to educate stakeholders on the importance of safeguarding, particularly in the context of the Asian Youth Games, promote best practices across sports organizations, foster collaboration among NOCs and NGOs, and empower NOCs with practical tools and resources to develop and implement effective safeguarding policies to protect and support young athletes. The NOC of Pakistan actively participated in this important webinar.

## **OCA Webinar session on Pre-Games Education Prior to participation in Asian Youth Games, Bahrain**

The OCA organized a webinar session on Pre-Games Education for the NOCs and NADOs participating in the Asian Youth Games in Bahrain on 25 June 2025. The session covered anti-doping education topics and shared important guidelines for dissemination to the young athletes. Dr. Asad Abbas was nominated by the NOC Pakistan to attend this webinar.



## **Meeting of POA Environmental Commission – 26 June 2025**

The POA Environmental Commission meeting convened on 26 June 2025 to review ongoing sustainability initiatives and explore new strategies for promoting environmental responsibility in sport. The meeting focused on integrating eco-friendly practices into national events and aligning with international environmental standards within the Olympic Movement.



# PAKISTAN OLYMPIC ASSOCIATION

Activity Report - January to December 2025



## Advanced Workshop on Integrity in Sports – 26-28 June 2025

The Pakistan Olympic Association hosted a three-day Advanced Workshop on Integrity in Sports in Lahore from 26 to 28 June 2025. Building on the earlier foundational workshop held on 14 June, the session brought together the top-selected participants—including federation officials, coaches, and athlete representatives—for intensive training on anti-doping protocols, safeguarding policies, and the prevention of competition manipulation. Delivered in partnership with the Olympic Council of Asia, this advanced programme featured practical case studies, interactive sessions, and expert guidance aimed at empowering participants as integrity champions within their organisations.



The workshop, promoted on POA's social media platforms, reinforced the association's unwavering commitment to ethical conduct, athlete welfare, and clean sport across Pakistan's sporting landscape.

## Interview for the selection of athletes for Olympic Scholarship for Athletes "Los Angeles 2028" – 28 June 2025

On 28 June 2025, Pakistan Olympic Association held interviews for the selection of athletes under the Olympic Scholarship for Athletes "Los Angeles 2028" programme. This initiative, supported by Olympic Solidarity, aims to identify and financially support high-potential athletes in their preparation and qualification journey for the LA 2028 Olympic Games. The programme provides access to high level training facilities, coaching, international competitions, medical services, and a monthly stipend ensuring that selected athletes can focus on performance without financial burden.

Athletes from various disciplines appeared before a selection panel comprising POA officials and technical experts, who assessed each candidate's current performance level, career trajectory, and future potential. The process reflects POA's commitment to long-term athlete development and international competitiveness, helping to create a strong foundation for Olympic success in 2028.

### **Meeting regarding 1st National Youth Games Pakistan at Islamabad - 03 July 2025**

A high-level meeting chaired by Mr. Rana Mashhood Ahmed Khan, Chairman PMYP, with the participation of Secretary IPC, Mr. Arif Saeed, President POA, Mr. Muhammad Khalid Mahmood, Secretary General POA, and other key stakeholders, set the stage for the launch of the First National Youth Games in Pakistan.



Organized under the Prime Minister's Youth Programme in collaboration with the Pakistan Olympic Association and supported by the IPC Ministry, the Games will feature over 15 sports disciplines, offering athletes aged 14 to 17 a national platform to showcase their talent and prepare for future international competitions.

### **Meeting Of The Awards Sub-Committee On Arts And Literature For Pakistan Civil Awards 2025 – 03 July 2025**

The meeting of the Awards Sub-Committee on Arts and Literature for Pakistan Civil Awards 2025 was held on 03 July 2025 where the sports categories were also considered, Mr. Rizwan Ul Haq Razi, Secretary General, Islamabad Olympic Association attended the said meeting on behalf of Pakistan Olympic Association, Islamabad.

### **Meeting of PSB, POA and NSFs regarding the 14<sup>th</sup> South Asian Games 2026**

A meeting was convened by the Pakistan Sports Board in Islamabad on 08 July 2025 inviting representatives of 10 x National Sports Federations to discuss the budget estimates for their sports and the preferred venues for organizing competitions, taking into account the necessary facilities. Mr. Muhammad Jahangir, Dy. Secretary General and Mr. Imran Ahmad Khan, Manager Games Services, NOC Pakistan attended this meeting.

### **Meeting regarding 1st NYG Pakistan at Islamabad - 09 July 2025**

A high-level meeting chaired by Mr. Rana Mashhood Ahmad Khan, Chairman PMYP, was held at the Ministry of IPC to review preparations for the 1st National Youth Games scheduled for September 2025. Attended by the President and Secretary General POA, Federal Secretary IPC, Director General PSB, Managing Director OPF, and representatives from provincial sports boards, armed forces, government ministries, and other stakeholders, the meeting focused on structured qualification pathways to identify top young athletes. The Games were envisioned as a national platform to nurture emerging talent and prepare them for the Asian Youth Games and Youth Olympic Games Dakar 2026.





### Meeting of POA and Sports Board Punjab regarding the 14<sup>th</sup> South Asian Games 2026

A meeting was convened between the POA and Sports Board Punjab at Servis House, Lahore on 11 July 2025 to discuss the budget estimates for the 14<sup>th</sup> South Asian Games related to the sports competitions in Punjab and Islamabad. The President, Secretary General, POA as well as the Director General, Sports Board Punjab attended this important meeting.

### OCA Finance Committee Meeting - 11 July 2025

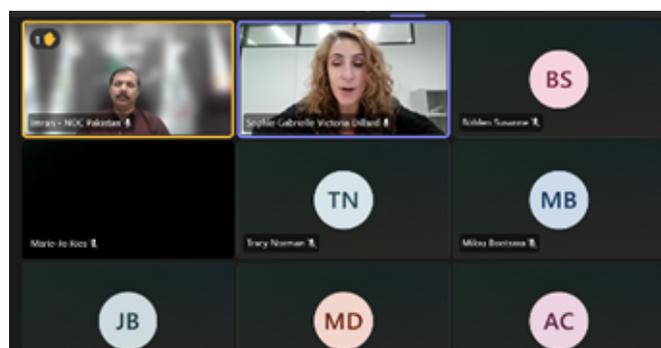
On 11 July 2025, Muhammad Khalid Mahmood, Vice Chair of the Finance Committee of the Olympic Council of Asia (OCA), participated in the Finance Committee Meeting. He actively contributed to the review of audited accounts, financial planning, and budget allocations, ensuring that his perspective was well represented in the deliberations.

### Meeting of POA, Sports Board Punjab, PSB and NSFs regarding 14<sup>th</sup> SAG

A meeting was convened with the NSFs, by POA, PSB and the Sports Board Punjab on 14 July 2025 in Lahore as well as via Zoom to discuss the budget estimates for the 14<sup>th</sup> South Asian Games related to the sports competitions proposed to be conducted in Lahore and Faisalabad (Punjab). The purpose of this meeting was to work out the revised budget estimates for the respective sports competitions.

### Milano Cortina 2026 - Accreditation System Webinar

The accreditation team of the Organizing Committee of the Milano Cortina 2026 organized a webinar on 14 July 2025 for the NOCs to guide the functions of the online accreditation system and respond to user queries. The Manager Games Services from NOC Pakistan attended.



### CGA Committees Monthly Meeting - One Year to Go for Glasgow 2026

The Organizing Committee of the Glasgow 2026 organized CGA Committees meeting on 15 July 2025 updating the CGA regarding the progress of the Games. The Manager Games Services from CGA Pakistan attended.

### ICECP, 2025-2026 (15 July 2025)

Mr. Abdur Rehman, representing the Pakistan Rowing Federation, successfully enrolled for the International Coaching Enrichment Certificate Program (ICECP) 2025–2026 in the United States. The program, supported by Olympic Solidarity, is designed to enhance coaching expertise through advanced training modules, international exposure, and practical applications in sports development.

### Meeting with Pakistan Sports Board regarding 3<sup>rd</sup> AYG Bahrain 2025

A Zoom meeting between the POA and PSB officials was held on 29 July 2025 to discuss the accreditation status and participation of the Pakistan Contingent for the 3<sup>rd</sup> Asian Youth Games Bahrain 2025. Apart from the preparation plan, it was also informed that the youth athletes participating in the 3<sup>rd</sup> Asian Youth Games must complete either the Anti-Doping Education and Learning (ADEL) e-learning module for Talented Athletes (TLA) or the Talented Athletes going for Major Events (TAME) and provide ADEL certificates to NOC Pakistan through their respective NSFs. Without an ADEL e-learning certificate, athletes will not be allowed to participate in the Games as per the instructions of the OCA and the Organizing Committee of the Games

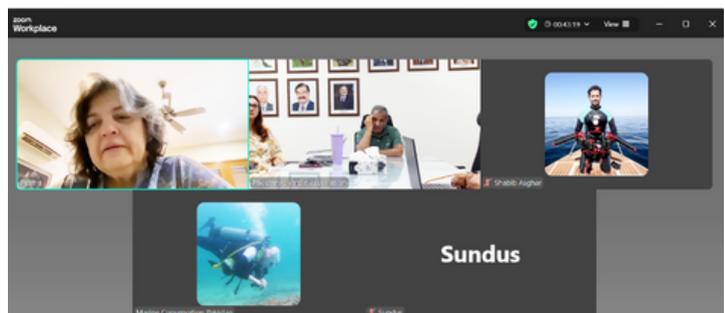
### 22<sup>nd</sup> Meeting of the POA Sports Commission

The 22<sup>nd</sup> meeting of the POA Sports Commission was convened on 30 July 2025 under the chairmanship of Brig. Mujtaba Haider, Chairman of the Commission to discuss updates on the 1<sup>st</sup> National Youth Games from 7-13 September 2025 in Islamabad, the 35<sup>th</sup> National Games from 6-13 December 2025 in Karachi and the 14<sup>th</sup> South Asian Games 2026 in Pakistan.



### Meeting of CGA Pakistan with Marine Conservation Pakistan

A meeting was convened by CGA Pakistan on 05 August 2025 with Ms. Songul Jamal, CEO, Marine Conservation Pakistan, a Royal Commonwealth Society Partner. She will work with CGA Pakistan on the Plastic Clean-up activity which is one of the theme of the Kings Baton Relay activity scheduled to be held between 10 - 15 December 2025 in Karachi.



The CGA Pakistan was attended by Mrs. Fatima Lakhani, Senior Vice President, CGA Pakistan and Chair, Organizing Committee of the KBR event in Pakistan, Mr. Muhammad Khalid Mahmood, Secretary General, CGA Pakistan, Ms. Songul Jamal, CEO, Marine Conservation Pakistan, and staff members of CGA Pakistan

### Meeting Of POA Disciplinary Committee – 05 August 2025

The meeting of POA disciplinary committee was held in both virtual and physical modes on 05 August 2025 at Olympic House, Lahore under the chairmanship of Lt Col Nabeel Ahmed Rana, Secretary, Fitness & Sports Directorate / Army for introduction of the committee and to discuss and develop the Disciplinary SOPs for athletes and officials, both on and off the field, in accordance with the Olympic Charter.



### OCA Finance Committee Meeting - 06 August

Mr. Muhammad Khalid Mahmood, Secretary General, NOC Pakistan attended the online OCA Finance Committee meeting held on 06 August 2025 as Deputy Chair, OCA Finance Committee.

### IOC Certificate in Safeguarding Officer in Sport

Ms. Rafia Haider PCB and Mr. Muhammad Abdullah Hamid Tennis have successfully enrolled for IOC Certificate in Safeguarding Officer in Sport and received approval from the International Olympic Committee (IOC) for the Olympic Solidarity (OS) Scholarship for participation in the IOC Certificate in Safeguarding in Sport.

### Emergent Executive Committee Meeting of POA – 08 August 2025

An emergent Executive Committee meeting of POA was held in both virtual and physical modes on 08 August 2025 convened by Mr. Arif Saeed, President POA at Pakistan Olympic House, Lahore to discuss and decide on the important matters i.e. updates on the 1st National Youth Games (NYG) 2025, 35th National Games 2025 in Karachi, 14th South Asian Games in Pakistan, Continental and other Games and SOPs for obtaining NOC from PSB for International participation etc.



# PAKISTAN OLYMPIC ASSOCIATION

Activity Report - January to December 2025



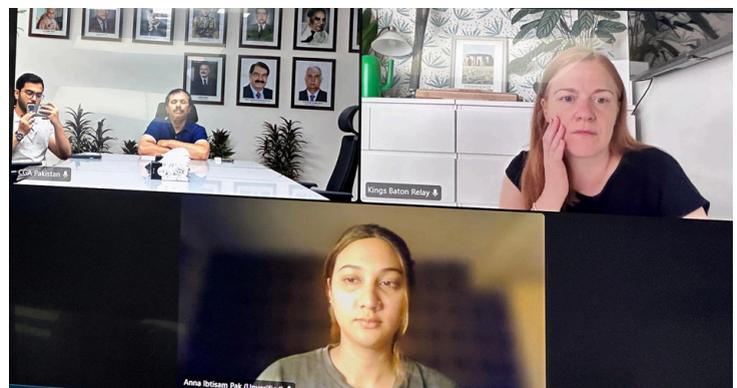
## Emergent General Council Meeting of NOC Pakistan – 09 August 2025

An emergent General Council Meeting of POA was held on 09 August 2024 in both virtual and physical modes at Grand Pavilion, Golf & Country Club, Lahore Garrison, Lahore under the chairmanship of Mr. Arif Saeed, President NOC Pakistan where matters relating to updates on the 1<sup>st</sup> National Youth Games (NYG) 2025, 35<sup>th</sup> National Games 2025 in Karachi, 14<sup>th</sup> South Asian Games in Pakistan, Continental and other Games, Situation of Olympic Movement in Pakistan and other important matters were discussed / approved.



## Meeting of CGA Pakistan with Commonwealth Sport regarding Kings Baton Relay

The Commonwealth Sport organized a meeting on 12 August 2025 4 months before the planned King's Baton Relay (KBR) activities in Pakistan scheduled between 10 – 15 December 2025. Ms. Lisa Hampton representing Commonwealth Sports led the meeting with CGA Pakistan. Ms. Anna Ibtisam, CGF Intern, Mr. Imran Ahmad Khan, Manager Games Services and Mr. Muhammad Abubakar Ali represented CGA Pakistan in the meeting.



# PAKISTAN OLYMPIC ASSOCIATION

Activity Report - January to December 2025



## **MoU Signing Ceremony between POA and Beaconhouse School System – 13 August 2025**

POA and the Beaconhouse School System (BSS) have signed a Memorandum of Understanding to integrate the Olympic Values Education Programme (OVEP) into schools across Pakistan, promoting the values of excellence, respect, and friendship through education and sport.

The MoU was signed at the Pakistan Olympic House by Mr. Arif Saeed, President POA, and Mr. Kasim Kasuri, CEO BSS, in the presence of senior officials of both organizations.



## **Pakistan Olympic Association Extends Greetings on the 78th Independence Day of Pakistan**

The 78th Independence Day of Pakistan was celebrated on 14th August 2025 at POA. The occasion was marked by a cake-cutting ceremony attended by the President, Secretary General POA, Executive Committee members and staff, reflecting the Association's spirit of unity and patriotism.



## **International Coaching Course Hungary (18 August 2025)**

Ms. Fareeha Khan, National Basketball Coach, successfully enrolled and completed the International Coaching Course (ICC) which was held on Oct 1 – Nov 21, 2025 and organized by the Hungarian University of Sports Science (HUSS) in collaboration with the International Olympic Committee (IOC). She was awarded an Olympic Solidarity Scholarship to support his participation.



## **POA Educational Internship Program**

The Olympic Education Internship 2025 was held on 19 – 28 August and concluded with a closing ceremony on 11 September, with 18 participants attending. The program covered key topics including the history of the International Olympic Movement, the Olympic Movement in Pakistan and national games structure, Olympic values, fair play and ethics in sport, and leadership through sport. The purpose of the internship was to introduce participants to Olympic principles, promote ethical behavior and leadership through sport.



### **Workshop – Asia eqUIP T19 Social Media - 20 August 2025**

Ms. Anna Ibtisam, CGF Intern of the Equip19, attended Asia equip T19 Social Media Workshop held virtually on 20 August 2025.

### **OCA Finance Committee Meeting – 20 August 2025**

Mr. Muhammad Khalid Mahmood, Secretary General, NOC Pakistan attended the online OCA Finance Committee meeting held on 20 August 2025 as Deputy Chair, OCA Finance Committee.

### **Team Support Grant Pakistan Volleyball Federation – 21 August 2025**

On the request of the Pakistan Volleyball Federation (PVF), an application for a Team Support Grant was submitted to the International Olympic Committee (IOC). The IOC approved a grant amounting to **USD 100,000**, to be disbursed over a four-year period. For elite teams, the support is specifically aimed at strengthening high-performance programmes with a view to enhancing competitiveness and pursuing qualification for the Olympic Games.

### **Meeting of the POA Women Commission**

Meeting of the POA Women Commission was held on Thursday, 21 August 2025, at 1700 hours under the chairmanship of Ms. Fatima Lakhani, Chairperson, POA Women Commission, at the Pakistan Olympic Association Office. The meeting commenced with the introduction of members of the Commission, followed by a detailed briefing on the NOC Gender Equality Status Snapshot by the IOC. The Commission also discussed the Women in Sport High-Performance Pathway (WISH) Programme, focusing on enhancing female participation and leadership in sports.

### **HR & Administration Committee Meeting – 23 August 2025**

The HR & Administration Committee meeting was held on 23 August 2025 at Pakistan Olympic House, Lahore, to discuss matters related to HR and administrative affairs of the Pakistan Olympic Association.

### **MEMOS XXVIII – Executive Masters In Sports Organization Management (August 2025 – September 2026)**

Ms. Asma Akram, Member / Coordinator CGA Pakistan's Athletes Commission enrolled for the prestigious MEMOS XXVIII – Executive Masters in Sports Organization Management and attended her first module at Lausanne from 31 August – 10 September 2025



### **Pre-DRM for the 6<sup>th</sup> Islamic Solidarity Games Riyadh 2025**

The Pre-DRM for NOC Pakistan was conducted online on 09 September 2025 by the Organizing Committee of the 6<sup>th</sup> Islamic Solidarity Games. Mr. Muhammad Khalid Mahmood, Secretary General and Mr. Imran Ahmad Khan, Manager Games Services attended this important meeting. The Team Size Calculator, accreditation, accommodation and other important matters were discussed during the meeting.

### Olympic Scholarship for Athletes LA28

The International Olympic Committee (IOC), through its Olympic Solidarity Programme, has approved Olympic Solidarity Scholarships to support the preparation of Pakistani athletes for the Los Angeles 2028 Olympic Games (LA28).

Under this programme, a scholarship grant of **USD 13,500 per athlete per annum** has been approved for the duration **September 2025 to August 2028**. The scholarship aims to support athletes' systematic preparation, training, and participation in qualification and preparatory competitions for the LA28 Olympic Games.

#### Approved Scholarship Athletes

##### Athletics

- Mr. Arshad Nadeem

##### National Rifle Association of Pakistan

- Mr. Muhammad Farrukh Nadeem
- Mr. Suliman Khan
- Mr. Imam Haroon
- Ms. Kishmala Talat
- Ms. Rabia Kabir

##### Pakistan Table Tennis Federation

- Ms. Haiqa Hassan

##### Pakistan Taekwondo Federation

- Ms. Fateemaah Tuz Zahraa Khawar



### Pre-DRM for the 3<sup>rd</sup> Asian Youth Games Bahrain 2025

The Pre-DRM for NOC Pakistan was conducted online on 15 September 2025 by the Organizing Committee of the 3<sup>rd</sup> Asian Youth Games 2025. Mr. Muhammad Khalid Mahmood, Secretary General, Mr. Hamdan Nazir, Chair, HR & Admin and Mr. Imran Ahmad Khan, Manager Games Services attended the meeting. The Team Size Calculator, accreditation report, accommodation, NOC assistants and other important matters were discussed during the meeting.

### CGA Virtual Regional Meeting - 15 September 2025

Mr. Muhammad Khalid Mahmood, Secretary General POA and Ms. Anna Ibtisam, CGF equip Intern attend the CGA Virtual Regional Meeting held on 15 September 2025

### **Webinar on Prevention of Competition Manipulation – 16 September 2025**

On 16 September 2025, a webinar on the Prevention of Competition Manipulation (PCM) was jointly organized by the Olympic Council of Asia (OCA) and the Olympic Movement Unit on the Prevention of Competition Manipulation of the International Olympic Committee.

### **Chef de Mission Seminar Aichi-Nagoya 2026 Asian Games**

Mr. Imran Ahmad Khan, Manager Games Services represented the NOC Pakistan in the 1<sup>st</sup> Chef de Mission Seminar organized by the Organizing Committee of the Aichi-Nagoya 2026 at Hilton Hotel, Nagoya from 22 – 26 September 2025. The Games are scheduled to be held from 19 September 2026 to 04 October 2026 in Aichi-Nagoya. 41 sports and 68 disciplines have been included in these Games.



The Organizing Committee of the Games organized a one-on-one meeting with the representative of NOC Pakistan on 22 September 2025.

### **1<sup>st</sup> Meeting of POA Culture and Olympic Heritage Commission**

Meeting of the POA Culture and Olympic Heritage Commission was held on Thursday, 2 October 2025, under the chairmanship of Captain (R) Muhammad Mahmood. The meeting included the introduction of members and discussions on promoting the Olympic Movement through culture and heritage initiatives, enhancing access to the Olympic Museum and preparations for the King's Baton Relay 2025.

### **6th Athletes Forum 2025, 08-12 October 2025 – Lahore**

The 6th Athletes Forum 2025 was organized from 08 to 12 October 2025 at the Pakistan Olympic House, Lahore, in collaboration with the POA Integrity Committee and the POA Athletes Commission.

The Forum was specifically designed for all accredited participants of the 3rd Asian Youth Games, Bahrain 2025. In addition, Secretaries General of the respective National Federations, where not accompanying their teams, were also invited to participate. The primary objective of the Forum was to equip athletes and officials with essential knowledge and practical guidance to promote safe sport and uphold the highest standards of integrity before, during, and after the Games.



# PAKISTAN OLYMPIC ASSOCIATION

Activity Report - January to December 2025



## AESF Esports Forum And 2nd AESF General Assembly 2025 – Bangkok, Thailand

The Asian Electronic Sports Federation (AESF) Forum and 2nd AESF General Assembly were held on 9<sup>th</sup> and 10<sup>th</sup> October 2025 at the Avani Ratchada Hotel, Bangkok, with the participation of 35 AESF Member Associations and the Executive Board. Mr. Muhammad Imran, Manager Secretariat, attended the Forum and General Assembly as the delegate of NOC Pakistan.



## 10<sup>th</sup> Youth Camp of Chinese Olympic Committee, Beijing, 12-17 Oct 2025

Mr. Faizan Shahid Khan and Ms. Noor Malik, nominees of Pakistan Tennis Federation attended the 10<sup>th</sup> Youth Camp of Chinese Olympic Committee held on 12-17 October 2025 in Beijing.



## Meeting Of The POA Constitution And Affiliation Committee – 14 October 2025

The meeting of the POA Constitution and Affiliation Committee was held in hybrid mode (both virtual and physical) on 14 October 2025 at the Olympic House, Lahore, under the chairmanship of Lt Col (R) Raja Wasim Ahmed, President, PTWF. The Committee convened to deliberate on the request for the resolution and reinstatement of the Pakistan Cycling Federation (PCF) in accordance with the Constitutions of the PCF, POA, and the Olympic Charter, to review the dispute case of the Balochistan Wushu Association, and to consider affiliation requests from various federations with the POA.

## 3<sup>rd</sup> Asian Youth Games Bahrain 2025

The 3<sup>rd</sup> Asian Youth Games took place from 22 – 31 October 2025 in Bahrain. The Pakistan participated in 15 x sports disciplines with a total strength of 91 comprising 53 male athletes, 11 female athletes, 20 male officials and 7 female officials. The IOC certified Safeguarding officer was also sent by the NOC Pakistan as per requirement of the Games. The Opening Ceremony of the Games was held on 22 October 2025 and Closing Ceremony on 31 October 2025.

# PAKISTAN OLYMPIC ASSOCIATION

Activity Report - January to December 2025



## Performance of Pakistan

Pakistan secured three medals in the Games as follows:

- **Silver Medal** – Volleyball
- **Bronze Medal** – Kabaddi
- **Bronze Medal** – Beach Wrestling (Mr. Hassan Ali)

Pakistan secured 32nd position in the overall medal standings among the participating countries.



### **SAOC meeting on the sideline of the 3rd Asian Youth Games Bahrain 2025**

A meeting of the South Asia Olympic Council was organized on the sideline of the 3rd Asian Youth Games 2025 on 23 October 2025 in Bahrain for discussion and updates regarding the holding of the 14th South Asian Games in Pakistan.

### **Pre-DRM for the Milano-Cortina Olympic Winter Games**

The Pre-DRM for NOC Pakistan was conducted online on 29 October 2025 by the Organizing Committee of the Milano-Cortina 2026 Olympic Winter Games. Air Commodore Ashar Jamil, Secretary General, Winter Sports Federation Pakistan and Chef de Mission for these Games, and Mr. Imran Ahmad Khan, Manager Games Services representing NOC Pakistan attended the Pre-DRM.

### **ISSA Athletes Commission Election, Riyadh, 06 Nov 2025**

Ms. Jehanara Nabi, Olympian (Swimming), who was present in Riyadh during the 6th Islamic Solidarity Games, cast the vote on behalf of the Pakistan Olympic Association (POA) in the ISSA Athletes Commission Election held on 06 November 2025.



### **Pakistan Olympic Association and Iran NOC Sign Historic MoU to Boost Sports Cooperation – 08 November 2025**

During the 6th Islamic Solidarity Games 2025 in Riyadh, the Pakistan Olympic Association and the National Olympic Committee of Iran signed a historic MoU aimed at strengthening bilateral sports collaboration, promoting the Olympic Movement, and advancing athlete development. The agreement was formally signed by Mr. Arif Saeed, President NOC Pakistan and Mr. Mahmoud Khosravi Vafa, President of NOC Iran, marking a significant milestone in sports cooperation between the two nations.



### **ISSA General Assembly, Riyadh**

Mr. Arif Saeed (President, POA) and Mr. Muhammad Khalid Mahmood (Secretary General, POA) attended the ISSA General Assembly in Riyadh on 08 November 2025. The key agenda items included updates on the 6th Islamic Solidarity Games, Riyadh 2025, approval of the host for the 7th Islamic Solidarity Games 2029, updates on ISSA Commissions and Taskforces, approval of proposed amendments to the ISSA Statute and the ISSA Executive Board Charter, ISSA Athletes' Commission Elections 2025, updates on ISSA Executive Board Elections 2026, approval of the ISSA 2024 Audit Report, and determination of the date and venue for the 15th ISSA Elective General Assembly Meeting 2026.

# PAKISTAN OLYMPIC ASSOCIATION

Activity Report - January to December 2025



## 6<sup>th</sup> Islamic Solidarity Games Riyadh, Saudi Arabia 7 – 21 November 2025

The 6th Islamic Solidarity Games were held in Riyadh, Saudi Arabia, from 7 to 21 November 2025. The comfortable accommodation for all participating countries was arranged by the Games' Organizing Committee at Princess Nourah Bint Abdulrahman University.

Out of the 23 sports featured at the Games, Pakistan participated in 10 disciplines with a total contingent strength of 81 members, comprising 33 male and 20 female athletes, along with 24 male and 4 female officials.

Performance of Pakistan

**Pakistan secured five medals in the Games as follows:**

- **Gold Medal** – Athletics (Mr. Arshad Nadeem, Javelin Throw – 83.05m)
- **Silver Medal** – Athletics (Mr. Muhammad Yasir, Javelin Throw – 76.04m)
- **Bronze Medal** – Boxing (Ms. Fatima Zahra, Women's -60kg)
- **Bronze Medal** – Boxing (Mr. Qudrat Ullah, Men's -55kg)
- **Bronze Medal** – Wrestling (Mr. Muhammad Gulzar, Men's 97kg)



Pakistan secured 24th position in the overall medal standings among the participating countries. Türkiye, Uzbekistan, Iran, and host nation Saudi Arabia ranked first, second, third, and fourth respectively on the medal table. The ISSA flag was formally handed over by His Royal Highness Prince Abdulaziz bin Turki Al Faisal to the next host, Malaysia, which will host the 7th Islamic Solidarity Games in 2029.

# PAKISTAN OLYMPIC ASSOCIATION

Activity Report - January to December 2025



## **Meeting of CGA Pakistan with Commonwealth Sport regarding KBR**

Ms. Lisa Hampton representing Commonwealth Sports led the meeting with CGA Pakistan. Ms. Anna Ibtisam, CGF Intern, Mr. Imran Ahmad Khan, Manager Games Services and represented CGA Pakistan in the meeting. A detailed presentation was given regarding KBR activities to which was well appreciated.

## **2<sup>nd</sup> Meeting of the POA Culture and Olympic Heritage Commission**

Meeting of the POA Culture and Olympic Heritage Commission was held on 20 November 2025. Meeting discussed preparations for the King's Baton Relay 2025 in Karachi, and considered updates on enhancing Olympic Museum access and public engagement.

## **23<sup>rd</sup> Meeting of the POA Sports Commission**

The meeting of the POA Sports Commission was convened on 22 November 2025 under the chairmanship of Brig. Mujtaba Haider, Chairman of the Commission to discuss updates on the 35<sup>th</sup> National Games, 1<sup>st</sup> National Youth Games and hosting of 14<sup>th</sup> South Asian Games in Pakistan in 2027.

## **CGF General Assembly Meeting, Glasgow – 23–27 November 2025**

Mr. Arif Saeed (President, POA) attended the CGF General Assembly held in Glasgow, Scotland. The key agenda items included receiving reports and updates on Executive Board Committees and Commissions, CGF Regions, and CGF Subsidiaries; reviewing the Sport Programme; updates on Glasgow 2026 and Malta 2027;

appointment of Amdavad, India, as the Host City and the Indian Olympic Association as the Host CGA for the 2030 Commonwealth Games; review of financial reports; consideration of constitution amendments; the company's name change from "Commonwealth Games Federation" to "Commonwealth Sport"; election of the President of the CGF for the term until the 2027 General Assembly; and presentation of awards and honorary positions.

## **Meeting regarding holding of the 14<sup>th</sup> South Asian Games in Pakistan**

A meeting of the Committee, constituted by the Prime Minister of Pakistan and chaired by the Deputy Prime Minister/Minister for Foreign Affairs, was held on 24 November 2025 at Islamabad to deliberate on the feasibility of hosting the 14<sup>th</sup> South Asian Games in Pakistan. The meeting was attended by Mr. Arif Saeed, President, NOC Pakistan, who joined from Glasgow via Zoom, as well as Mr. Muhammad Khalid Mahmood, Secretary General, NOC Pakistan, who participated via Zoom from Lahore.

## **Chef de Mission Seminar of the 6<sup>th</sup> Asian Beach Games**

Mr. Imran Ahmad Khan, Manager Games Services attended the Chef de Mission Seminar of the 6<sup>th</sup> Asian Beach Games 2026 held on 1<sup>st</sup> December 2025 via the Zoom link.

## **Dignitary Registration Briefing for the Aichi-Nagoya 2026 Asian Games**

Mr. Imran Ahmad Khan, Manager Games Services attended the Dignitary Registration Briefing for the Aichi-Nagoya 2026 Asian Games on 2<sup>nd</sup> December 2025 via the Zoom link.

# PAKISTAN OLYMPIC ASSOCIATION

Activity Report - January to December 2025



## 3<sup>rd</sup> Convention of MEMOS, Rome

Mr. Hamdan Nazir, MEMOSIAN and President of the Pakistan Rowing Federation, participated in the 3<sup>rd</sup> Convention of MEMOS held from 3 to 5 December 2025 in Rome, Italy, where he presented his project to the international sports management community.



## Kings Baton Relay (KBR) activities

The CGA Pakistan / NOC Pakistan organized the KBR activities coinciding the 35<sup>th</sup> National Games 2025 in Karachi from 10 December to 12 December 2025.

On 10<sup>th</sup> December 2025, the KBR activities were carried out across swimming and sailing events. The team visited the venues to engage with athletes, coaches, and officials, marking the presence of the King's Baton at these sporting disciplines. Interactions were held with national-level swimmers and sailors, highlighting their journeys, achievements, and aspirations. The Baton was showcased as a symbol of unity, excellence, and the shared values of the Commonwealth, creating an atmosphere of motivation and pride among the athletes.



On 11<sup>th</sup> December 2025, KBR activities continued across athletics and boxing events, along with a dedicated engagement with Special Olympics Pakistan. The King's Baton was celebrated alongside national and international champions, emerging athletes and Special Olympics athletes, reinforcing the message of inclusivity, resilience, and equal opportunity in sport. Meaningful interactions took place with athletes, coaches and officials, emphasizing the Baton's role in honoring sporting spirit, determination and the diverse athletic community of Pakistan.



# PAKISTAN OLYMPIC ASSOCIATION

Activity Report - January to December 2025



On 12th December 2025, as part of the King's Baton Relay celebrations, a plastic cleanup activity was organized at Turtle Beach, Karachi, Pakistan. The initiative aimed to promote environmental responsibility and sustainability, aligning with the Commonwealth values of collective action and social impact.



# PAKISTAN OLYMPIC ASSOCIATION

Activity Report - January to December 2025



Later in the evening, an in-house dinner was hosted with officials and team members to formally celebrate the King's Baton. The gathering provided an opportunity for reflection on the successful activities conducted during the relay and reinforced team spirit, collaboration, and commitment to the legacy of the King's Baton Relay.



## Meeting of The POA Constitution and Affiliation Committee – 29 December 2025

The meeting of the POA Constitution and Affiliation Committee was held in hybrid mode (both virtual and physical) on 29 December 2025 at the Olympic House, Lahore, under the chairmanship of Lt Col (R) Raja Wasim Ahmed, President, PTWF. The Committee convened to deliberate on the implementation status of the previous meeting, election rules of KP Olympic Association, affairs of Balochistan Taekwondo Association, Affiliation of KP Karate, KP Netball, KP Softball Association with KPOA, and to consider affiliation requests from various federations with the POA.



## 35th National Games 2025 - Karachi

### Torch Relay of 35th National Games 2025 at Karachi on 14 November 2025

The torch relay for the 35th National Games 2025 was officially inaugurated at Mazar-e-Quaid, Karachi, on 14 November 2025, with Sindh Chief Minister Syed Murad Ali Shah and the Sindh Sports Minister presiding over the ceremony. The event included the unveiling of the Games' logo and symbolic torch lighting, with participation from Olympians, dignitaries, and officials. The relay, representing unity, sportsmanship, and national pride, covered prominent routes in Karachi such as Shahrah-e-Quaideen, Shahrah-e-Faisal, Abdullah Haroon Road, and seaside areas, before undertaking a historic symbolic voyage across the Arabian Sea at the Karachi Marina Club.

The torch was carried by athletes, officials, and ministers, with the flame ceremonially passed among Olympians, dignitaries, and students, highlighting youth engagement and public participation.



### **Activities at Peshawar – 35th National Games 2025 Torch Relay on 16–17 November 2025**

Following the Karachi kickoff, the torch continued its nationwide journey, visiting major hubs to generate excitement and awareness for the Games. At the Arabian Sea, Karachi Marina Club, the torch was handed over to the Secretary General of the Khyber Pakhtunkhwa Olympic Association, the next host of the Torch Relay Ceremony.



As part of its nationwide journey, the torch relay for the 35th National Games 2025 reached Peshawar, marking a key stop before continuing to Muzaffarabad, Islamabad, Quetta, and Lahore.

A formal Torch Relay Ceremony was held at the Peshawar Sports Complex on 16–17 November 2025, where the flame was received by officials of the Khyber Pakhtunkhwa Olympic Association, the Khyber Pakhtunkhwa Sports Board, and other distinguished sports figures.

During the ceremony, provincial Olympic officials and sports leadership hosted the torch, highlighting the spirit of unity, sportsmanship, and youth engagement. Advisor on Sports, Taj Muhammad Khan, participated in the event and handed the torch over to representatives from Azad Jammu & Kashmir as part of the onward relay.

### **Torch Relay Activities – Azad Jammu & Kashmir (AJK) on 19 November 2025**

The AJK leg of the 35th National Games 2025 torch relay in Muzaffarabad combined ceremonial traditions, public engagement, and youth encouragement, forming a key part of the nationwide journey. The relay began at the Revenue Complex in Chattar, where Tehzeebun Nisa, AJK Secretary for Sports, Youth, and Culture, officially received the torch and handed it over to Manzoor Qureshi, a former international hockey player from AJK.



The main procession was led by local athletes and senior sports officials along Muzaffarabad's main thoroughfares, joined by students, young athletes, and community members, who actively participated, cheering and demonstrating support for national unity and the spirit of sports. The relay culminated at Narul Hockey Stadium, which served as the central hub for celebrations. At the stadium, the AJK Director General for Sports, Malik Shaukat Hayat, formally handed the torch to Rizwanul Haq, General Secretary of the Islamabad Olympic Association (IOA), signifying the onward journey toward the federal capital.

# PAKISTAN OLYMPIC ASSOCIATION

Activity Report - January to December 2025



## Torch Relay Activities – Islamabad – 23 November 2025

The 35th National Games Torch Relay reached Islamabad on Sunday, 23 November 2025, in a high-profile and visually striking ceremony organized by the Islamabad Olympic Association (IOA). A highlight of the event was the torch's arrival by boat across Rawal Lake, creating a symbolic and memorable spectacle that emphasized unity and celebration. The main formal ceremony took place at Rawal Dam, providing a scenic backdrop for the proceedings and attracting a large gathering of athletes, students, officials, and sports enthusiasts from the federal capital.



The relay featured prominent Pakistani sports figures, including Olympian Sadaf Siddiqui, Asian Games Gold Medalist Muhammad Akram, and IOA Secretary General Rizwan-ul-Haq Razi, who actively participated in the ceremonial handover. The torch was formally received from representatives of Azad Jammu & Kashmir (AJK) and subsequently handed over to the Balochistan Olympic Association, marking the relay's onward journey toward the southwestern province.

## Torch Relay Activities – Quetta, Balochistan 25-26 Nov 2025

The main event was held at BUITEMS, where the relay commenced at the main entrance, moved through the campus, and concluded at Markhor Auditorium with formal speeches and presentations. Key officials included Secretary Sports Dura Baloch, Director General Sports Dr. Yasar Khan Bazai, Senior Vice President BOA Gul Muhammad Kakar, General Secretary BOA Sher Muhammad Tareen, Assistant Director Activities Muhammad Asif Langove, and Games Focal Person Mohibur Rahman, alongside coaches, athletes, and local sports representatives.



The relay actively engaged students, athletes, and spectators, promoting sportsmanship, youth participation, and public awareness of the Games. Following the Quetta ceremonies, the torch was handed over for the next leg to Lahore, continuing its journey toward the Opening Ceremony in Karachi on 6 December 2025.

# PAKISTAN OLYMPIC ASSOCIATION

Activity Report - January to December 2025



## Torch Relay Activities – Lahore, Punjab – 27-30 Nov 2025

The 35th National Games 2025 Torch Relay entered Lahore after arriving from Quetta to the Pakistan Olympic Association (POA) House, where it was formally received by the Secretary General, POA, Mr. Muhammad Khalid Mahmood. From the POA House, the torch was carried by Olympian Faiqa Riaz to Lahore College for Women University (LCWU) as part of the academic leg of the relay.

At LCWU, the torch was presented to Vice Chancellor Prof. Dr. Uzma Qureshi, who hosted the ceremony highlighting the role of women and youth in sports development. The Vice Chancellor subsequently handed over the torch to Mr. Khawaja Idrees Haider, representing the Punjab Olympic Association, marking the transition of the relay to the provincial level.

From the Punjab Olympic Association, the torch proceeded to the Punjab Police, where a large-scale relay and ceremonial activities were organized under the leadership of IG Punjab, Dr. Usman Anwar. The police leg of the relay was attended by Olympic gold medalist Arshad Nadeem, who served as the face of the Lahore relay.

The torch was then handed over to Pakistan Railways, where it was received by Mr. Hamdan Nazir, Vice President, Railway Sports Board, symbolizing the continued involvement of national institutions in promoting the 35th National Games 2025. The Lahore leg of the torch relay reflected strong inter-institutional coordination, public participation, and nationwide enthusiasm for the Games.



# PAKISTAN OLYMPIC ASSOCIATION

Activity Report - January to December 2025



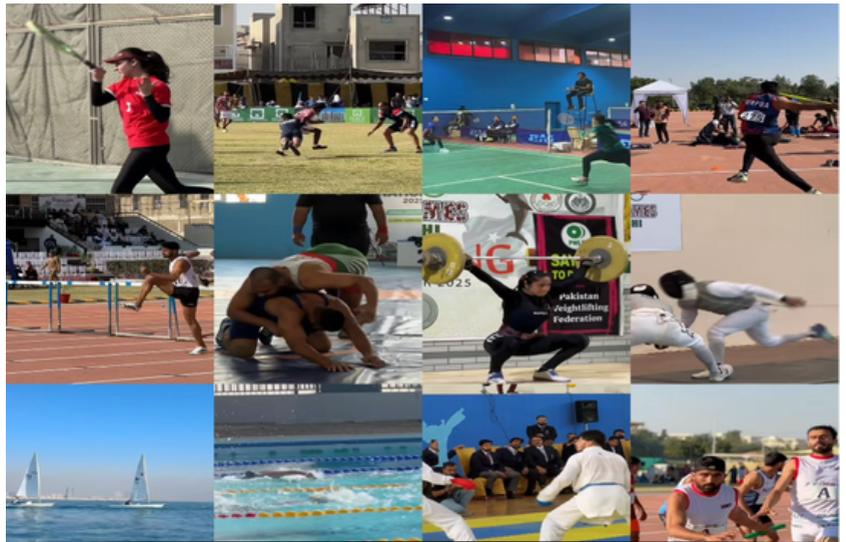
## 35th National Games 2025, 06–13 December 2025 – Karachi

The 35th National Games 2025 were successfully held from 06 to 13 December 2025 in Karachi, marking the return of the National Games to Sindh after 18 years. Organized under the auspices of the Pakistan Olympic Association (POA), the Games reflected extensive national participation, high standards of competition, and strong public engagement.

A total of 14 affiliated units of the Pakistan Olympic Association participated in the Games, representing all major regions and departments of the country. Competitions were conducted across 32 sports disciplines, encompassing a wide range of individual and team events.

The overall participation reached approximately 6,000 individuals, including 2,600 male athletes, 1,900 female athletes, 1,100 male officials, and 400 female officials. The Games were further supported by 939 technical officials (657 male and 282 female), ensuring smooth, efficient, and transparent conduct of competitions.

The competition schedule ran from 04 to 12 December 2025, with events hosted across 24 venues in Karachi. The Opening and Closing Ceremonies were held at the main stadium, formally marking the commencement and conclusion of the Games



# PAKISTAN OLYMPIC ASSOCIATION

Activity Report - January to December 2025



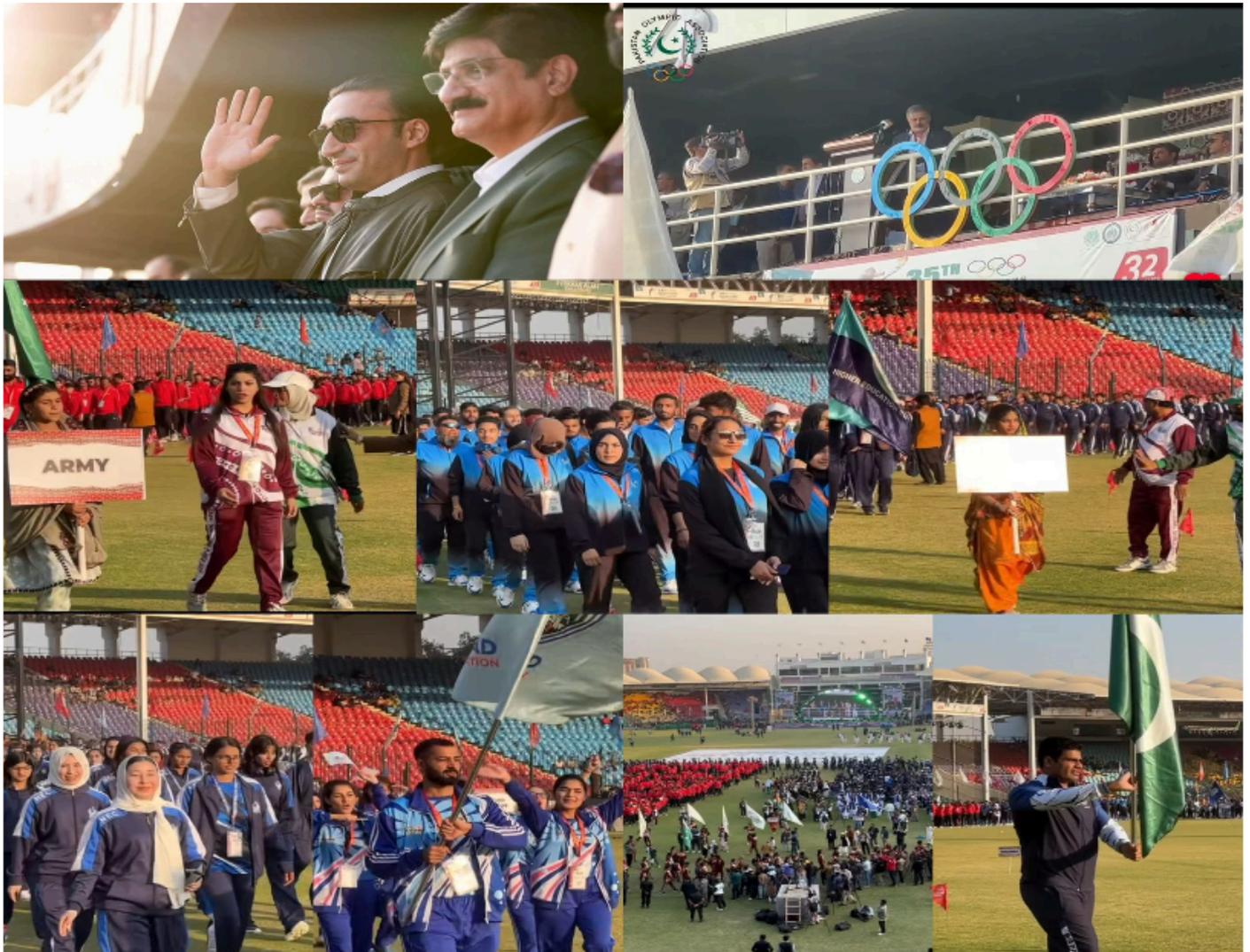
## Opening Ceremony

The Opening Ceremony was held on 06 December 2025 at the National Bank Stadium (National Stadium), Karachi, featuring a vibrant and colourful spectacle attended by thousands of athletes, officials, and spectators from across Pakistan.

Highlights included, Lighting of the cauldron by Paris Olympics gold medalist Arshad Nadeem, alongside legendary sports figures including Islahuddin Siddiqui, Athletes' march-past and oath-taking ceremony, Cultural performances, laser shows, fireworks, and live musical performance by Ali Azmat.

Mr. Bilawal Bhutto Zardari, Chairman of the Pakistan People's Party (PPP), served as the Chief Guest and formally declared the Games open. Dignitaries in attendance included the Governor of Sindh, Mr. Kamran Tessori, Chief Minister Sindh, Syed Murad Ali Shah, the Minister and Secretary Sports, Government of Sindh, provincial ministers, as well as the President and Secretary General of the Pakistan Olympic Association and the Secretary General of the Sindh Olympic Association.

The speeches delivered on the occasion emphasized the pivotal role of youth and sports in national development, while highlighting the values of unity, discipline, and national pride.



# PAKISTAN OLYMPIC ASSOCIATION

Activity Report - January to December 2025



## Closing Ceremony

The Closing Ceremony of the 35th National Games 2025 was held on 13 December 2025 at the National Bank Stadium, Karachi, following the conclusion of competitions. The ceremony was graced by Field Marshal Syed Asim Munir, Chief of Army Staff and Chief of Defence Forces, as the Chief Guest. During the ceremony, the Quaid-e-Azam Trophy was awarded to the Pakistan Army as overall champions, with WAPDA securing the runner-up position and the Pakistan Navy finishing third. The Best Turnout Trophy was presented to Pakistan Police, the Special Trophy to the Punjab Olympic Association, and the Fair Play Trophy to the Sindh Olympic Association. A Roll of Honour was awarded to Mr. Hamza Asif (WAPDA – Swimming) for setting two new national records.

The Games officially concluded with the extinguishing of the ceremonial flame and the handover of the National Games Flag to the Punjab Olympic Association, received by Mr. Ahmer Mallick, Senior Vice President.

The ceremony was attended by Mr. Bilawal Bhutto Zardari, the Governor and Chief Minister of Sindh, provincial ministers, senior government officials, the President and Secretary General of the Pakistan Olympic Association, representatives of national sports federations, and athletes. The event concluded in a vibrant atmosphere, reinforcing the spirit of national unity and sporting excellence.



# PAKISTAN OLYMPIC ASSOCIATION

Activity Report - January to December 2025



## OCA and POA Integrity Educational Booth / Athlete Hub at the 35th National Games 2025, 08–11 December 2025

The OCA / POA Integrity Educational Booth (Athlete Hub) was implemented during the 35th National Games 2025, held in Karachi, building on the outcomes of the earlier “Integrity Workshop: Fair Play and Beyond” conducted in Lahore. The initiative aimed to strengthen sports integrity, safeguarding, and fair play across Pakistan’s sporting system.

The Athlete Hub also featured engaging physical activities, quizzes, and gift hampers provided by a local sponsor, successfully engaging nearly 1,000 participants and promoting the Olympic values of fair play, respect, and inclusion.

